

Student name: _____

1) _____ is used to describe the teaching process.

2) _____ are fundamental movements that are later modified and combined with other skills and used in more complex settings, such as games, dance, and gymnastics.

3) On average, boys are more _____ than girls.

4) The _____ illustrates the concept of foundational movement skills leading to successful

participation in sports and physical activities.

5) _____ is a concept that means that the teacher adapts the lesson for the children rather than allowing them to fail.

6) Traditional activities like kickball and Duck, Duck, Goose are not acceptable content in a quality physical education program because of all of the following EXCEPT

A) children are singled out to perform solo and therefore put on the spot to perform in front of their peers.

B) children do not seem to have fun while they play these games.

C) winning is

emphasized more than learning.

D) children are waiting to participate.

7) Which of the following is NOT true concerning the use of the skill theme approach in teaching physical education?

A) Skill themes are used effectively only in elementary programs

B) A progression of tasks is used to develop each skill theme from beginner through advanced levels.

C) Skill themes are designed to reflect the varying needs and interests of children over a period of years.

D) Teaching by themes involves revisiting the same skills or concepts continually throughout the program at different times and in different contexts.

8) For years, teachers of traditional physical education programs for children organized the content of what was taught by

A) skill themes.

B) by games, gymnastics, and dance.

C) by the equipment available at each school.

D) only skill themes and by movement concepts.

9) Teaching using the skill theme approach provides opportunities for children to

A) learn fitness concepts as part of the daily lesson.

B) to understand the cognitive value inherent in skill development.

C) to feel good about themselves and their

involvement with other children.

D) all of the choices are true.

10) Children are ready for organized games when

A) they reach a certain age.

B) they begin fourth grade.

C) they acquire the basic motor skills needed to play those games.

D) the teacher feels they have reached a certain fitness level needed to play the game.

11) Which of the following are not important motor development principles?

- A) children develop at different rates
- B) age does not predict motor ability
- C) girls are better skilled than boys

D) children develop naturally during play

12) Why are classroom teachers positive about the skill theme approach?

- A) it treats all students as if they have similar physical abilities
- B) evidence suggesting a correlation between physical activity and academic achievement

- C) it emphasizes competition
- D) it provides a contrast to the approaches they use in the classroom

13) The middle level of a Curriculum Diamond represents which grade level?

- A) grades 9-12
- B) grades 4-6

- C) grades 6-8
- D) grades K-5

14) Which of the following is not a characteristic of developmentally appropriate physical education?

- A) recognizing that age does not predict motor ability
- B) skillfulness is a result of practice, not gender or heredity

C) children

develop at the same rates

D) understanding that children develop motor skills naturally through play

15) In the skill theme approach, the tasks are selected based on which factor?

- A) age
- B) grade
- C) height
- D) abilities

16) Which of the following are considered skill levels that children are grouped into?

- A) precontrol and control
- B) placebo
- C) post-control
- D) expert

17) Success with Physical Fitness is seen through the Skill Theme approach by:

- A) an appreciation for physical activity
- B) high assessment scores
- C) training for battery scores
- D) high level of competition

18) Cognitive and Affective Domains are placed into the Skill Theme Approach in which particular fashion?

- A) after six weeks
- B) separately
- C) blended into the lessons
- D) verbal tasks after the activity

19) How should Skill Themes be introduced throughout the school year?

- A) the first 4-6

months should be entirely focused on this aspect

- B) revisited throughout the year
- C) only when needed by class observations

D) never

20) Adjusting the activities means:

- A) using adult equipment only
- B) provide different tasks based on the youngster's ability
- C) ignoring individual differences

D) modifying game rules to emphasize competition

21) Four characteristics of the skill theme approach are listed in this chapter. In your opinion, which provides the most compelling reason for using a skill theme approach? Why?

22) When are children ready for organized games? Why is it incorrect to respond to this question by suggesting an age or grade level?

23) What is the curriculum diamond? How does it explain the progression of content in physical education during school years?

Answer Key

Test name: Chapter 02

- 1) Pedagogy
- 2) Skill themes
- 3) physically active
- 4) Curriculum Diamond
- 5) Adjusting the activities
- 6) B
- 7) A
- 8) B
- 9) D
- 10) C
- 11) C
- 12) B
- 13) C
- 14) C
- 15) D
- 16) A
- 17) A
- 18) C
- 19) B

20) B

21) Answers may vary.

22) Answers may vary.

23) Answers may vary.