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Chapter Summary

Atoms (pp. 27–29)

Matter is defined as anything that takes up space and has mass. The smallest chemical units of matter are **atoms**.

Atomic Structure

Atoms contain negatively charged particles called **electrons** spinning around a nucleus composed of uncharged particles called **neutrons** and positively charged particles called **protons**. (A hydrogen atom contains only one proton and no neutrons.) The number of electrons in an atom typically equals the number of protons, so atoms are electrically neutral overall.

An **element** is matter composed of a single type of atom. Of the 93 naturally occurring elements, organisms utilize only about 20, including, for example, carbon, oxygen, and nitrogen. Elements differ from one another in their **atomic number**, which is the number of protons in their nuclei. The **atomic mass** (or *atomic weight*) of an atom is the sum of the masses of its protons, neutrons, and electrons. Since electrons have little mass, the atomic mass is estimated by adding the number of protons and neutrons. Thus, hydrogen has an atomic mass of 1.

Isotopes

Isotopes are atoms of an element that differ only in the numbers of neutrons they contain. For example, there are three naturally occurring isotopes of carbon, all of which have 6 protons: carbon-12 has 6 neutrons, carbon-13 has 7 neutrons, and carbon-14 has 8 neutrons.

Electron Configurations

Since only the electrons of an atom come close enough to interact with another atom, they determine an atom's chemical behavior. Electrons orbit their nucleus in three-dimensional electron shells, each of which can hold only a certain maximum number of electrons. For example, the first shell of any atom has a capacity of just two electrons, whereas the second shell has a capacity of eight. The number of electrons in the **valence shell**—the outermost shell—determines the atom's reactivity: atoms with valence shells not containing the maximum number of electrons are more likely to give up or accept electrons from another atom until their outermost shell is full.

Chemical Bonds (pp. 29–34)

The sharing or transferring of electrons to fill a valence shell results in the formation of **chemical bonds**. Two or more atoms held together by chemical bonds form a **molecule**. Any molecule containing atoms of more than one element is called a **compound**. For example, two hydrogen atoms bonded to an oxygen atom form a molecule of water (H₂O), which is a compound.

Nonpolar Covalent Bonds

A **covalent bond** is the sharing of a pair of electrons by two atoms. Two hydrogen atoms bind covalently to form a stable molecule of hydrogen in which both atoms have full valence shells. Atoms such as oxygen that share two pairs of electrons have a *double covalent bond* with each other. The attraction of an atom for electrons is called its **electronegativity**. When atoms with similar electronegativities bind, the shared electrons tend to spend an equal amount of time around each nucleus of the pair. Since neither nucleus acts as a “pole” to exert an unequal pull, these are called **nonpolar covalent bonds**.

Since carbon atoms have four electrons in their valence shells, they have an equal tendency to lose or gain four electrons, and form nonpolar covalent bonds with one another and with many other atoms. One result of this feature is that carbon atoms easily form very long chains that constitute the “backbone” of many biologically important molecules. Compounds that contain carbon and hydrogen atoms are called **organic compounds**.

Polar Covalent Bonds

When atoms with significantly different electronegativities combine, the electron pair will spend more time orbiting the “pole”; that is, the nucleus of the atom with greater electronegativity. Bonds with an unequal sharing of electrons are therefore called **polar covalent bonds**. A water molecule, for example, has two polar covalent bonds. Although they can form between many different elements, the most biologically important polar covalent bonds are those involving hydrogen because they allow hydrogen bonding.

Ionic Bonds

When two atoms with vastly different electronegativities approach each other, the atom with the higher electronegativity will strip one or more electrons from the valence shell of the other. This happens, for example, when chlorine, with seven electrons in its valence shell, encounters sodium, which has just one valence electron. When sodium loses an electron, it becomes positively charged; when chlorine gains an electron, it becomes negatively charged. Charged atoms are called **ions**; specifically, an ion such as sodium with a positive charge is called a **cation**, whereas an atom such as chlorine with a negative charge is called an **anion**. The opposite charges of cations and anions attract each other strongly to form an **ionic bond**. Molecules with ionic bonds form crystalline compounds known as **salts**, such as sodium chloride (NaCl). Notice that, in ionic bonds, electrons are *transferred* from one molecule to another; in contrast to covalent bonds, there is no sharing of electrons.

The polar bonds of water molecules interfere with the ionic bonds of salts, causing *dissociation* (also called *ionization*). When cations and anions dissociate in water, they are called **electrolytes** because they can conduct electricity through the solution.

Hydrogen Bonds

Like ionic bonds, **hydrogen bonds** do not involve the sharing of electrons. Instead, a transiently charged hydrogen atom is attracted to a full or transient negative charge on either a different region of the same molecule or another molecule. The cumulative effect of numerous hydrogen bonds is to stabilize the three-dimensional shapes of large molecules, such as DNA. Thus, although weak, they are essential to life.

Chemical Reactions (pp. 34–36)

Chemical reactions result from making or breaking chemical bonds in a process in which **reactants**—the atoms, ions, or molecules that exist at the beginning of a reaction—are changed into **products**—the atoms, ions, or molecules that remain after the reaction is complete.

Synthesis Reactions

Synthesis reactions involve the formation of larger, more complex molecules. An important type is **dehydration synthesis**, in which two smaller molecules are joined together by a covalent bond, and a water molecule is removed from the reactants. Synthesis reactions require energy to break bonds in the reactants and to form new bonds to make products. They are said to be **endothermic reactions** because they trap energy within new molecular bonds. **Anabolism** is the sum of all synthesis reactions in an organism.

Decomposition Reactions

Decomposition reactions are the opposite of synthesis reactions in that they break bonds within larger reactants to form smaller atoms, ions, and molecules. Because these reactions release energy, they are called **exothermic**. A common type of decomposition reaction is **hydrolysis**, the reverse of dehydration synthesis, in which a covalent bond in a large molecule is broken, and the ionic components of water (H^+ and OH^-) are added to the products. Collectively, all the decomposition reactions in an organism are called **catabolism**.

Exchange Reactions

Exchange reactions involve exchanging atoms between reactants. An important example is the phosphorylation of glucose. The sum of all chemical reactions in an organism is called **metabolism**.

Water, Acids, Bases, and Salts (pp. 36–39)

Inorganic chemicals lack carbon. Many—including water, acids, bases, and salts—are essential to life.

Water

Water constitutes 50%–99% of the mass of living organisms. It is vital to life because of its solvent properties, its liquidity, its capacity to absorb heat, and its participation in chemical reactions. In addition, water molecules are cohesive; they stick to one another via hydrogen bonding. This property generates surface tension, which enables water to form a thin layer on the surface of cells through which dissolved molecules can be transported into and out of the cell.

Acids and Bases

An **acid** is a substance that dissociates into one or more hydrogen ions (H^+) and one or more anions. A **base** is a molecule that binds with H^+ when dissolved in water. Many bases dissociate into hydroxyl ions and cations. The concentration of hydrogen ions in a solution is expressed using a logarithmic **pH** scale in which acidity increases as pH values decrease. Organisms can tolerate only a narrow pH range. Thus, most organisms contain natural **buffers**, substances that prevent drastic changes in internal pH.

Salts

A *salt* is a compound that dissociates in water into cations and anions other than H^+ and OH^- . A cell uses the cations and anions of salts—electrolytes—to create electrical differences between its inside and external environment, to transfer electrons from one location to another, and as important components of many enzymes. Some organisms use salts to provide structural support for their cells.

Organic Macromolecules (pp. 39–51)

Organic *macromolecules* are generally large, complex molecules containing carbon and hydrogen atoms linked together in branched and unbranched chains and rings bound to one or more other elements such as oxygen, nitrogen, phosphorus, or sulfur.

Functional Groups

In organic macromolecules, atoms often appear in certain common arrangements called **functional groups**. For example, the hydroxyl functional group is common to all alcohols.

Lipids

Lipids are organic macromolecules composed almost entirely of carbon and hydrogen atoms linked by nonpolar covalent bonds. Being nonpolar, they are **hydrophobic**; that is, they are insoluble in water.

The four major groups of lipids are fats, phospholipids, waxes, and steroids:

- ☐ The molecules of **fats** are composed of a glycerol and three chainlike fatty acids. **Saturated fatty acids** contain more hydrogen in their structural formulas than **unsaturated fatty acids**, which contain double bonds between some of their carbon atoms. If several double bonds exist, the fatty acid is called a **polyunsaturated fat**.
- ☐ **Phospholipids** contain only two fatty acid chains and a phosphate functional group. Whereas the fatty acid “tail” of a phospholipid molecule is nonpolar and thus hydrophobic, the phospholipid “head” is polar and thus hydrophilic. This means that phospholipids placed in a watery environment will always self-assemble into one of two forms that keep the fatty acid tails away from water: a single-layered *micelle* or a *bilayer* such as is found in the outer membranes of all cells.
- ☐ **Waxes** contain one long-chain fatty acid linked covalently to a long-chain alcohol by an ester bond. They are completely water insoluble and are sometimes used as energy storage molecules.
- ☐ **Steroids** consist of four carbon rings fused to one another and attached to various side chains and functional groups. Many organisms have sterol molecules in their cell membranes that keep them fluid at low temperatures.

The organic macromolecules of proteins, carbohydrates, and nucleic acids are composed of simple subunits called **monomers** that can be covalently linked to form chainlike **polymers**, which may be hundreds of thousands of monomers long.

Carbohydrates

Carbohydrates are organic molecules composed solely of atoms of carbon, hydrogen, and oxygen. They are used for immediate and long-term storage of energy, as structural components of DNA and RNA and some cell walls, and for conversion into amino acids. They also serve as recognition sites during intercellular interactions. Three basic groups are:

- **Monosaccharides** are simple sugars such as glucose and fructose. They usually take cyclic forms.
- **Disaccharides** are formed when two monosaccharides are linked together via dehydration synthesis. Sucrose, lactose, and maltose are examples.
- **Polysaccharides** are polymers composed of tens, hundreds, or thousands of monosaccharides that have been covalently linked in dehydration synthesis reactions. Cellulose and glycogen are examples.

Proteins

The most complex organic macromolecules are **proteins**, which are composed mostly of carbon, hydrogen, oxygen, nitrogen, and sulfur. They function as structural components of cells, enzymatic catalysts, regulators of various activities, transporters of substances, and defense molecules. The monomers of proteins are **amino acids**, in which a central carbon is attached to an amino group, a hydrogen atom, a carboxyl group, and a side group that varies according to the amino acid. These are linked by **peptide bonds** into specific structural patterns determined genetically. Every protein has at least three levels of structure, and some have four. **Denaturation** of a protein disrupts its structure and subsequently its function.

Nucleic Acids

The two nucleic acids **deoxyribonucleic acid (DNA)** and **ribonucleic acid (RNA)** comprise the genetic material of cells and viruses. These differ primarily in the structure of their monomers, which are called nucleotides. Each nucleotide consists of phosphate, a pentose sugar (deoxyribose or ribose), and one of five cyclic nitrogenous bases: **adenine (A)**, **guanine (G)**, **cytosine (C)**, **thymine (T)**, **uracil (U)**. DNA contains A, G, C, and T nucleotides, whereas RNA contains A, G, C, and U nucleotides.

The structure of nucleic acids allows for genetic diversity, correct copying of genes for their passage on to the next generation, and the accurate synthesis of proteins.

Adenosine triphosphate (ATP), which is made up of the nitrogenous base adenine, ribose sugar, and three phosphate groups, is the most important short-term energy storage molecule in cells. It is also incorporated into the structure of many coenzymes.