

Chapter 1: The Balance of Good Administration

1. In 2011, what percentage of the U.S. population was 55 years of age or older?

- a. 13%
- b. 24.9%
- c. 77%
- d. Unknown at this time

Answer: b

Feedback: In 2011, 24.9% of the U.S. population was 55 years of age or older

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2. With so many people age 55 and older, this means more individuals are retiring. As regards the health care industry, this means:

- a. More workers will be available.
- b. Health care costs will be reduced.
- c. Fewer people will need health care services.
- d. Fewer health care workers will be available.

Answer: d

Feedback: With so many people age 55 and older, this means more individuals are retiring. For the health care industry, this mean fewer health care workers will be available.

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3. The number of elderly is increasing steadily, resulting in:

- a. Aging bodies requiring more health care services.
- b. More patients covered by Medicaid.
- c. Fewer patients needing health care services.
- d. Health care services being computerized.

Answer: a

Feedback: The number of elderly is increasing steadily, resulting in aging bodies requiring more health care services.

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4. According to statistics from the CDC and NCHS, both fertility and birth rates have been _____ every year since 2007.

- a. increasing
- b. staying the same
- c. decreasing
- d. fluctuating greatly, up and down

Answer: c

Feedback: According to statistics from the CDC and NCHS, both fertility and birth rates have been decreasing every year since 2007.

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5. Health care administrators are needed to _____ to ensure quality of care for patients.

- a. oversee compliance with local, state, and federal laws
- b. implement standards of care
- c. integrate technological enhancements
- d. All of these

Answer: d

Feedback: Health care administrators are needed to oversee compliance with local, state, and federal laws, implement standards of care, and integrate technological enhancements to ensure quality of care for patients.

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6. Which of the following job titles is an example of a clinician?

- a. Human resources director
- b. Medical biller
- c. Radiologist
- d. Chief financial officer

Answer: c

Feedback: A radiologist is a clinician.

Page Ref: 3

7. Which of the following job titles is that of an administrator?

- a. Internist
- b. Practice manager
- c. Pathologist
- d. Nurse

Answer: b

Feedback: A practice manager is an administrator.

Page Ref: 3

8. Which of the following work to safeguard the financial security of an organization and provide a watchful eye over the greater good of the entire facility?

- a. Physicians
- b. Nurse practitioners
- c. Administrators
- d. Medical assistants

Answer: c

Feedback: Administrators work to safeguard the financial security of an organization and provide a watchful eye over the greater good of the entire facility.

Page Ref: 4

9. Technological innovations are frequently entwined into the _____ of any facility.

- a. administrative sector
- b. clinical sector
- c. Neither a nor b
- d. Both a and b

Answer: d

Feedback: Technological innovations are frequently entwined into the administrative and clinical sectors of any facility.

Page Ref: 4

10. An example of technology innovation in clinical health care is:

- a. Robotic surgery.
- b. Electronic health records.
- c. Patient registration.
- d. Release of information.

Answer: a

Feedback: Robotic surgery is an example of a technological innovation in clinical health care.

Page Ref: 4

11. If a government audit determines non-compliance, then:

- a. Physicians may have to go back to school.
- b. Fines and penalties may be assessed.
- c. No penalties are assessed, just a warning is issued.
- d. All patients are re-examined.

Answer: b

Feedback: If a government audit determines non-compliance, fines and penalties may be assessed.

Page Ref: 4

12. Because most of those hired to work in a health care facility are professionals, the administrator must make certain the hiring process:

- a. Is fast.
- b. Doesn't include any questions so the administrator doesn't appear disrespectful.
- c. Is completed with great diligence.
- d. Takes individuals at their word.

Answer: c

Feedback: Because most of those hired to work in a health care facility are professionals, the administrator must make certain the hiring process is completed with great diligence.

Page Ref: 5

13. Administrators must be able to _____ the physical environment of health care providers.

- a. supervise
- b. negotiate
- c. oversee
- d. All of these

Answer: d

Feedback: Administrators must be able to supervise, negotiate, and oversee the physical environment of health care providers.

Page Ref: 5

14. The way individuals use the resources of the health care industry is called:

- a. Health care coordination.
- b. Patient usage.
- c. Health care utilization.
- d. Improved activities.

Answer: c

Feedback: The way individuals use the resources of the health care industry is called health care utilization.

Page Ref: 6

15. The growing elderly population is one example of factors that may _____ health care services utilization.

- a. increase
- b. decrease
- c. have no effect on
- d. regionalize

Answer: a

Feedback: The growing elderly population is one example of factors that may increase health care services utilization.

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16. The discovery and implementation of treatments that cure or eliminate diseases is one example of factors that may _____ health care services utilization.

- a. increase
- b. decrease
- c. have no effect on
- d. regionalize

Answer: b

Feedback: The discovery and implementation of treatments that cure or eliminate diseases is one example of factors that may decrease health care services utilization.

Page Ref: 8

17. Which of the following statements is true of the life span of the U.S. population?

- a. Life expectancy was lower in 1960 than it is today.
- b. Life expectancy was higher in 1960 than it is today.
- c. Life expectancy was the same in 1960 and 2009.
- d. Life expectancy was higher in 2009 than it is today.

Answer: a

Feedback: Life expectancy in the United States was lower in 1960 than it is today.

Page Ref: 8

18. An example of preventive care is a:

- a. Mammogram.
- b. Bone density test.
- c. Prostate exam.

- d. Varicella vaccine.

Answer: d

Feedback: An example of preventive care is a varicella vaccine.

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19. An example of a screening is:

- a. A flu vaccine.
- b. Taking aspirin to avoid a heart attack.
- c. A colonoscopy.
- d. Sneezing into one's elbow.

Answer: c

Feedback: A colonoscopy is an example of a screening.

Page Ref: 9

20. An example of CAM is:

- a. Acupuncture.
- b. Physical therapy.
- c. Occupational therapy.
- d. Laparoscopic surgery.

Answer: a

Feedback: Acupuncture is an example of complementary alternative medicine (CAM).

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21. Natural opening surgical techniques include entering the body via:

- a. Incision by scalpel.
- b. Incision by laser.
- c. The mouth, nose, anus, or vagina.
- d. Radiation methodologies.

Answer: c

Feedback: Natural opening surgical techniques include entering the body via the mouth, nose, anus, or vagina.

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22. Pharmaceutical treatments include all of these except:

- a. Oral medication.
- b. Drug administered by injection.
- c. A patch.
- d. Excision of an organ.

Answer: d

Feedback: Pharmaceutical treatments include all oral medication, drug administration by injection, and a patch.

Page Ref: 13

23. Which of the following is an example of a non-invasive procedure?

- a. MRI
- b. Endoscopy

- c. Laparoscopy
- d. Open surgery

Answer: a

Feedback: Magnetic resonance imaging (MRI) is an example of a non-invasive procedure.

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24. Imaging for medical purposes includes all of the following except:

- a. Nuclear medicine.
- b. Acupuncture.
- c. Fluoroscopy.
- d. Ultrasound.

Answer: b

Feedback: Imaging for medical purposes includes nuclear medicine, fluoroscopy, and ultrasound. Acupuncture is an example of complementary alternative medicine (CAM).

Page Ref: 14

25. The community's responsibility to its health care providers includes:

- a. Volunteering in the Emergency Department.
- b. Driving the ambulance.
- c. Approving zoning for a new facility.
- d. Taking First Aid classes.

Answer: c

Feedback: The community's responsibility to its health care providers includes approving zoning for a new facility.

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