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Chapter	2: Theories of Human Development
1.	Question: provide(s) a framework for the study of human development that furthers scientific vision and stimulates the application of science for public policy and social programs.  Choices:  a. Experiments  *b. Theories  c. Research  d. Ethical guidelines  Cognitive domain: Comprehension  Answer location: Theories and Theoretical Models of Human Development  Question type: MC
2.	Question:'s maturationist theory emphasized the importance of genetics and evolution and was based on the premise that growing children would recapitulate evolutionary stages of species development as they grew up.  Choices:  *a. Hall  b. Freud  c. Bandura  d. Hawthorne  Cognitive domain: Knowledge  Answer location: Maturationist Theory  Question type: MC
3.	Question: presented a model that emphasized the challenges and tasks presented across one's lifespan as key to understanding human development.  Choices: a. Freud *b. Erikson c. Watson d. Piaget Cognitive domain: Comprehension Answer location: Erik Erikson's Psychosocial Development Theory Question type: MC
4.	Question: emphasized the importance of observational learning, but suggested that behavior is the result of consequences experienced.  Choices: a. Erikson, Watson b. Bandura, Piaget c. Piaget, Watson *d. Bandura, Skinner Cognitive domain: Comprehension Answer location: Behaviorism Theory Question type: MC
5.	Question:'s theory of development describes how humans gather and organize information and how this process changes developmentally.

Choices:

	a. Vygotsky, social learning
	b. Vygotsky, sociocultural
	*c. Piaget, cognitive
	d. Watson, behavioral
	Cognitive domain: Comprehension
	Answer location: Piaget's Theory of Cognitive Development
	Question type: MC
6.	Question: The belief that human development is the result of interactions between people and their
	social environment most closely coincides with's theory of development, indicating that
	development is inseparable from social and cultural life.
	Choices:
	a. Bronfenbrenner
	b. Piaget
	*c. Vygotsky
	d. Bandura
	Cognitive domain: Application
	Answer location: Vygotsky's Sociocultural Perspective
	Question type: MC
	Question type. Inc
7.	Question: To obtain a comprehensive view of a specific situation, researchers may engage in
/.	observations and collect verbatim or narrative data.
	Choices:
	a. historical
	b. experimental
	c. quantitative
	*d. qualitative
	Cognitive domain: Application
	Answer location: Research Observation
	Question type: MC
8.	Question: Conducting behavioral research in a controlled, laboratory-type setting has its drawbacks. Ar
Ο.	example of a limitation to this type of research is
	Choices:
	a. maturation
	*b. the Hawthorne effect
	c. the Rosenthal effect
	d. mortality
	Cognitive domain: Analysis
	Answer location: Research Observation
	Question type: MC
9.	Question: Experimentation is different from other types of research because it seeks to establish
٥.	through direct of one or more variables.
	Choices:
	*a. causation, manipulation
	b. correlation, observation
	·
	c. causation, observation

negative outcome of disdain?

	d. validity, manipulation Cognitive domain: Analysis Answer location: Research Design: The Experiment Question type: MC
10.	Question: research is an example of research in which the characteristics being investigated are measured simultaneously across different age groups.  Choices:  *a. Cross-sectional, descriptive b. Longitudinal, descriptive c. Cross-sectional, correlational d. Case study, experimental Cognitive domain: Application Answer location: Cross-Sectional Research Question type: MC
11.	Question: Which of the following was not one of the major ethical principles of the Belmont Report? Choices: a. Beneficence *b. Autonomy c. Respect for persons d. Justice Cognitive domain: Analysis Answer location: World Opinion Question type: MC
12.	Question: According to the psychosexual theory of development, during the stage children develop social skills, values, and relationships with peers and adults outside of the family.  Choices:  *a. latent b. phallic c. genital d. anal Cognitive domain: Comprehension Answer location: Freud's Psychosexual Stages of Development (Table 2.1) Question type: MC
13.	Question: According to the psychosocial theory of development, during this stage the positive outcomes foster purpose and direction while negative outcomes encourage inhibition.  Choices: a. autonomy vs. shame and doubt b. industry vs. inferiority *c. initiative vs. guilt d. intimacy vs. isolation  Cognitive domain: Comprehension  Answer location: Erikson's Psychosocial Stages of Development (Table 2.2)  Question type: MC

14. Question: Which of the psychosocial stages of development involves a positive outcome of wisdom and a

Choices:

a. identity vs. role confusion

b. generativity vs. stagnation

\*c. integrity vs. despair

d. trust vs. mistrust

Cognitive domain: Comprehension

Answer location: Erikson's Psychosocial Stages of Development (Table 2.2)

Question type: MC

15. Question: Which stage of cognitive development is marked by a child's ability to employ logic, only with tangible objects and problems?

Choices:

- a. preoperational
- \*b. concrete operational
- c. sensorimotor
- d. formal operational

Cognitive domain: Comprehension

Answer location: Piaget's Stages of Cognitive Development (Table 2.3)

Question type: MC

16. Question: A result of \_\_\_\_\_ interactions could be that children whose parents have rejected them may have difficulty developing positive relationships with their friends or peers.

Choices:

- a. exosystem
- b. chronosystem
- \*c. mesosystem
- d. macrosystem

Cognitive domain: Analysis

Answer location: Bronfenbrenner's Ecological Systems Theory (Table 2.4)

Question type: MC

17. Question: Which of the following is a strength of survey research?

Choices:

- \*a. Surveys can be administered from remote locations.
- b. Participants are inclined to respond to questions they perceive as relevant and meaningful.
- c. The researcher must ensure that a large number of the selected sample responds to the survey.
- d. The method and the tool must remain unchanged throughout data collection.

Cognitive domain: Analysis

Answer location: Strengths and Weaknesses of Survey Research (Table 2.5)

Question type: MC

18. Question: Which of the following is a challenge of laboratory research?

Choices:

- a. Experiments can be replicated.
- b. The quantitative data collected by experiments can be analyzed using inferential statistics.
- \*c. Grouping people together limits the researcher's ability to look at individuals' specificities.
- d. Experiments can establish cause-effect relationships.

Cognitive domain: Analysis

Answer location: Strengths and Limitations of Laboratory Research (Table 2.6)

Question type: MC 19. Question: \_\_\_\_\_ posited that during the first 6 years of life, children develop ways to resolve conflicts between the desire for pleasure and the demands of reality. Choices: a. Hall b. Bronfenbrenner c. Piaget \*d. Freud Cognitive domain: Knowledge Answer location: Psychoanalytic Theories Question type: MC 20. Question: \_\_\_\_\_'s \_\_\_\_\_ model argued that behavior followed by a rewarding stimulus would be more likely to recur and endure than that followed by a punishing consequence. Choices: a. Bandura, operant conditioning \*b. Skinner, operant conditioning c. Pavlov, classical conditioning d. Watson, observational learning Cognitive domain: Application Answer location: Behaviorism Theory Question type: MC 21. Question: Bandura's model expanded the classical behavioral theory to include cognitive elements. \*Answer: True Cognitive domain: Analysis Answer location: Behaviorism Theory Question type: TF 22. Question: The condition of creating new schema is called assimilation. \*Answer: False Cognitive domain: Comprehension Answer location: Piaget's Theory of Cognitive Development Question type: TF 23. Question: Vygotsky maintained that children actively construct their knowledge. \*Answer: True Cognitive domain: Comprehension Answer location: Vygotsky's Sociocultural Perspective Question type: TF 24. Question: Watson emphasized the role of the environment in the shaping of human development. \*Answer: True Cognitive domain: Comprehension Answer location: Behaviorism Theory Question type: TF

25. Question: Piaget described the process of a person's cognitive development through six distinct stages.

\*Answer: False

Cognitive domain: Knowledge

Answer location: Piaget's Theory of Cognitive Development

Question type: TF

26. Question: The Ecological Systems Theory developed by Albert Bandura has influenced developmental psychologists throughout the world.

\*Answer: False

Cognitive domain: Knowledge

Answer location: Ecological System Theory

Question type: TF

27. Question: In an experiment, the variable being manipulated is called the dependent variable.

\*Answer: False

Cognitive domain: Knowledge

Answer location: Research Design: The Experiment

Question type: TF

28. Question: A natural experiment is not considered a true experiment because the researcher is not able to manipulate or control the variables.

\*Answer: True

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Cognitive domain: Application

Answer location: Natural Experiments

Question type: TF

29. Question: Describe the major principles of the Belmont Report.

\*Answer:

Principle 1: Respect for persons—Treat individuals as autonomous agents and protect

persons with diminished autonomy.

Principle 2: Beneficence—Do unto others as you would have them do unto you.

Principle 3: Justice—Distribute the risks and potential benefits of research equally among

those who may benefit from the research.

Cognitive domain: Comprehension Answer location: World Opinion

Question type: SA

30. Question: Discuss four areas that counselors should consider when determining how scholarly they are on the job and how they can apply this knowledge to optimize their job performance.

\*Answer: 1. Discovery, where a counselor researches and investigates. 2. Integration, which occurs when a scholar takes isolated concepts and places them in a larger context that gives new meaning to an emerging perspective. 3. Application, which involves service-related activities geared toward applying knowledge and scholarship to solving individual and community problems. 4. Teaching with educators in the academia profession. Counselors need to acquire a passion for advancing knowledge in ways that satisfies needs for personal growth and innovation in society in the role of counselor as research-practitioner.

Cognitive domain: Application

Answer location: Research Contributing to a Counselor's Identity

Question type: SA

31. Question: Explain the concept of self-efficacy as it compares/contrasts with Behavioral Theory.

\*Answer: Self-efficacy, the belief that personal achievement depends on one's actions, teaches people to have high aspirations and to strive for notable accomplishments when they see others solve problems successfully. This premise is contrary to Behavioral Theory, which holds that behavior depends on associations between one stimulus and another and also assumes that all behaviors react from a chain of learned responses.

Cognitive domain: Analysis

Answer location: Behaviorism Theory

Question type: SA