

Name _____

Class [/test-bank-empowerment-series-social-work-10e-hessenaue](#)

Date _____

Default Question Set

1. A generalist social worker has skills in working with which of the following client systems?

- a. Individual
- b. Groups
- c. Communities
- d. All of these are correct

ANSWER: d

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVES: LearningObj0 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS: Engage with Individuals

RDS:

2. A social worker is a _____.

- a. psychologist
- b. change agent
- c. physician
- d. therapist

ANSWER: b

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVES: LearningObj1 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS: Engage with Individuals

RDS:

3. Roberto's two sons belong to the local Boy Scouts troop, which is considered a _____ program.

- a. social welfare
- b. public assistance
- c. school social service
- d. community-subsidized

ANSWER: a

POINTS: 1

DIFFICULTY: Medium

LEARNING OBJECTIVES: LearningObj2 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS: Responsibility to the Public and - Responsibility to the Public and Safety – Human service professionals are knowledgeable about their cultures and communities within which they practice. They are aware of multiculturalism in society and its impact on the community as well as individuals within the community. They respect the cultures and beliefs of individuals

Default Question Set

and groups.

4. Social workers handle _____ social and personal problems faced by people.

- a. highly specific
- b. approximately 8-10 narrowly defined
- c. approximately 3-5 narrowly defined
- d. a variety of

ANSWER: d

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECT LearningObj3 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS Engage with Individuals

RDS:

5. Su-Yun is a social worker in an urban school in Boston. She primarily works with at-risk teens whose families are below the poverty level. These teens are considered at risk for engaging in criminal behavior. Su-Yun decides to create a program at her school that gives teens a variety of ways in which they can avoid starting (or continuing) down a negative path—for example, she creates an anonymous counseling hotline and makes arrangements for a local youth club to stay open later hours on the weekends to give students a place to hang out. Su-Yun's efforts are an example of _____.

- a. option planning
- b. a public assistance program
- c. recreational therapy
- d. psychiatry

ANSWER: a

POINTS: 1

DIFFICULTY: Medium

LEARNING OBJECT LearningObj4 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS Engage with Individuals

RDS:

6. In the _____ role, a worker helps individuals or groups to articulate their needs, clarify and identify their problems, explore resolution strategies, select and apply a strategy, and develop their capacities to deal with problems more effectively.

- a. advocate
- b. enabler
- c. empowerer
- d. initiator

ANSWER: b

POINTS: 1

Default Question Set

DIFFICULTY: Easy

LEARNING OBJECT LearningObj5 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS: Engage with Individuals

RDS: Intervene with Individuals

7. A(n) _____ seeks basic institutional change; often the objective involves a shift in power and resources to a disadvantaged group.

- a. empowerer
- b. activist
- c. enabler
- d. negotiator

ANSWER: b

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECT LearningObj6 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS: Engage with Individuals

RDS: Intervene with Individuals

8. According to a systems perspective, _____ suggests that living systems seek a balance to maintain and preserve the system.

- a. equifinality
- b. homeostasis
- c. negative entropy
- d. wholeness

ANSWER: b

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECT LearningObj7 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS: Counseling and Helping Relations - Counseling and Helping Relationships – Theories and models of counseling

9. From the 1920s to the 1960s most social workers used a _____ model approach to assessing and changing human behavior.

- a. medical
- b. systems
- c. situational
- d. psychological

ANSWER: a

Default Question Set

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVES: LearningObj8 - Employ leadership skills needed to improve service delivery and the quality of social work services.

NATIONAL STANDARDS: Assess Individuals

DARDS: Counseling and Helping Relations - Counseling and Helping Relationships – Theories and models of counseling

10. An irrational fear of spiders is an example of a(n) _____ disorder.

- a. neurocognitive
- b. disruptive
- c. anxiety
- d. depressive

ANSWER: c

POINTS: 1

DIFFICULTY: Medium

LEARNING OBJECTIVES: LearningObj9 - Recognize sources that guide professional values and ethics in practice.

NATIONAL STANDARDS: Assess Individuals

11. The ecological model conceptualizes a client's problems as a result of

- a. traumatic early experiences that cause emotional fixations and prevent future psychological growth.
- b. the influence of genetics on individual functioning.
- c. utilizing classifications of mental disorders to diagnose individuals.
- d. dysfunctional transactions between people and their physical and social environments.

ANSWER: d

POINTS: 1

DIFFICULTY: Medium

LEARNING OBJECTIVES: LearningObj10 - Recognize sources that guide professional values and ethics in practice.

NATIONAL STANDARDS: Assess Individuals

DARDS: Counseling and Helping Relations - Counseling and Helping Relationships – Theories and models of counseling

12. Which of the following is NOT a major goal of social work practice, according to the National Association of Social Workers?

- a. Link clients with systems that provide resources, services, and opportunities.
- b. Promote the effective and humane operation of systems that provide resources and services.
- c. Pursue policies, services, and resources through advocacy and social or political actions that promote social and economic justice.
- d. Develop and improve social policy.

Default Question Set

ANSWER: c

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVE LearningObj11 - Describe the wide range of practice skills used to target systems of S: any size.

NATIONAL STANDARD Career Development – Theor - Career Development – Theories and models of career S: development

13. The strengths perspective takes into consideration
- the upper limits of the capacity to grow and change.
 - collaboration with clients.
 - lack of resources in the environment.
 - the deficiencies of the individual or group as a whole.

ANSWER: b

POINTS: 1

DIFFICULTY: Medium

LEARNING OBJECTIVE LearningObj12 - Differentiate client empowerment, strengths, and resiliency. VES:

NATIONAL STANDARDS Counseling and Helping Relations - Counseling and Helping Relationships – Theories and models of counseling RDS:

14. _____ is a procedure to plan, seek, and monitor services for a variety of agencies and staff on behalf of a client.
- Negotiation
 - Education
 - Case management
 - Group work

ANSWER: c

POINTS: 1

DIFFICULTY: Medium

LEARNING OBJECTIVES: LearningObj13 - Differentiate client empowerment, strengths, and resiliency.

NATIONAL STANDARDS: Assess Individuals
Intervene with Individuals

15. The *Educational Policy and Accreditation Standards*, or EPAS, includes areas of competency for social workers. These standards include a focus on which of the following?
- Ethical behavior
 - Policy practice
 - Diversity
 - All of these are correct

ANSWER: d

Default Question Set

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVE LearningObj14 - Engage human diversity.

CTIVES:

NATIONAL STANDARD Demonstrate Ethical and Professional Behavior – Make ethical decisions by applying the standards of the NASW Code of Ethics

16. Social work is the profession that has the responsibility and mandate to provide social services.

- a. True
- b. False

ANSWER: True

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVE LearningObj15 - Engage human diversity.

S:

NATIONAL STANDARD Career Development – Theories and models of career development

17. There are many other professional and occupational groups working in the field of social welfare.

- a. True
- b. False

ANSWER: True

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVE LearningObj16 - Engage human diversity.

S:

NATIONAL STANDARD Career Development – Theories and models of career development

18. At times every social worker is a researcher.

- a. True
- b. False

ANSWER: True

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVE LearningObj17 - Advocate for human rights and social and economic justice.

TIVES:

NATIONAL STANDARD Career Development – Theories and models of career development
Intervene with Individuals

Default Question Set

19. The ecological model approach to assessing and changing human behavior arose in reaction to the historical notion that the emotionally disturbed were possessed by demons, were mad, and were to be blamed for their disturbances.

- a. True
- b. False

ANSWER: False

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVES: LearningObj18 - Advocate for human rights and social and economic justice.

NATIONAL STANDARDS: Assess Individuals

DARDS: Counseling and Helping Relationships - Counseling and Helping Relationships – Theories and models of counseling

20. Economic justice is an ideal condition in which all members of a society have the same basic rights, protection, opportunities, obligations, and social benefits.

- a. True
- b. False

ANSWER: False

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVES: LearningObj19 - Advocate for human rights and social and economic justice.

NATIONAL STANDARDS: Advance Human Rights and Social

21. Social casework services are provided by nearly every social welfare agency that provides direct services to people.

- a. True
- b. False

ANSWER: True

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVES: LearningObj20 - Work effectively within an organizational structure.

NATIONAL STANDARDS: Intervene with Individuals

22. Community organization involves the systematic evaluation of a policy and the process by which it was formulated.

- a. True
- b. False

ANSWER: False

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVES: LearningObj21 - Attend to a wide range of professional social work roles.

NATIONAL STANDARDS: Assess Individuals

Default Question Set

Intervene with Individuals

23. In social work, the term administration is often used synonymously with management.

- a. True
- b. False

ANSWER: True

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVES: LearningObj22 - Attend to a wide range of professional social work roles.

NATIONAL STANDARDS: Assess Individuals
Intervene with Individuals

24. Participants in group work usually have emotional, interactional, or behavioral difficulties.

- a. True
- b. False

ANSWER: True

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVES: LearningObj23 - Attend to a wide range of professional social work roles.

NATIONAL STANDARDS: Assess Individuals
Demonstrate Ethical and Professional Behavior – Make ethical decisions by applying the standards of the NASW Code of Ethics

25. The aim of policy analysis is to stimulate and assist the local community to evaluate, plan, and coordinate efforts to provide for the community's health, welfare, and recreation needs.

- a. True
- b. False

ANSWER: False

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVES: LearningObj24 - Attend to a wide range of professional social work roles.

NATIONAL STANDARDS: Assess Individuals
Intervene with Individuals

26. The *Educational Policy and Accreditation Standards* (EPAS) contains 21 core competencies.

- a. True
- b. False

ANSWER: False

POINTS: 1

DIFFICULTY: Easy

Default Question Set

LEARNING OBJECTIVES: LearningObj25 - Attend to a wide range of professional social work roles.

NATIONAL STANDARDS: Demonstrate Ethical and Professional Behavior – Make ethical decisions by applying the standards of the NASW Code of Ethics

27. Multiple personality disorder is an example of a personality disorder listed by the American Psychiatric Association.
- a. True
 - b. False

ANSWER: False

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVES: LearningObj26 - Attend to a wide range of professional social work roles.

NATIONAL STANDARDS: Assess Individuals

28. Per EPAS, social workers apply their understanding of social, economic, and environmental justice to advocate for human rights at the individual and system levels.

- a. True
- b. False

ANSWER: True

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVES: LearningObj27 - Use critical thinking skills.

CTIVES:

NATIONAL STANDARDS: Demonstrate Ethical and Professional Behavior – Make ethical decisions by applying the standards of the NASW Code of Ethics

29. The skills, knowledge, and values needed for effective social work practice with groups are very similar to the skills, knowledge, and values needed for effective social work practice with individuals, families, organizations, and communities.

- a. True
- b. False

ANSWER: True

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVES: LearningObj28 - Use critical thinking skills.

CTIVES:

NATIONAL STANDARDS: Demonstrate Ethical and Professional Behavior – Make ethical decisions by applying the standards of the NASW Code of Ethics

30. In the broker role, a worker is involved in intervention in disputes between parties while remaining neutral, to help them find compromises, reconcile differences, or reach mutually satisfactory agreements.

Default Question Set

- a. True
- b. False

ANSWER: False

POINTS: 1

DIFFICULTY: Easy

LEARNING OBJECTIVES: LearningObj29 - Use critical thinking skills.

NATIONAL STANDARDS: Engage with Individuals
Intervene with Individuals

31. Define the terms social work and social welfare. Describe the relationship between social work and social welfare.

ANSWER:

POINTS: 1

DIFFICULTY: Medium

LEARNING OBJECTIVES: LearningObj30 - Use a planned change process.

IVES:

NATIONAL STANDARDS: Responsibility to the Profession - Responsibility to the Profession — Human service professionals seek the training

32. Explain the differences between a medical model approach and the ecological approach to assessing and changing human behavior. Evaluate the advantages and disadvantages of each model.

ANSWER:

POINTS: 1

DIFFICULTY: Medium

LEARNING OBJECTIVES: LearningObj31 - Use a planned change process.

IVES:

NATIONAL STANDARDS: Assess Individuals

RDS: Career Development – Theories and models of career development

33. The Council of Social Work Education (CSWE) identified knowledge, skills, values, and cognitive and affective processes that accredited baccalaureate and master's degree programs are mandated to convey to social work students. The content that BSW and MSW programs are required to provide students is summarized in nine competencies. Identify one of the competencies and explore what that competency means to you as both a student and a future social worker.

ANSWER:

POINTS: 1

DIFFICULTY: Medium

LEARNING OBJECTIVES: LearningObj32 - Use a planned change process.

CTIVES:

NATIONAL STANDARDS: Career Development – Professional counseling credentialing
Demonstrate Ethical and Professional Behavior – Make ethical decisions by applying the standards of the NASW Code of Ethics

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