

Name

Class

Date

: _____ : _____ e: _____

Default Question Set

1. _____ is the comprehensive process by which external pressures affect individuals emotionally and physically and produce some internal tension.

- a. Stress
- b. Anxiety
- c. Burnout
- d. Depression

ANSWER: a

POINTS: 1

LEARNING OBJECTIVE: LearningObj0 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARD: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

2. Which of the following is true:

- a. The body responds to negative stress differently than positive stress
- b. Generally men maintain more emotionally intimate relationships than women
- c. Persons with rigid, authoritarian attitudes appear to be more prone to stress
- d. Type A personalities are the least prone to stress

ANSWER: c

POINTS: 1

LEARNING OBJECTIVE: LearningObj1 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARD: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

3. During the phase of Selye's General Adaptation Syndrome, the body recognizes the stressor and responds by preparing for fight or flight.

- a. Exhaustion
- b. Resistance
- c. Terror
- d. Alarm

ANSWER: d

POINTS: 1

LEARNING OBJECTIVE: LearningObj2 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARD: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

4. The _____ is the section of the brain that regulates a range of physiological functions.

- a. Hypothalamus
- b. Hypothalamus

Default Question Set

- c. Hyperbole
- d. Hippopotamus

ANSWER: b

POINTS: 1

LEARNING OBJECTIVES: LearningObj3 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

5. The release of adrenaline and other hormones results in:
- a. Decrease in breathing and heart rate
 - b. Decrease in blood pressure
 - c. Decreased coagulation of blood from the skin to the brain
 - d. Dilation of pupils

ANSWER: d

POINTS: 1

LEARNING OBJECTIVES: LearningObj4 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

6. _____ is the last phase in the General Adaptation Syndrome.
- a. Finality
 - b. Exhaustion
 - c. Resistance
 - d. Alarm

ANSWER: b

POINTS: 1

LEARNING OBJECTIVES: LearningObj5 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

7. In the__ phase, bodily processes seek to return to homeostasis.
- a. Resistance
 - b. Exhaustion
 - c. Alarm
 - d. Expiration

ANSWER: a

POINTS: 1

Default Question Set

LEARNING OBJECTIVES: LearningObj6 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

8. During the _____ phase of Selye's General Adaptation Syndrome, the body strives to repair any damage caused by the stressors.

- a. Exhaustion
- b. Alarm
- c. Resistance
- d. Terror

ANSWER: c

POINTS: 1

LEARNING OBJECTIVES: LearningObj7 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

9. In the "fight or flight" concept of confronting stress, which of the following activities would be listed in the fight category:

- a. Overeating
- b. Drinking excessively
- c. Daydreaming
- d. None of the above

ANSWER: d

POINTS: 1

LEARNING OBJECTIVES: LearningObj8 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

10. _____ is a state of physical, emotional, and mental exhaustion that results from constant or repeated emotional pressure associated with an intense, long-term involvement with people.

- a. Stress
- b. Anxiety
- c. Burnout
- d. Depression

ANSWER: c

POINTS: 1

Default Question Set

LEARNING OBJECTIVES: LearningObj9 - Recognize sources that guide professional values and ethics in practice.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

11. _____ is a mood state wherein the person anticipates future danger or misfortune with apprehension.
- a. Stress
 - b. Anxiety
 - c. Burnout
 - d. Depression

ANSWER: b

POINTS: 1

LEARNING OBJECTIVES: LearningObj10 - Recognize sources that guide professional values and ethics in practice.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

12. _____ is a condition characterized by disheartened mood, unhappiness, lack of interest in daily activities, pessimism, and thoughts about suicide.
- a. Stress
 - b. Anxiety
 - c. Burnout
 - d. Depression

ANSWER: d

POINTS: 1

LEARNING OBJECTIVES: LearningObj11 - Describe the wide range of practice skills used to target systems of any size.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

13. A father who becomes depressed and possibly suicidal is an example of a _____ stress-related problem.
- a. Physiological
 - b. Psychological
 - c. Behavioral

ANSWER: b

POINTS: 1

LEARNING OBJECTIVES: LearningObj12 - Differentiate client empowerment, strengths, and resiliency.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

Default Question Set

14. A mother who develops skin rashes is an example of a _____ stress-related problem.

- a. Physiological
- b. Psychological
- c. Behavioral

ANSWER: a

POINTS: 1

LEARNING OBJECTIVES: LearningObj13 - Differentiate client empowerment, strengths, and resiliency.

CTIVES:

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

15. A father who hits his 5-year-old daughter after he's had a hard day at work is an example of a _____ stress-related problem.

- a. Physiological
- b. Psychological
- c. Behavioral

ANSWER: c

POINTS: 1

LEARNING OBJECTIVES: LearningObj14 - Engage human diversity.

CTIVES:

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

16. In the ABCDE theory of irrational thinking, the C stands for:

- a. Conflicting beliefs
- b. Consequences
- c. Complication
- d. Conclusion

ANSWER: b

POINTS: 1

LEARNING OBJECTIVES: LearningObj15 - Engage human diversity.

CTIVES:

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

17. In the text, contradictory expectations for worker performance is called:

- a. Expectation overload
- b. Role imprecision
- c. Performance evasion
- d. Role ambiguity

Default Question Set

ANSWER: d

POINTS: 1

LEARNING OBJECTIVE: Engage human diversity.

CTIVES:

NATIONAL STANDARD: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

18. According to the text, imagery relaxation and deep breathing relaxation are forms of:

- a. Procrastination
- b. Trances
- c. Rumination
- d. Meditation

ANSWER: d

POINTS: 1

LEARNING OBJECTIVE: Advocate for human rights and social and economic justice.

CTIVES:

NATIONAL STANDARD: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

19. Which of the following is (are) considered relaxation approaches to stress management:

- a. Imagery relaxation
- b. Progressive muscle relaxation
- c. Rumination relaxation
- d. a and b only

ANSWER: d

POINTS: 1

LEARNING OBJECTIVE: Advocate for human rights and social and economic justice.

CTIVES:

NATIONAL STANDARD: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

20. Step 1 in the time-management approach of “planning your time” is to:

- a. Specify tasks for each goal
- b. Figure out where the time goes
- c. Prioritize your goals
- d. Establish goals for yourself

ANSWER: b

POINTS: 1

LEARNING OBJECTIVE: Advocate for human rights and social and economic justice.

CTIVES:

Default Question Set

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

21. What is the first task you need to do to figure out where your time goes:

- a. Establish goals
- b. Prioritize goals
- c. Figure out how you presently spend your time
- d. Specify tasks

ANSWER: c

POINTS: 1

LEARNING OBJECTIVES: LearningObj20 - Work effectively within an organizational structure.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

22. _____ is defined in the text as a detailed and time-consuming technique for analyzing how you spend your time in which you keep an hourly, half-hour, or 15-minute record of how you spend your time.

- a. Time calendar
- b. Task master
- c. Time logging
- d. Goal tending

ANSWER: c

POINTS: 1

LEARNING OBJECTIVES: LearningObj21 - Attend to a wide range of professional social work roles.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

23. Step 2 in the time-management approach of “planning your time” is:

- a. Specify tasks for each goal
- b. Figure out where the time goes
- c. Prioritize your goals
- d. Establish goals for yourself

ANSWER: d

POINTS: 1

LEARNING OBJECTIVES: LearningObj22 - Attend to a wide range of professional social work roles.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

24. Step 3 in the time-management approach of “planning your time” is:

Default Question Set

- a. Specify tasks for each goal
- b. Figure out where the time goes
- c. Prioritize your goals
- d. Establish goals for yourself

ANSWER: c

POINTS: 1

LEARNING OBJECTIVES: LearningObj23 - Attend to a wide range of professional social work roles.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

25. Step 4 in the time-management approach of “planning your time” is:

- a. Specify tasks for each goal
- b. Figure out where the time goes
- c. Prioritize your goals
- d. Establish goals for yourself

ANSWER: a

POINTS: 1

LEARNING OBJECTIVES: LearningObj24 - Attend to a wide range of professional social work roles.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

26. Which of the following principles is (are) included in controlling your own behavior in time management:

- a. Look at yourself
- b. Help colleagues and they will help you
- c. To get something done right, do it yourself
- d. All of the above

ANSWER: a

POINTS: 1

LEARNING OBJECTIVES: LearningObj25 - Attend to a wide range of professional social work roles.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

27. Efficient handling of paperwork includes:

- a. Using form letters for standard correspondence
- b. Writing replies to correspondence by email or by hand when you can take the time to do a good job
- c. Opening second- and third-class mail every day to avoid a back-log
- d. a and c

Default Question Set

ANSWER: a

POINTS: 1

LEARNING OBJECTIVE LearningObj26 - Attend to a wide range of professional social work roles.

CTIVES:

NATIONAL STANDARD Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

28. Which of the following is (are) true:

- a. One reason for procrastination is fear of failure
- b. It is best to do the easiest job first to get yourself started
- c. It is better to begin several projects at a time, so when you tire of one you can move on to another
- d. a and b

ANSWER: a

POINTS: 1

LEARNING OBJECTIVE LearningObj27 - Use critical thinking skills.

CTIVES:

NATIONAL STANDARD Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

29. _____ is the tendency to put off doing something until a future time because it is perceived as being too onerous, unpleasant, or unappealing.

- a. Burnout
- b. Time traveling
- c. Procrastination
- d. Propinquity

ANSWER: c

POINTS: 1

LEARNING OBJECTIVE LearningObj28 - Use critical thinking skills.

CTIVES:

NATIONAL STANDARD Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

30. Which of the following would be considered a good technique for battling procrastination:

- a. Do the easiest jobs first so you feel a sense of accomplishment
- b. Do it right now
- c. Begin several projects so when you tire of one, you can change to a different task
- d. a and b

ANSWER: b

POINTS: 1

LEARNING OBJECTIVE LearningObj29 - Use critical thinking skills.

Default Question Set

CTIVES:

NATIONAL STAN Use reflection and self-regulation to manage personal values
DARDS: and maintain professionalism in practice situations

31. Stress is the comprehensive process by which external pressures affect individuals emotionally and physically, producing some internal tension.

- a. True
- b. False

ANSWER: True

POINTS: 1

LEARNING OBJE LearningObj30 - Use a planned change process.

CTIVES:

NATIONAL STAN Use reflection and self-regulation to manage personal values
DARDS: and maintain professionalism in practice situations

32. Events that cause stress are always negative.

- a. True
- b. False

ANSWER: False

POINTS: 1

LEARNING OBJE LearningObj31 - Use a planned change process.

CTIVES:

NATIONAL STAN Use reflection and self-regulation to manage personal values
DARDS: and maintain professionalism in practice situations

33. Type A personalities appear to be the least prone to stress.

- a. True
- b. False

ANSWER: False

POINTS: 1

LEARNING OBJE LearningObj32 - Use a planned change process.

CTIVES:

NATIONAL STAN Use reflection and self-regulation to manage personal values
DARDS: and maintain professionalism in practice situations

34. In the resistance phase of the GAS, the body responds by preparing for fight or flight.

- a. True
- b. False

ANSWER: False

POINTS: 1

LEARNING OBJE LearningObj33 - Use a planned change process.

Default Question Set

CTIVES:

NATIONAL STAN Use reflection and self-regulation to manage personal values
DARDS: and maintain professionalism in practice situations

35. Stress-related problems are most often triggered by a single major short-term stressful event.

- a. True
- b. False

ANSWER: False

POINTS: 1

LEARNING OBJE LearningObj34 - Use a planned change process.

CTIVES:

NATIONAL STAN Use reflection and self-regulation to manage personal values
DARDS: and maintain professionalism in practice situations

36. Behavioral correlates of stress include any acts resulting directly from excess stress.

- a. True
- b. False

ANSWER: True

POINTS: 1

LEARNING OBJE LearningObj35 - Work effectively within an organizational structure.

CTIVES:

NATIONAL STAN Use reflection and self-regulation to manage personal values
DARDS: and maintain professionalism in practice situations

37. The D in the ABCDE theory of irrational thinking stands for the defining event.

- a. True
- b. False

ANSWER: False

POINTS: 1

LEARNING OBJE LearningObj36 - Describe the wide range of practice skills used to target systems of any size.

CTIVES:

NATIONAL STAN Use reflection and self-regulation to manage personal values
DARDS: and maintain professionalism in practice situations

38. The E in the ABCDE theory of irrational thinking stands for examination.

- a. True
- b. False

ANSWER: False

POINTS: 1

LEARNING OBJE LearningObj37 - Use a planned change process.

CTIVES:

Default Question Set

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

39. Having an object to dwell on is a basic component to meditation approaches.

- a. True
- b. False

ANSWER: True

POINTS: 1

LEARNING OBJECTIVES: LearningObj38 - Use a planned change process.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

40. An increase in hand temperature indicates an increase in stress level.

- a. True
- b. False

ANSWER: False

POINTS: 1

LEARNING OBJECTIVES: LearningObj39 - Describe the scope of generalist practice.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

41. Exercising reduces stress.

- a. True
- b. False

ANSWER: True

POINTS: 1

LEARNING OBJECTIVES: LearningObj40 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

42. Having too little work can produce stress.

- a. True
- b. False

ANSWER: True

POINTS: 1

LEARNING OBJECTIVES: LearningObj41 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

Default Question Set

DARDS: and maintain professionalism in practice situations

43. According to the text, an individual who sees time as a precious commodity, and feels guilty if it is wasted, is a “nose to the grindstone” type.

- a. True
- b. False

ANSWER: False

POINTS: 1

LEARNING OBJECTIVES: LearningObj42 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

44. Before beginning your time management plan, you must figure out where you currently spend your time.

- a. True
- b. False

ANSWER: True

POINTS: 1

LEARNING OBJECTIVES: LearningObj43 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

45. Goals should be kept flexible for the most efficient use of your time.

- a. True
- b. False

ANSWER: False

POINTS: 1

LEARNING OBJECTIVES: LearningObj44 - Recognize sources that guide professional values and ethics in practice.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

46. According to the text, you should handle each sheet of paper only once.

- a. True
- b. False

ANSWER: True

POINTS: 1

LEARNING OBJECTIVES: LearningObj45 - Recognize sources that guide professional values and ethics in practice.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values

Default Question Set

DARDS: and maintain professionalism in practice situations

47. It is helpful to block portions of time for completing similar types of tasks.

- a. True
- b. False

ANSWER: True

POINTS: 1

LEARNING OBJECTIVES: LearningObj46 - Recognize sources that guide professional values and ethics in practice.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

48. According to the text, a messy desk reflects a productive person.

- a. True
- b. False

ANSWER: False

POINTS: 1

LEARNING OBJECTIVES: LearningObj47 - Recognize sources that guide professional values and ethics in practice.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

49. It is best to leave the ending time of a meeting open so you can finish the agenda.

- a. True
- b. False

ANSWER: False

POINTS: 1

LEARNING OBJECTIVES: LearningObj48 - Demonstrate awareness of personal values.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations

50. During meetings you should not draw attention to the time remaining, as it will focus on ending the meeting and, therefore, interrupt the focus of the meeting.

- a. True
- b. False

ANSWER: False

POINTS: 1

LEARNING OBJECTIVES: LearningObj49 - Demonstrate awareness of personal values.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values

Default Question Set

DARDS: and maintain professionalism in practice situations

51. Open second- and third class mail daily so it doesn't accumulate on your desk.

- a. True
- b. False

ANSWER: False

POINTS: 1

LEARNING OBJECTIVES: LearningObj50 - Describe the wide range of practice skills used to target systems of any size.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

52. Fear of failure is a reason some people procrastinate.

- a. True
- b. False

ANSWER: True

POINTS: 1

LEARNING OBJECTIVES: LearningObj51 - Describe the wide range of practice skills used to target systems of any size.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

53. When battling procrastination, it is best to break up large tasks into a number of small tasks.

- a. True
- b. False

ANSWER: True

POINTS: 1

LEARNING OBJECTIVES: LearningObj52 - Differentiate client empowerment, strengths, and resiliency.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

54. Doing the easiest job first is a good way to handle procrastination.

- a. True
- b. False

ANSWER: False

POINTS: 1

LEARNING OBJECTIVES: LearningObj53 - Differentiate client empowerment, strengths, and resiliency.

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

Default Question Set

55. List and describe the phases of Selye's General Adaptation Syndrome.

ANSWER:

POINTS: 1

LEARNING OBJECTIVES: LearningObj54 - Engage human diversity.

CTIVES:

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

56. Cite the three types of problems stress can cause for the body and give examples of how these problems are manifested.

ANSWER:

POINTS: 1

LEARNING OBJECTIVES: LearningObj55 - Engage human diversity.

CTIVES:

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

57. List five problem areas in the work context that can cause undue stress.

ANSWER:

POINTS: 1

LEARNING OBJECTIVES: LearningObj56 - Advocate for human rights and social and economic justice.

CTIVES:

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

58. List, in order, the four primary steps cited in the text to help plan your time.

ANSWER:

POINTS: 1

LEARNING OBJECTIVES: LearningObj57 - Advocate for human rights and social and economic justice.

CTIVES:

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

59. List four techniques to battle procrastination.

ANSWER:

POINTS: 1

LEARNING OBJECTIVES: LearningObj58 - Advocate for human rights and social and economic justice.

CTIVES:

NATIONAL STANDARDS: Use reflection and self-regulation to manage personal values

DARDS: and maintain professionalism in practice situations

Default Question Set

60. Caspi and colleagues found that

- a. depression is caused by too much serotonin.
- b. when exposed to stressful life events, persons with two long alleles (LL) for 5-Htt were at the highest risk for depression.
- c. when exposed to stressful life events, persons with a long and a short allele (Ls) for 5-Htt were at the highest risk for depression.
- d. when exposed to stressful life events, persons with two short alleles (SS) for 5-Htt were at the highest risk for depression.

ANSWER:

d

POINTS:

1

DIFFICULTY:

Difficult

61. Maria is acting out because she is in a school system without adequate special-education resources. This statement represents a _____ hypothesis.

- a. biophysical
- b. psychological
- c. social
- d. strengths

ANSWER:

c

POINTS:

1

DIFFICULTY:

Easy

62. Hypotheses are used by the social worker to

- a. examine possible etiology and explanations of client functioning.
- b. help guide questioning and data gathering for assessment.
- c. examine human behavior from proven theories.
- d. are accurate without supporting evidence.

ANSWER:

a

POINTS:

1

DIFFICULTY:

Moderate

63. Extreme forms of behaviorism

- a. include limits on behavior based on genetics and other biological influences.
- b. include internal mental and emotional processes.
- c. are recognized for directing our focus on observable aspects of human behavior.
- d. are considered an early form of cognitive structuralism.

ANSWER:

c

POINTS:

1

DIFFICULTY:

Moderate

64. The psychological dimension does NOT

Default Question Set

- a. contribute to the organization or integration of the individual's mental processes.
- b. involve the systems of information processing and cognitive development.
- c. involve communication, social cognition, and emotions.
- d. involve social relationships that a person interacts with individually or in a group.

ANSWER:

d

POINTS:

1

DIFFICULTY:

Easy

65. _____ is/are the cement that holds together all forms of social life.

- a. Organizations
- b. Self-help groups
- c. Social institutions
- d. Religion

ANSWER:

c

POINTS:

1

DIFFICULTY:

Moderate

66. The medical approach does NOT

- a. focus on treatment of identified diseases and disorders.
- b. imply that health is the absence of a disorder or disease.
- c. ignore problems of living.
- d. ignore the illness.

ANSWER:

d

POINTS:

1