

Ch 01 Your Career in Health Care

1. According to Federal economists, health care spending continues to _____ in the United States.

- a. increase
- b. decrease
- c. stabilize
- d. waver

ANSWER:

a

2. The United States Bureau of Labor Statistics reports a rapid growth in health care careers due to growth and workers who

- a. are terminated.
- b. have left their jobs permanently.
- c. need support with current duties.
- d. are newly trained in the health care field.

ANSWER:

b

3. The fastest-growing health care occupation today with projected increases through 2031 is

- a. medical assistant.
- b. registered nurse.
- c. occupational therapist.
- d. home health/personal care aide.

ANSWER:

d

4. Which of the following advice to new students will best help them become highly competent health care professionals?

- a. Concentrate on learning what is needed to do well on tests.
- b. Always strive for understanding.
- c. Use study techniques that they think will work for them.
- d. Memorize all the information in their class notes.

ANSWER:

b

5. Which of the following is the best way to master new information you are learning in class?

- a. Ask yourself why it is important and how you can use it on the job.
- b. Memorize the details presented by your instructor and put them into practice.
- c. Learn only what is necessary to pass the next test to ensure safe practice.
- d. Take good notes in class and review the night before the exam.

ANSWER:

a

6. What is recommended when you are reading to learn?

- a. Save time by reading slowly and carefully the first time.
- b. As you read, write an outline containing all the important points.
- c. Create questions for yourself and read to find the answers.
- d. Skim the material, reading slowly only when you don't understand something.

ANSWER:

c

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7. In addition to caring for others and being dependable, which additional characteristic can the student develop while preparing for a career in health care?

- a. Integrity
- b. Dedication
- c. Self-advocacy
- d. Critical thinking

ANSWER:

a

8. Which statement best describes the five-step problem-solving process?

- a. The five-step process incorporates thinking skills related to decision-making.
- b. Problem-solving and decision-making are synonymous when using the five-step process.
- c. Difficult problems can be identified, evaluated, and solved creatively using the five-step process.
- d. The process involves creating lists and researching problems so that solutions can be discovered.

ANSWER:

c

9. The first step in implementing the five-step problem-solving process is to

- a. gather information.
- b. identify the problem.
- c. research solutions.
- d. evaluate and revise.

ANSWER:

b

10. Which information is an example of subjective data?

- a. Blood pressure reading
- b. Expert opinion
- c. Color of a patient's skin
- d. The patient reporting a headache

ANSWER:

d

11. When collecting information about a patient, which term best describes the results of diagnostic tests, measurements, and observations made by health care professionals?

- a. Signs
- b. Symptoms
- c. Diagnoses
- d. Data

ANSWER:

a

12. Which step in the five-step problem-solving process is often where people fail to take advantage of opportunities or realize accomplishments?

- a. Identify the problem.
- b. Gather information.
- c. Choose an alternative and take action.
- d. Evaluate and revise as needed.

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ANSWER:

c

13. Which statement best describes the criteria needed to take a health care professional examination?

- a. Examinations are available to students with a grade point average (GPA) of 3.5.
- b. Students who graduate from accredited programs are not required to take professional examinations.
- c. Specific educational requirements and clinical experience must be completed before taking the examination.
- d. An examination is required to work legally in all occupations that involve direct patient care.

ANSWER:

c

14. _____ is the general term that means an individual has met certain pre-determined professional standards.

- a. Certified
- b. Graduate
- c. Licensed
- d. Registered

ANSWER:

a

15. Which statement best describes the purpose of establishing standards in health care education and professions?

- a. Standards are set by state boards to designate different types of approvals for practicing within a specific profession.
- b. Standards are established to ensure quality care and the protection of the public from potential harm caused by incompetence.
- c. Specific criteria establish standards for the purpose of ensuring professionals maintain a minimum level of knowledge.
- d. Knowledge, skills, and professionalism are integrated into standards that provide for a safe scope of practice.

ANSWER:

b

16. A student is researching the educational requirements for an occupational therapist. How long can the student plan on being in college?

- a. Ten to twelve months
- b. Two years
- c. Three to four years
- d. Five or more years

ANSWER:

c

17. A 28-year-old dog owner has determined they would love to work with animals in a professional role, but they do not feel they can commit to the time needed to become a veterinarian. Which avenue would a career counselor recommend?

- a. Start with a four-week dog groomer course.
- b. Research a ten- to twelve-month veterinarian assistant program.
- c. Enroll in a two-year associate degree program for animal care.
- d. Volunteer at the local animal shelter for at least three months.

ANSWER:

b

18. Although nurses have the credentials of “registered” nurses, what type of credentials do they actually possess?

- a. Certification

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- b. Graduate
- c. Licensure
- d. Registration

ANSWER:

c

19. What is the primary role of the Commission on Accreditation of Allied Health Programs?

- a. To establish rules and policies for the education of medical assistants
- b. To provide education and licensure requirements for therapeutic occupations
- c. To set standards of education provided to degree-seeking students in the health care field
- d. To set standards for education of health care professions based on the criteria of the specific profession

ANSWER:

d

20. A student has always enjoyed working with their hands and wants to work directly with patients. Which occupation would be the best choice for them to consider?

- a. Pharmacy technician
- b. Dental assistant
- c. Home health aide
- d. Massage therapist

ANSWER:

d

21. Which statement describes the purpose of diagnostic occupations?

- a. Assisting patients in maintaining their health
- b. Ensuring that medical equipment functions properly
- c. Determining the cause of an illness
- d. Helping patients regain movement

ANSWER:

c

22. What additional training or credentials will be needed when an on-the-job trained dental assistant has decided to move into a dental hygienist career?

- a. Study for and pass the national board exam for dental hygiene and administer the clinical exam.
- b. Attend a minimum of two years in an accredited dental hygiene program before taking the national board exams.
- c. Enroll in a four-year dental program at a university level and pass the written and practical exams.
- d. Request additional hours for on-the-job training for dental hygiene while studying for the national board exams.

ANSWER:

b

23. Emergency Medical Technicians (EMTs) require _____ training, depending on the scope of practice (level of EMT).

- a. 30–350 hours
- b. 2 years
- c. 1500 hours
- d. 1–2 years

ANSWER:

a

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24. Which level of education is required to perform duties as a medical assistant in the medical office?

- a. Diploma-level graduate with state license
- b. Bachelor's degree with certification
- c. On-the-job training with certification
- d. Certificate, diploma, or associate's degree

ANSWER: d

25. How are educational requirements for medical technicians different for medical technologists?

- a. Technicians require a two-year degree, and technologists require a master's degree.
- b. Most technicians can learn on the job, while technologists require a minimum of a two-year degree.
- c. The state examination determines the type of education a technician requires, but technologists are educated based on a national examination.
- d. Technicians require a minimum of a certificate or associate degree, and a technologist requires a minimum of a bachelor's degree.

ANSWER: d

26. Which health care occupation carries out prescribed treatments using exercise, massage, and electrical stimulation?

- a. Kinesiologist
- b. Occupational therapist
- c. Physical therapy assistant
- d. Chiropractic assistant

ANSWER: c

27. What is the primary responsibility of a medical records specialist?

- a. Collect, organize, and maintain patient data.
- b. Analyze critical health care data from patient records.
- c. Prepare written medical reports based on provider notes.
- d. Support patient care through the maintenance of protected health information.

ANSWER: a

28. Which form of training do phlebotomist and electrocardiogram (ECG) technicians require?

- a. Two-year degree
- b. Four-year degree
- c. Six to twelve months or on-the-job training
- d. Twelve-month diploma program

ANSWER: c

29. What is the goal of therapeutic occupations?

- a. To regain or attain optimal health
- b. To treat illness
- c. To diagnose illness
- d. To provide immediate care

Name _____ Class _____ Date _____
: _____ : _____ e: _____

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ANSWER:

a