

1. Trace the central historical views of illness and health from the prehistoric period to the present day, noting key theorists and medical developments.
2. Explain how Descartes' concept of dualism influenced medical science and current views of health in Western and non-Western medicine.
3. Identify the major trends that led to the emergence of health psychology.
4. Describe the different contexts considered by health psychologists.
5. Compare and contrast the biomedical and biopsychosocial models of health and illness, and discuss the implications of accepting one model over the other.

Answer Key

- 1.
- 2.
- 3.
- 4.
- 5.