

Growth and Development Through the Lifespan

Chapter 1 Test Bank

Multiple Choice Questions

1. The _____ self-serving drive for pleasure conflicts with society's norms for acceptable behavior.

- A. ego's
- B. superego's
- C. id's
- D. latency stage's

Answer: C Reference: p. 4

Type: Multiple Choice

Difficulty: Medium

Category: Understand

2. The goal of _____ is to bring into awareness unconscious conflicts, motives, and defenses so that they can be resolved.

- A. countertransference
- B. transference
- C. psychoanalysis
- D. defense mechanisms

Answer: C Reference: p. 6

Type: Multiple Choice

Difficulty: Easy

Category: Remember

3. Which of the following protects the ego from unpleasant feelings especially and guilt?

- A. Rationalization
- B. Reaction formation
- C. Transference
- D. Defense mechanisms

Answer: D Reference: p. 5

Type: Multiple Choice

Difficulty: Easy

Category: Understand

4. Which of the following is NOT one of the three levels of awareness identified by Freud?

- A. Conscious

- B. Preconscious
- C. Unconscious
- D. Repression

Answer: D Reference: p. 4

Type: Multiple Choice Difficulty: Easy Category: Remember

5. Which of the following occurs when clients relate to their analysts in ways that are similar to other significant relationships in their lives?

- A. Transference
- B. Countertransference
- C. Rationalization
- D. Projection

Answer: A Reference: p. 7

Type: Multiple Choice Difficulty: Easy Category: Remember

6. Which of the following balances the id's drives with society's expectations by making decisions based on the reality principle?

- A. The superego
- B. The ego
- C. Defense mechanisms
- D. The preconscious

Answer: D Reference: p. 4

Type: Multiple Choice Difficulty: Easy Category: Remember

7. Which of Freud's levels of awareness lies just below the surface, housing material that the individual knows but is not thinking about right now?

- A. The conscious
- B. The preconscious
- C. The unconscious
- D. The subconscious

Answer: B Reference: p. 4

Type: Multiple Choice Difficulty: Medium Category: Remember

True/False Questions

1. The goal of the superego is to bring into awareness unconscious conflicts, motives, and defenses so that they can be resolved.

- A. True
- B. False

Answer: B Reference: p. 6

Type: True/False

2. Emerging around ages 3 to 5 years, the superego represents an internalization of social standards for good and bad behavior.

- A. True
- B. False

Answer: A Reference: p. 4

Type: True/False

3. Countertransference refers to the analyst's response to the client.

- A. True
- B. False

Answer: A Reference: p. 7

Type: True/False

4. Defense mechanisms are a conscious means of coping.

- A. True
- B. False

Answer: B Reference: p. 5

Type: True/False