MULTIPLE CHOICE

1.	Attachment styles ar a. ways we satisfy b. where an individ c. social standpoint d. parenting pattern e. communication	our need lual stop ts such a ns that te	es and the rest of as race, class, and each us who we	of the word genderate are and	der. d how to approach relationships.
	ANS: D	PTS:	1	REF:	p. 45
2.	"You are a very smar a. reflected apprais b. direct definition c. identity script. d. self-fulfilling pro e. social compariso	al.	Tammy tells he	r daugh	nter. Tammy's statement is an example of a(n):
	ANS: B	PTS:	1	REF:	p. 41
3.	The perspectives of ta. emotional b. generalized c. moral d. physical e. social	the	other reflect the	ne view	s generally held by others in a society.
	ANS: B	PTS:	1	REF:	p. 47
4.	he often ignores his	son and is Myla	sometimes ver	bally ab	Mylan when he is sober, but when Edmund drinks buses him. Mylan never knows which way his father, Mylan is likely to develop which attachment style
	ANS: C	PTS:	1	REF:	p. 46
5.	leader. Ervin begins	to view n. The p al. ophecy.	himself as an e	ffective	comment on Ervin's excellent performance as team e leader and considers moving into a higher level Ervin developed this sense of self at work is called:
	ANS: A	PTS:	1	REF:	p. 42
6.	The views of c	omprise	the generalized	d other.	

	 a. our family of origin b. society as a whole c. our peers in school d. a person with whom we have an I-It relationship e. the persons with whom we have the closest relationships
	ANS: B PTS: 1 REF: p. 47
7.	Irene observes that on the most-recent test in her engineering class, only two students out of 60 earned higher scores than she did. She concludes that she is smarter than most of the others in class, at least in the subject of engineering. This is an example of a(n): a. reflected appraisal. b. direct definition. c. identity script. d. self-fulfilling prophecy. e. social comparison.
	ANS: E PTS: 1 REF: p. 51
8.	Jenna believes that she doesn't have an aptitude for statistics, so doesn't put much effort into her statistics class. She performs poorly in the class, supporting her initial belief. This is an example of a(n): a. reflected appraisal. b. direct definition. c. identity script. d. self-fulfilling prophecy. e. social comparison.
	ANS: D PTS: 1 REF: p. 51
9.	were the first to use the term "white" to describe a racial group in the area that is now the United States. a. Europeans when they colonized the United States b. Native Americans when they first encountered white people c. Slave owners in the eighteenth century d. Africans in the eighteenth century when they were brought to the U.S. e. Historians writing in the nineteenth century
	ANS: A PTS: 1 REF: p. 48
10.	Ego boundaries refer to: a. ways we satisfy our needs for belonging. b. where an individual stops and the rest of the world begins. c. social standpoints such as race, class, and gender. d. parenting patterns that teach us who we are and how to approach relationships. e. communication styles we use in our relationships with others.
	ANS: B PTS: 1 REF: p. 51
11.	The term, also called the looking-glass self, is based on Charles Cooley's poem. a. reflected appraisal b. direct definition c. identity script d. self-fulfilling prophecy e. social comparison

	ANS: A	PTS: 1	REF: p. 42
12.	a. make a firm comb. gain and use knoc. set goals that are	mitment to personal gowledge to support per realistic and fair at support personal characters.	sonal growth
	ANS: D	PTS: 1	REF: p. 53-58
13.	a. setting difficult gb. recognizing thatc. keeping ideas ab	the self is easy to tran out change vague and a're the best you can b	sform. abstract.
	ANS: E	PTS: 1	REF: p. 58
14.	b. is a valid meansc. is a socially cons	ed scientifically through of defining individual structed category. ces in scores on intelli	and group identities.
	ANS: C	PTS: 1	REF: p. 48
15.	a. independentb. supportivec. cooperatived. self-assertive	expected to be caring	, whereas boys and men are expected to be
	ANS: E	PTS: 1	REF: p. 48
16.	Psychologists define a. attachment styles b. identity scripts c. reflected apprais d. social compariso e. none of these	als	ng and identity.
	ANS: B	PTS: 1	REF: p. 44
17.	partners had attac a. anxious/ambivale b. fearful c. secure d. none of these e. all of these	hment styles had the rent	ouples, researchers found that couples in which both nost mutually constructive communication.
	ANS: C	PTS: 1	REF: p. 45

18.	Nikki believes that s attachment style. a. secure b. fearful c. dismissive d. anxious-ambival e. none of these		able and that p	eople a	re loving and can be trusted. Nikki has a(n)
	ANS: A	PTS:	1	REF:	p. 45
19.					nks he is doing well, but his audience can tell that he categorized into which part of the Johari window.
	ANS: B	PTS:	1	REF:	p. 54
20.	All of the following a. others may reject b. others may think c. others may viola d. others may incre e. none of these	t us less of te our co	us onfidences	ing con	nmunication except:
	ANS: D	PTS:	1	REF:	p. 54
21.	All of the following a. open b. blind c. hidden d. known e. unknown	are pane	es of Johari Wir	ndow E	XCEPT:
	ANS: D	PTS:	1	REF:	p. 54
22.	The area contar a. open b. blind c. hidden d. known e. unknown	ins infor	mation that oth	ners kno	ow about us but we don't know about ourselves.
	ANS: B	PTS:	1	REF:	p. 57
23.	a. open b. blind c. hidden d. known e. unknown				ow about us but we don't know about ourselves.
	ANS: B	PTS:	I	REF:	p. 57

24.	information is	s what we know abo	out ourselves but choose not to reveal to	most others.
	a. openb. blind			
	c. hidden			
	d. known			
	e. unknown			
	ANS: C	PTS: 1	REF: p. 57	
25.			and to others. Your name, height, major, a share easily with others.	and tastes in music
	ANS: B	PTS: 1	REF: p. 54	
26.	The area is m a. blind b. open c. hidden d. known e. unknown	ade up of information	on about ourselves that neither we nor of	thers know.
	ANS: E	PTS: 1	REF: p. 54	
27.	According to your and areas a. blind b. open c. hidden d. known e. unknown	text, the author state	es that it is important to gain access to in	formation in our blind
	ANS: E	PTS: 1	REF: p. 54	
28.	•		others may see that we are insecure even or recognize needs or feelings that we have	_
	ANS: A	PTS: 1	REF: p. 54	
29.	experiences you've	never had. You don	ed resources, your untried talents, and you't know how you will manage a crisis untou would be unless you've had a child.	

	c. hiddend. knowne. unknown			
	ANS: E	PTS: 1	REF: p. 54	
30.		relationships than peo	is tend to feel less hope, disclose less, and experience less ople with other attachment styles.	
	ANS: A	PTS: 1	REF: p. 45	
TRUE	E/FALSE			
1.	The self has mult	iple dimensions.		
	ANS: T	PTS: 1	REF: p. 40	
2.	Mothers are more	e likely than fathers to	o challenge children and encourage them to achieve more.	
	ANS: F	PTS: 1	REF: p. 43	
3.	The self is consta	nt.		
	ANS: F	PTS: 1	REF: p. 51	
4.	The attachment s	tyle an infant develop	ps can change over the course of life.	
	ANS: T	PTS: 1	REF: p. 45	
5.	Most psychologis to talk.	sts believe that the ba	sic identify scripts for our lives are formed before we even lea	ırn
	ANS: F	PTS: 1	REF: p. 41	
6.		d individuals tend to a people with other at	feel less hope, disclose less, and experience less satisfaction wattachment styles.	ith
	ANS: T	PTS: 1	REF: p. 45	
7.	Direct definitions influences on self	0 1 1	necies, attachment styles, and identity scripts are all family	
	ANS: F	PTS: 1	REF: p. 41	
8.	Teachers, peers, a	and family members	are all examples of particular others.	
	ANS: T	PTS: 1	REF: p. 40	

9.	Fathers are more likely than mothers to specialize in protecting children and emotionally reassuring them.				
	ANS: F	PTS:	1	REF:	p. 43
10.	Individualism is a ke	ey value	in Western cul	tures.	
	ANS: T	PTS:	1	REF:	p. 52
11.	"A good education is	s the key	to success" is	an exai	mple of identity scripts.
	ANS: T	PTS:	1	REF:	p. 44
12.	Mothers spend more	time tha	at fathers with	the chil	dren in caretaking activities.
	ANS: T	PTS:	1	REF:	p. 43
13.	Self-disclosure necesthat they might use i	-		uch as	the risk that others will not accept what we reveal or
	ANS: T	PTS:	1	REF:	p. 54
14.		ces by e	ntering unfami		blind and unknown areas. One way to do this is to actions, trying novel things, and experimenting with
	ANS: T	PTS:	1	REF:	p. 54
15.					s with children conclude that fathers and mothers of their children's development and self-esteem.
	ANS: T	PTS:	1	REF:	p. 43
16.	Critical whiteness so seldom are.	holars p	oint out that no	onwhite	es are often identifies by their race, but whites
	ANS: T	PTS:	1	REF:	p. 48
17.	Homophobia or fear	of homo	osexuals is part	icularly	y pronounced in the working class.
	ANS: F	PTS:	1	REF:	p. 50
18.	Today, as our society being revised yet aga		es with change	s in wo	omen, men, and families, the ideals of manhood are
	ANS: T	PTS:	1	REF:	p. 50
19.	The perspectives of	the gene	ralized other ar	re revea	aled to us in three ways.
	ANS: T	PTS:	1	REF:	p. 47
20.	A study showed that children of the differ		31/2 to 7 year	s old h	ave strong preferences for playing with other

21.	Researchers found that people who are highly anxious about attachments are less likely to have relationship problems in collectivist cultures.					
	ANS: F	PTS:	1	REF:	: p. 47	
22.	The later bonds we h secure we feel in other				comfortable we feel getting close to others and how nent to us.	
	ANS: F	PTS:	1	REF:	: p. 45	
IDEN	TIFICATION					
	Instructions: Identif	y the fo	llowing:			
1.	Identity scripts					
	ANS: Answer not provided	l.				
	PTS: 1					
2.	Ego boundaries					
	ANS: Answer not provided	l.				
	PTS: 1					
3.	Secure attachment st	yle				
	ANS: Answer not provided	l.				
	PTS: 1					
4.	Anxious/Ambivalent	attachn	nent style			
	ANS: Answer not provided	l.				
	PTS: 1					
5.	Self-fulfilling prophe	ecy				
	ANS: Answer not provided	l.				
	PTS: 1					
6.	Particular others					

REF: p. 47

ANS: F

PTS: 1

	Answer not provided.
	PTS: 1
7.	Reflected appraisal
	ANS: Answer not provided.
	PTS: 1
8.	Generalized other
	ANS: Answer not provided.
	PTS: 1
9.	self
	ANS: Answer not provided.
	PTS: 1
10.	Fearful attachment style
	ANS: Answer not provided.
	PTS: 1
11.	self disclosure
	ANS: Answer not provided.
	PTS: 1
12.	social comparison
	ANS: Answer not provided.
	PTS: 1
ESSA	Y

ES

ANS:

1. Recall the story about Ramu (the wolf boy) that was discussed in Chapter 1. Was Ramu human or not? Explain your answer in terms of George Herbert Mead's discussion of how humans develop and what it means to be a human self.

ANS:

Responses will vary. Look for students to incorporate Mead's argument that the self arises through symbolic communication with the generalized other (views of society) and particular others (e.g., close friends, family members, significant people in our lives). See p. 40-47

PTS: 1

2. Discuss the influence of Particular Others and the Generalized Other in creating individuals' senses of identity. Incorporate concrete examples into your response.

ANS:

The view of the generalized other represents the perspectives, values, and experiences of society. We learn these views of the generalized other through our interactions with particular others. Further, the views of the generalized other are reflected in various media channels and social institutions (such as the judicial system, marriage, education, etc.). Interaction with particular others shapes our self-concepts, especially through direct definitions, identity scripts, attachment styles, reflected appraisals, and through a process of social comparison. See p. 50-47

PTS: 1

3. Given what you know about the culture in which you grew up, speculate about what aspects of the generalized other would be similar if you grew up in a different culture. What aspects of the generalized other do you think would be different if you grew up in a different culture? Why? In defining the culture in which you grew up, consider the type of family, region of the country, size of community, and religious affiliation as well as the race, class, gender, and sexual preference/orientation mentioned in the text.

ANS:

Responses will vary. Look for students to be reflective about their own practices and to make explicit taken-for-granted assumptions about aspects of their culture. Refer to p. 40-47 for discussions of race, gender, sexual orientation, and social class. Also look for students to discuss the intersections of these social categories (see p. 40-47 for this discussion).

PTS: 1

4. Explain the concepts of self-sabotage.

ANS:

See p. 57 for self-sabotage. Students could also discuss self-sabotage as self-fulfilling prophecy that is in a negative loop or cycle and discuss how self-sabotage may stem from internalizing the communication of downers and vultures.

PTS: 1

5. Compare and contrast the four different styles of attachments and illustrate each style with an example. In your response, be sure to define attachment styles.

ANS:

Attachment styles are patterns of parenting that teach us who we and others are and how to approach relationships. See p. 54 for a discussion and illustration of all four. Look for students to discuss how patterns we learn early on in life affect our adult relationships.

PTS: 1

6. The author of your text states that "social perspectives on the self are constructed and variable." What does that statement mean? Give examples of how social perspectives on the self are constructed, and how those perspectives are variable.

ANS:

Student should identify three key points: constructed social views (values are arbitrary and developed to support those in power), variable social views (differences across cultures and differences across time within a culture), and changing social views (individuals and groups have altered social views). See p. 54-56.

PTS: 1

7. Compare and contrast the four different areas of the Johari window and illustrate each area with an example. In your response, be sure to define each area.

ANS:

The Johari window contains four areas: open, blind, hidden, and unknown. See p. 54 for examples of each area. Look for students to discuss the differences among the different areas.

PTS: 1

8. Discuss the role of parents in socializing children. Name three differences on how fathers and mothers differ in the way they socialize with their children.

ANS:

Fathers are more likely to challenge, tolerate risks, experiment with unfamiliar activities, focus on playing with their children, and roughhousing. Mothers specialize in protecting children, accept children at their current levels, and spend more time in caretaking activities. See "The Role of Fathers in Socializing Children" p. 43.

PTS: 1

9. Where did the concept of "white people" come from?

ANS:

See p. 48 "Construction of race".

PTS: 1

10. What is the Self?

ANS:

See p. 41 "What is the self". Cultures vary on how they view the self and even when they believe that social identity begins.

PTS: 1