

Test Bank for *Interviewing in Action in a Multicultural World*, 5th Edition

Chapter 2: The Clinical Relationship, Multicultural Practice and Ethics

Multiple Choice

1. The working alliance is:
 - A. The relationship between all the people who are helping a client
 - B. The quality and strength of the collaborative relationship between clinician and client
 - C. Always sufficient for change to take place
 - D. Based on cultural similarity between client and clinician

ANS: B

PG: 34

2. The classification of people based on geographic origin and shared physical characteristics, like hair texture and facial features, is called:
 - A. Ethnicity
 - B. Race
 - C. Identity
 - D. Discrimination

ANS: B

PG: 37

3. Which of the following is TRUE?
 - A. The research of the Human Genome Project has revealed that there are real racial differences between people.
 - B. Race is a social construct.
 - C. Minority status is privileged.
 - D. The US has always had a way of recognizing the fact that many people are multiracial.

ANS: B

PG: 37-38

4. A fixed, oversimplified image of members of a group is called:
 - A. Prejudice
 - B. Discrimination
 - C. Racism
 - D. A stereotype

ANS: D

PG: 44-45

5. Those who espouse equalitarian values, find racism offensive, and are unaware of their own unconscious, unintentional racist behaviors may be exhibiting:

- A. Institutional racism
- B. Individual racism
- C. Aversive racism
- D. Naive racism

ANS: C

PG: 46

6. When faced with an ethical dilemma, a clinician should do all of the following EXCEPT:

- A. Trust and follow his or her instinct
- B. Consult with a supervisor
- C. Involve the client in the discussion
- D. Use an ethical assessment screen

ANS: A

PG 50-51

7. Multicultural guidelines include all of the following principles EXCEPT:

- A. Clients should be matched with clinicians who share their ethnic, gender and cultural heritage.
- B. Clinicians need to be aware of their own ethnic, gender and cultural heritage.
- C. Clinicians should acquire knowledge about the cultures and customs of the clients with whom they work.
- D. Clinicians need to devise flexible strategies that are effective and congruent with their client's values.
- E. All of the above

ANS: A

PG: 47-48

8. Which of the following statements is FALSE?

- A. Informed consent involves finding a balance between telling too much and too little.
- B. Clients should be made aware of optional approaches to those being offered.
- C. Managed care companies may prohibit clinicians from sharing negative information about managed care policies including options not covered by the plan.
- D. All of the above
- E. None of the above

ANS: E

PG: 55-58

9. Which of the following statements is FALSE?

- A. One way of measuring professional competence is licensure.
- B. Clinicians should not practice outside their area of expertise.

- C. Clinicians are ethically required to enhance their learning and develop new skills throughout their careers.
- D. All of the above
- E. None of the above

ANS: E

PG: 52-54

10. Which of the following statements about multiple relationships is TRUE?
- A. Multiple relationships are never allowed.
 - B. Multiple relationships are always exploitative.
 - C. Multiple relationships refer only to sexual relationships with clients.
 - D. Multiple relationships may be unavoidable.
 - E. None of the above.

ANS: D

PG: 58-60

11. Which of the following statements is FALSE?
- A. Clinicians may break confidentiality if the client is dangerous.
 - B. Clients have the right to see their records.
 - C. All clinicians are legally protected because their conversations with clients are considered privileged communication.
 - D. All of the above
 - E. None of the above

ANS: C

PG: 60-64

Short Answer Questions

1. What is acculturation?

[Discussion in text, PG: 39]

2. Discuss the difference between prejudice and discrimination.

[Discussion in text, PG: 44-45]

3. Differentiate between individual, cultural, and institutional racism, and give a real-life example of each.

[Discussion in text, PG: 46]

4. In ethics codes, what is the difference between ethical principles and ethical standards?

[Discussion in text, PG: 49]

5. Name three ethical challenges of using the Internet to deliver services to clients.

[Discussion in text, PG: 66]