

Import Settings:

Base Settings: Brownstone Default

Information Field: Complexity

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Highest Answer Letter: D

Multiple Keywords in Same Paragraph: No

NAS ISBN13: 9781284160970, add to Ahead, Title tags

Chapter: Chapter 1 - Chapter Quiz

Multiple Choice

1. The more recent focus on the multiplicity of influences on behavior is representative of which of the following?

A) Health Belief Model

B) Ecological Model

C) Transtheoretical Model

D) Social Cognitive Theory

Ans: B

Complexity: Easy

Ahead: The Complex Social-Ecological Web

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2. The Rio Declaration of 2011 states that which of the following arises from the societal condition in which people are born, grow, live, work, and age, referred to as social determinants of health?

A) Health inequity

B) Health literacy

C) Health behavior

D) Health advocacy

Ans: A

Complexity: Easy

Ahead: The Complex Social-Ecological Web

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3. The idea that complex interaction between individuals and an environment, taken together, influences behavior is keeping with the perspective on public health problems advocated by which agency?

A) United Nations

B) World Health Organization

C) National Institutes of Health

D) Centers for Disease Control and Prevention

Ans: B

Complexity: Easy

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4. The presence of discrimination would represent which type of factor that contributes to the behavior of individuals?

- A) Individual factor
- B) Social/Cultural/Group factor
- C) Socioeconomic and Structural factor
- D) Political factor

Ans: C

Complexity: Easy

Ahead: The Complex Social-Ecological Web

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5. The perspective on public health problems advocated by the World Health Organization, known as the social determinants approach, is embodied in which of the following?

- A) Belmont Report
- B) Heckler Report
- C) Declaration of Helsinki
- D) Rio Declaration of 2011

Ans: D

Complexity: Easy

Ahead: The Complex Social-Ecological Web

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6. Which term generally refers to the system of interactions between organisms and an environment?

- A) Biology
- B) Ecology
- C) Sociology
- D) Psychology

Ans: B

Complexity: Moderate

Ahead: The Complex Social Ecological Web

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True/False

1. True or False? There is an entire field of study and practice concerning the complex nature of health behavior.

Ans: True

Complexity: Easy

Ahead: The Questions

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2. True or False? For many cultures, being thin is not viewed as healthy, as a large man that we would consider to be overweight would be viewed as healthy and “doing well.”

Ans: True

Complexity: Easy

Ahead: The Questions

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3. True or False? Health behavior may be based on ideas about being healthy that are different from the standards of health common to Western medicine.

Ans: True

Complexity: Easy

Ahead: The Questions

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4. True or False? Using the Health Belief Model, it is assumed that no single factor influences people’s behavior; instead, the complex interaction between individuals and an environment is a process that, taken together, influences behavior.

Ans: False

Complexity: Easy

Ahead: The Complex Social-Ecological Web

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