

Addictions Counseling: A Competency-Based Approach

Practice Test with Answers

Provided by Cynthia A. Faulkner and Samuel Faulkner

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PRACTICE QUESTIONS - Answers

CHAPTER ONE – COMPETENCIES, STANDARDS, AND CASE SCENARIO

1. The initials KSA stands for: **(D pg. 2)**

- a. Knowledge, Skills and Aptitude
- b. Knowledge, Strengths and Aptitude
- c. Knowledge of Substance Abuse
- d. Knowledge, Skills and Attitudes

2. SAMHSA's TAP 21 stands for: **(C pg. 2)**

- a. the 21 skills of a counselor
- b. the accreditation benchmarks for substance abuse counselors
- c. Technical Assistance Publication #21
- d. the 21 Treatment Assessment Protocol's

3. There are four foundations under Transdisciplinary Foundation: **(A pg. 2)**

- a. professional readiness, understanding addiction, application to practice, and treatment knowledge
- b. understanding substance abuse, treatment skills, application to practice, and professional readiness
- c. clinical evaluation, treatment planning, referral, and counseling
- d. clinical evaluation, treatment planning, counseling, and documentation

4. One of the competencies for Contextual Dimensions is: **(B pg. 4-5)**

- a. Psychological tests and assessments in addiction counseling
- b. Role of wellness and spirituality in the addiction recovery process
- c. Strategies for interfacing with the legal system regarding court referred clients
- d. Roles and settings of addictions counselors

5. The following statement is published by which of the following organizations? **(A pg. 8)**

“select appropriate intervention strategies based on the assessment, research knowledge, and values and preferences of clients and constituents”:

- a. CSWE
- b. CACREP
- c. SAMHSA
- d. IC&RC

True/False

1. Within Tap 21, there are 100 competencies located within the eight Practice Dimensions? **(True pg. 3)**
2. Within TAP 21 - Section 1: Transdisciplinary Foundations has four foundations; and Section II: Professional Practice has six dimensions. **(False p. 2-3)**
3. Contextual Dimensions are located under CACREP accreditation standards for Addiction Counselors. **(True pg. 4)**
4. IC&RC stands for International Certification and Reciprocity Consortium. **(True pg. 9)**
5. The two accreditation standards addressed in this text are CSWE and IC&RC. **(False pg 3 & 9)**

CHAPTER TWO - INTAKE

1. Information shared in a counseling session is considered to be privileged (meaning it is strictly between the client and therapist EXCEPT: **(B pg. 30)**
 - a. When the therapist feels the client is not being truthful
 - b. When the client states they are going to harm themselves or someone else, or they disclose information about a child being abused
 - c. When the therapist feels it is in the best interest of the client to share the information with another professional
 - d. None of the above
2. The elements that must be included in a confidential release of information form are: **(A pg. 28)**
 - a. It must include to whom the information is released, what can be released, and how long the release will remain in effect
 - b. It must include the client's date of birth
 - c. It must include the client's reason for seeking treatment
 - d. All of the above

3. The first thing that must be determined in the intake process is: **(B, p. 23)**
 - a. The verification of benefits
 - b. The presenting problem
 - c. The motivation to seek treatment
 - d. The referral source (i.e. court vs. self-referred)

4. A client who is suicidal should be immediately referred to: **(D, 23)**
 - a. Crisis services
 - b. Law enforcement
 - c. Emergency room
 - d. All of the above

5. Most of the risks involved in substance abuse treatment involve:
(A, p. 26)
 - a. Confidentiality problems
 - b. Lack of motivation on the part of the client
 - c. Issues with family
 - d. All of the above

True/False

1. Intakes involve two parts of the admission process, the legal and the assessment.
(False, p. 22)

2. The intake process starts with a potential referral. **(True, p.22)**

3. A client has the right to decide for themselves whether or not to accept/refuse treatment. **(True, p. 27)**

4. The federal government has no requirements on what can/can't be released in terms of confidential information about substance abuse treatment. **(False, p. 28)**

5. Drug or alcohol abuse is considered to be a risk factor for suicide. **(True, p. 30)**