Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

Objective: CH 01 - Professional Nursing

1. Question Name: Question 0001 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse completes an admission database and explains that the plan of care and discharge goals will be developed with the patient's input. The patient asks, "How is this different from what the doctor does?" Which response would be **most** appropriate for the nurse to make?

- A. "The role of the nurse is to administer medications and other treatments prescribed by your doctor."
- * B. "In addition to caring for you while you are sick, the nurses will help you plan to maintain your health."
 - C. "The nurse's job is to help the doctor by collecting information and communicating any problems that occur."
 - D. "Nurses perform many of the same procedures as the doctor, but nurses are with the patients for a longer time than the doctor."

Correct Answer: B

Explanation/Rationale:

The American Nurses Association (ANA) definition of nursing describes the role of nurses in promoting health. The other responses describe dependent and collaborative functions of the nursing role but do not accurately describe the nurse's unique role in the health care system.

DIF: Cognitive Level: Analyze (analysis) TOP: Nursing Process: Implementation

MSC: NCLEX: Safe and Effective Care Environment

Reference/Notes:

Keywords:							
Points:	1.00		Penalty:		0.00	Score Mode:	Active
Date Created:	08/27/19 16:	:15:23	Date Modifi	ied:	08/28/19 10:06:16	Date Used:	
Difficulty:	Easy				Discrimination:	Low	
<u>Item Analysis: Last</u> <u>Item Analysis: Cumulative</u>							
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2. Question Name: Question 0002 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding

Lewiss Medical Surgical Nursing, 11E

The nurse describes to a student nurse how to use evidence-based practice (EBP) when caring for patients. Which statement by the nurse accurately describes the use of EBP?

- A. "Inferences from all published articles are used as a guide."
- B. "Patient care is based on clinical judgment, experience, and traditions."
- C. "Data are analyzed later to show that the patient outcomes are consistently met."
- * D. "Recommendations are based on research, clinical expertise, and patient preferences."

Correct Answer: D

Explanation/Rationale:

Evidence-based practice (EBP) is the use of the best research-based evidence combined with clinician expertise and consideration of patient preferences. Clinical judgment based on the nurse's clinical experience is part of EBP, but clinical decision making should also incorporate current research and research-based guidelines. Evaluation of patient outcomes is important, but data analysis is not required to use EBP. All published articles do not provide research evidence; interventions should be based on credible research, preferably randomized controlled studies with a large number of subjects.

DIF: Cognitive Level: Remember (knowledge)

TOP: Nursing Process: Planning

MSC: NCLEX: Safe and Effective Care Environment

Reference/Notes:

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3. Question Name: Question 0003 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse teaches a student nurse about how to apply the nursing process when providing patient care. Which statement by the student nurse indicates that teaching was successful?

- A. "The nursing process is a research method of diagnosing the patient's health care problems."
- B. "The nursing process is used primarily to explain nursing interventions to other health care professionals."
- * C. "The nursing process is a problem-solving tool used to identify and treat the patients' health care needs."

D. "The nursing process is based on nursing theory that incorporates the biopsychosocial nature of humans."

Correct Answer: C

Explanation/Rationale:

The nursing process is a problem-solving approach to the identification and treatment of patients' problems. Nursing process does not require research methods for diagnosis. The primary use of the nursing process is in patient care, not to establish nursing theory or explain nursing interventions to other health care professionals.

DIF: Cognitive Level: Understand (comprehension)

TOP: Nursing Process: Evaluation

MSC: NCLEX: Safe and Effective Care Environment

Reference/Notes:

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4. Question Name: Question 0004 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

A patient admitted to the hospital for surgery tells the nurse, "I do not feel comfortable leaving my children with my parents." Which action should the nurse take **next**?

- A. Reassure the patient that these feelings are common for parents.
- B. Have the patient call the children to ensure that they are doing well.
- * C. Gather information on the patient's concerns about the child care arrangements.
 - D. Call the patient's parents to determine whether adequate child care is being provided.

Correct Answer: C

Explanation/Rationale:

Because a complete assessment is necessary in order to identify a problem and choose an appropriate intervention, the nurse's first action should be to obtain more information. The other actions may be appropriate, but more assessment is needed before the best intervention can be chosen.

DIF: Cognitive Level: Analyze (analysis)

OBJ: Special Questions: Prioritization TOP: Nursing Process: Assessment MSC: NCLEX: Psychosocial Integrity

Reference/Notes:

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No. of Students Responded: 0

Correct Responses (%):

No. of Students Responded: 0

Correct Responses (%):

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Response Frequencies (%)

5. Question Name: Question 0005 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

A patient with a bacterial infection is hypovolemic due to a fever and excessive diaphoresis. Which expected outcome would the nurse recognize as appropriate for this patient?

- * A. Patient has a balanced intake and output.
 - B. Patient's bedding is kept clean and free of moisture.
 - C. Patient understands the need for increased fluid intake.
 - D. Patient's skin remains cool and dry throughout hospitalization.

Correct Answer: A

Explanation/Rationale:

Balanced intake and output gives measurable data showing resolution of the problem of deficient fluid volume. The other statements would not indicate that the problem of hypovolemia was resolved.

DIF: Cognitive Level: Apply (application)

TOP: Nursing Process: Planning

MSC: NCLEX: Physiological Integrity

Reference/Notes:

Keywords:

Points: 1.00 Penalty: 0.00 Score Mode: Active

Date Created: 08/27/19 16:15:23 Date Modified: 08/27/19 16:15:23 Date Used: Difficulty: Easy Discrimination: Low Item Analysis: Last Item Analysis: Cumulative No. of Students Responded: No. of Students Responded: 0 Correct Responses (%): Correct Responses (%):

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6. Question Name: Question 0006 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

After administering medication, the nurse asks the patient if pain was relieved. What is the purpose of the evaluation phase of the nursing process?

- A. To document the nursing care plan in the progress notes of the health record
- * B. To determine if interventions have been effective in meeting patient outcomes
 - C. To decide whether the patient's health problems have been completely resolved
 - D. To establish if the patient agrees that the nursing care provided was satisfactory

Correct Answer: B

Explanation/Rationale:

Evaluation consists of determining whether the desired patient outcomes have been met and whether the nursing interventions were appropriate. The other responses do not describe the evaluation phase.

DIF: Cognitive Level: Understand (comprehension)

TOP: Nursing Process: Evaluation

MSC: NCLEX: Safe and Effective Care Environment

Reference/Notes:

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No. of Students Responded: 0				No. of Students R	esponded:	0	
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^{7.} Question Name: Question 0007 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse interviews a patient while completing the health history and physical examination. What is the purpose of the assessment phase of the nursing process?

A. To teach interventions that relieve health problems

- B. To use patient data to evaluate patient care outcomes
- C. To help the patient identify realistic outcomes for health problems
- * D. To obtain data with which to diagnose patient strengths and problems

Correct Answer: D

Explanation/Rationale:

During the assessment phase, the nurse gathers information about the patient to diagnose patient strengths and problems. The other responses are examples of the planning, intervention, and evaluation phases of the nursing process.

DIF: Cognitive Level: Understand (comprehension)

TOP: Nursing Process: Assessment

MSC: NCLEX: Safe and Effective Care Environment

Reference/Notes:

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8. Question Name: Question 0008 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse admits a patient to the hospital and develops a plan of care. What components should the nurse include in the patient problem statement?

- A. The problem and the suggested patient goals or outcomes
- * B. The problem, its causes, and the signs and symptoms of the problem
 - C. The problem with the possible etiology and the planned interventions
 - D. The problem, the pathophysiology of the problem, and the expected outcome

Correct Answer: B

Explanation/Rationale:

When writing patient problems or nursing diagnoses, this format should be used: problem, etiology, and signs and symptoms. The subjective as well as objective data should be included. Goals, outcomes, and interventions are not included in the problem statement.

DIF: Cognitive Level: Understand (comprehension)

TOP: Nursing Process: Diagnosis

MSC: NCLEX: Safe and Effective Care Environment

Reference/Notes:

Points: 1.00 Penalty: 0.00 Score Mode: Active

08/27/19 16:15:23 09/06/19 11:19:18 Date Created: Date Modified: Date Used: Difficulty: Discrimination: Low Item Analysis: Last Item Analysis: Cumulative No. of Students Responded: 0 No. of Students Responded:

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Response Frequencies (%)

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9. Question Name: Question 0009 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

Which patient care task is appropriate for the nurse to delegate to experienced unlicensed assistive personnel (UAP)?

- A. Instruct the patient about the need to alternate activity and rest.
- B. Monitor level of shortness of breath or fatigue after ambulation.
- C. Obtain the patient's blood pressure and pulse rate after ambulation.
 - D. Determine whether the patient is ready to increase the activity level.

Correct Answer: C

Explanation/Rationale:

UAP education includes accurate vital sign measurement. Assessment and patient teaching require registered nurse education and scope of practice and cannot be delegated.

DIF: Cognitive Level: Apply (application) **OBJ: Special Questions: Delegation**

TOP: Nursing Process: Planning

MSC: NCLEX: Safe and Effective Care Environment

Reference/Notes:

Keywords:

Points: 1.00 Penalty: 0.00 Score Mode: Active Date Created: 08/27/19 16:15:23 Date Modified: 08/27/19 16:15:23 Date Used: Difficulty: Easy Discrimination: Low Item Analysis: Last Item Analysis: Cumulative No. of Students Responded: No. of Students Responded: 0 Correct Responses (%): Correct Responses (%):

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10. Question Name: Question 0010 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

A nurse is caring for a group of patients on the medical-surgical unit with the help of one float registered nurse (RN), one unlicensed assistive personnel (UAP), and one licensed practical/vocational nurse (LPN/VN). Which assignment, if delegated by the nurse, would be inappropriate?

- * A. Check for the presence of bowel sounds by UAP
 - B. Administration of oral medications by LPN/VN
 - C. Insulin administration by float RN from the pediatric unit
 - D. Measurement of a patient's urinary catheter output by UAP

Correct Answer: A

Explanation/Rationale:

Assessment requires RN education and scope of practice so it cannot be delegated to an LPN/VN or UAP. The other assignments made by the RN are appropriate for the role of the team member.

DIF: Cognitive Level: Apply (application) OBJ: Special Questions: Delegation TOP: Nursing Process: Planning

MSC: NCLEX: Safe and Effective Care Environment

Reference/Notes:

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Difficulty:	Easy				Discrimination:	Low	
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11. Question Name: Question 0011 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

Which task is appropriate for the nurse to delegate to a licensed practical/vocational nurse

(LPN/VN)?

- A. Complete the initial admission assessment and plan of care.
- B. Measure bedside blood glucose before administering insulin.
 - C. Document teaching completed before a diagnostic procedure.
 - D. Instruct a patient about low-fat, reduced sodium dietary restrictions.

Correct Answer: B

Explanation/Rationale:

The education and scope of practice of the LPN/LVN include activities such as obtaining glucose testing using a finger stick and administering insulin. Patient teaching and the initial assessment and development of the plan of care are nursing actions that require registered nurse education and scope of practice.

DIF: Cognitive Level: Apply (application) OBJ: Special Questions: Delegation

TOP: Nursing Process: Planning

MSC: NCLEX: Safe and Effective Care Environment

Reference/Notes:

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12. Question Name: Question 0012 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

A nurse is assigned as a case manager for a hospitalized patient with a spinal cord injury.

Which activity can the patient expect the nurse in this role to perform?

- A. Care for the patient during hospitalization for the injuries.
- B. Assist the patient with home care activities during recovery.
- * C. Coordinate the services the patient receives in the hospital and at home.
 - D. Determine what medical care the patient needs for optimal rehabilitation.

Correct Answer: C

Explanation/Rationale:

The role of the case manager is to coordinate the patient's care through multiple settings and levels of care to allow the maximal patient benefit at the least cost. The case manager

does not provide direct care in the acute or home setting. The case manager coordinates and advocates for care the HCP determines what medical care is needed.

DIF: Cognitive Level: Apply (application) TOP: Nursing Process: Implementation

MSC: NCLEX: Safe and Effective Care Environment

Reference/Notes:

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Cumulative:	0.00	0.00	0.00	0.00			

13. Question Name: Question 0013 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse is caring for an older adult patient who needs continued nursing care and physical therapy to improve mobility after surgery to repair a fractured hip. The nurse would help to arrange for transfer of the patient to which facility?

- A. A skilled care facility
- * B. A transitional care facility
 - C. A residential care facility
 - D. An intermediate care facility

Correct Answer: B

Explanation/Rationale:

Transitional care settings are appropriate for patients who need continued rehabilitation before discharge to home or to long-term care settings. The patient is no longer in need of the more continuous assessment and care given in acute care settings. There is no indication that the patient will need the permanent and ongoing medical and nursing services available in intermediate or skilled care. The patient is not yet independent enough to transfer to a residential care facility.

DIF: Cognitive Level: Apply (application)

TOP: Nursing Process: Planning

MSC: NCLEX: Safe and Effective Care Environment

Reference/Notes:

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Cumulative:	0.00	0.00	0.00	0.00			

14. Question Name: Question 0014 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

A home care nurse is planning care for a patient who has just been diagnosed with type 2 diabetes. Which task is appropriate for the nurse to delegate to the home health aide?

- A. Assist the patient to choose appropriate foods.
- * B. Help the patient with a daily bath and oral care.
 - C. Check the patient's feet for signs of breakdown.
 - D. Teach the patient how to monitor blood glucose.

Correct Answer: B

Explanation/Rationale:

Assisting with patient hygiene is included in home health-aide education and scope of practice. Assessment of the patient and instructing the patient in new skills, such as diet and blood glucose monitoring, are complex skills that are included in registered nurse education and scope of practice.

DIF: Cognitive Level: Apply (application)
OBJ: Special Questions: Delegation
TOP: Nursing Process: Implementation

MSC: NCLEX: Safe and Effective Care Environment

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Last: 0.00 0.00 0.00 0.00 0.00 Cumulative: 0.00 0.00 0.00 0.00

15. Question Name: Question 0015 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse is providing education to nursing staff on quality care initiatives. Which statement is an accurate description of the impact of health care financing on quality care?

- A. "If a patient develops a catheter-related infection, the hospital receives additional funding."
- * B. "Payment for patient care is primarily based on clinical outcomes and patient satisfaction."
 - C. "Hospitals are reimbursed for all costs incurred if care is documented electronically."
 - D. "Because hospitals are accountable for overall care, it is not nursing's responsibility to monitor care delivered by others."

Correct Answer: B

Explanation/Rationale:

Payment for health care services programs reimburses hospitals for their performance on overall quality-of-care measures. These measures include clinical outcomes and patient satisfaction. Nurses are responsible for coordinating complex aspects of patient care, including the care delivered by others, and identifying issues that are associated with poor quality care. Payment for care can be withheld if something happens to the patient that is considered preventable (e.g., acquiring a catheter-related urinary tract infection).

DIF: Cognitive Level: Apply (application) TOP: Nursing Process: Implementation

MSC: NCLEX: Safe and Effective Care Environment

Reference/Notes:

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Difficulty:	Easy				Discrimination:	Low	
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16. Question Name: Question 0016 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse documenting the patient's progress in the electronic health record before an interprofessional discharge conference is demonstrating competency in which QSEN

category?

- A. Patient-centered care
- B. Evidence-based practice
- C. Quality improvement
- * D. Informatics and technology

Correct Answer: D

Explanation/Rationale:

The nurse is displaying competency in the QSEN area of informatics and technology. Using a computerized information system to document patient needs and progress and communicate vital information about the patient with the interprofessional care team members provides evidence that nursing practice standards related to the nursing process have been maintained during the care of the patient.

DIF: Cognitive Level: Apply (application) TOP: Nursing Process: Implementation

MSC: NCLEX: Safe and Effective Care Environment

Reference/Notes:

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17. Question Name: Question 0017 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

Which information will the nurse consider when deciding what nursing actions to delegate to a licensed practical/vocational nurse (LPN/VN) who is working on a medical-surgical unit? (Select all that apply.)

- * A. Institutional policies
- * B. Stability of the patients
- * C. State nurse practice act
 - D. LPN/VN teaching abilities
- * E. Experience of the LPN/VN

Correct Answer: A+B+C+E

Explanation/Rationale:

The nurse should assess the experience of LPN/VNs when delegating. In addition, state nurse practice acts and institutional policies must be considered. In general, while the LPN/VN scope of practice includes caring for patients who are stable, registered nurses should provide most of the care for unstable patients. Because the LPN/VN scope of practice does not include patient education, this will not be part of the delegation process.

DIF: Cognitive Level: Apply (application)

OBJ: Special Questions: Delegation TOP: Nursing Process: Planning

MSC: NCLEX: Safe and Effective Care Environment

Reference/Notes:

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18. Question Name: Question 0018 Type: MC Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

Which actions by the nurse administering medications are consistent with promoting safe delivery of patient care? (Select all that apply)

- * A. Discards a medication that unlabeled.
- * B. Uses a hand sanitizer before preparing a medication.
 - C. Identifies the patient by the room number on the door.
- * D. Checks laboratory test results before administering a diuretic.
- * E. Gives the patient a list of current medications upon discharge.

Correct Answer: A+B+D+E

Explanation/Rationale:

National Patient Safety Goals have been established to promote safe delivery of care. The nurse should use at least 2 reliable ways to identify the patient such as asking the patient's full name and date of birth before medication administration. Other actions that improve patient safety include performing hand hygiene, disposing of unlabeled medications, completing appropriate assessments before administering medications, and giving a list of the current medicines to the patient and caregiver before discharge.

DIF: Cognitive Level: Apply (application) TOP: Nursing Process: Implementation

MSC: NCLEX: Safe and Effective Care Environment

Reference/Notes:

Keywords:

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19. Question Name: Question 0019 Type: EP Objective: CH 01 - Professional Nursing Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse uses the Situation-Background-Assessment-Recommendation (SBAR) format to communicate a change in patient status to a health care provider. In which order should the nurse make the following statements? (Put a comma and a space between each answer *choice* [A, B, C, D].)

- a. "The patient needs to be evaluated immediately and may need intubation and mechanical ventilation."
- b. "The patient was admitted yesterday with heart failure and has been receiving furosemide (Lasix) for diuresis, but urine output has been low."
- c. "The patient has crackles audible throughout the posterior chest, and the most recent oxygen saturation is 89%. Her condition is very unstable."
- d. "This is the nurse on the surgical unit. After assessing the patient, I am very concerned about increased shortness of breath over the past hour."

Explanation/Rationale:

D, B, C, A

The order of the nurse's statements follows the SBAR format.

DIF: Cognitive Level: Apply (application) OBJ: Special Questions: Prioritization **TOP:** Nursing Process: Implementation

MSC: NCLEX: Safe and Effective Care Environment

Reference/Notes:

Keywords:

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Date Created: 08/27/19 16:55:53 Date Modified: 08/28/19 09:45:57 Date Used:

Item Bank: Harding Lewiss Medical Surgical Nursing, 11E **Objective:** CH 02 - Health Equity and Culturally Competent Car

The nurse is obtaining a health history from a new patient. Which data will be the focus of patient teaching?

- A. Family history
- B. Age and genders
- * C. Dietary fat intake
 - D. Race and ethnicity

Correct Answer: C

Explanation/Rationale:

Behaviors are strongly linked to many health care problems. The patient's fat intake is a behavior that the patient can change. The other information will be useful as the nurse develops an individualized plan for improving the patient's health but will not be the focus of patient teaching.

DIF: Cognitive Level: Apply (application)

TOP: Nursing Process: Planning

MSC: NCLEX: Health Promotion and Maintenance

Reference/Notes:

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2. Question Name: Question 0002 Type: MC Objective: CH 02 - Health Equity and Culturally Competent Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse works in a clinic located in a community where many of the residents are Hispanic. Which strategy, if implemented by the nurse, would decrease health care disparities and promote health equity for this community?

- A. Improve public transportation to the clinic.
- B. Update equipment and supplies at the clinic.

^{1.} Question Name: Question 0001 Type: MC Objective: CH 02 - Health Equity and Culturally Competent Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

- C. Teach clinic staff about cultural health beliefs.
 - D. Obtain low-cost medications for clinic patients.

Correct Answer: C

Explanation/Rationale:

Health care disparities are caused by stereotyping, biases, and prejudice of health care providers. The nurse can decrease these through staff education. The other strategies may also be addressed by the nurse but will not directly impact health disparities.

DIF: Cognitive Level: Apply (application)

TOP: Nursing Process: Planning

MSC: NCLEX: Health Promotion and Maintenance

Reference/Notes:

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3. Question Name: Question 0003 Type: MC Objective: CH 02 - Health Equity and Culturally Competent Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

What information should the nurse collect when assessing the health status of a community?

- A. Air pollution levels
- B. Number of healthy food stores
- C. Most common causes of death
 - D. Education level of the individuals

Correct Answer: C

Explanation/Rationale:

Health status measures of a community include birth and death rates, life expectancy, access to care, and morbidity and mortality rates related to disease and injury. Although air pollution, access to health food stores, and education level are factors that affect a community's health status, they are not health measures.

DIF: Cognitive Level: Understand (comprehension)

TOP: Nursing Process: Assessment

MSC: NCLEX: Health Promotion and Maintenance

Reference/Notes:

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4. Question Name: Question 0004 Type: MC Objective: CH 02 - Health Equity and Culturally Competent Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse is caring for a patient who has traditional Native American beliefs about health and illness. Which action by the nurse is **most** appropriate?

- A. Avoid asking questions unless the patient initiates the conversation.
- B. Ask the patient whether it is important that cultural healers are contacted.
 - C. Explain the usual hospital routines for meal times, care, and family visits.
 - D. Obtain information about the patient's cultural beliefs from a family member.

Correct Answer: B

Explanation/Rationale:

Because the patient has traditional health care beliefs, it is appropriate for the nurse to ask whether the patient would like a visit by a shaman or other cultural healer. There is no cultural reason for the nurse to avoid asking the patient questions because these questions are necessary to obtain health information. The patient (rather than the family) should be consulted first about personal cultural beliefs. The hospital routines for meals, care, and visits should be adapted to the patient's preferences rather than expecting the patient to adapt to the hospital schedule.

DIF: Cognitive Level: Apply (application) TOP: Nursing Process: Implementation MSC: NCLEX: Psychosocial Integrity

Reference/Notes:

Keywords:

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5. Question Name: Question 0005 Type: MC Objective: CH 02 - Health Equity and Culturally Competent Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse is caring for an Asian patient who is being admitted to the hospital. Which action would be **most** appropriate for the nurse to take when interviewing this patient?

- A. Avoid eye contact with the patient.
- * B. Observe the patient's use of eye contact.
 - C. Look directly at the patient when interacting.
 - D. Ask a family member about the patient's cultural beliefs.

Correct Answer: B

Explanation/Rationale:

Observation of the patient's use of eye contact will be most useful in determining the best way to communicate effectively with the patient. Looking directly at the patient or avoiding eye contact may be appropriate, depending on the patient's individual cultural beliefs. The nurse should assess the patient, rather than asking family members about the patient's beliefs.

DIF: Cognitive Level: Apply (application) TOP: Nursing Process: Implementation MSC: NCLEX: Psychosocial Integrity

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6. Question Name: Question 0006 Type: MC Objective: CH 02 - Health Equity and Culturally Competent Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

A female staff nurse is assessing a male patient of Arab descent who is admitted with complaints of severe headaches. It is important for the charge nurse to intervene if the nurse takes which action?

- A. The nurse explains the 0 to 10 intensity pain scale.
- B. The nurse asks the patient when the headaches started.
- ^k C. The nurse approaches the bedside and closes the privacy curtain.
 - D. The nurse calls for a male nurse to bring a hospital gown to the room.

Correct Answer: C

Explanation/Rationale:

Many men of Arab ethnicity do not believe it is appropriate to be alone with any female except for their spouse. The other actions are appropriate.

DIF: Cognitive Level: Apply (application) TOP: Nursing Process: Implementation MSC: NCLEX: Psychosocial Integrity

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7. Question Name: Question 0007 Type: MC Objective: CH 02 - Health Equity and Culturally Competent Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse is caring for a patient who speaks a different language. If an interpreter is not available, which action by the nurse is appropriate?

- A. Talk slowly so that each word is clearly heard.
- * B. Use gestures or pictures to demonstrate meaning.
 - C. Speak loudly in close proximity to the patient's ears.
 - D. Repeat important words so that the patient recognizes their significance.

Correct Answer: B

Explanation/Rationale:

The use of gestures or pictures will enable some information to be communicated to the patient. The other actions will not improve communication with the patient.

DIF: Cognitive Level: Understand (comprehension)

TOP: Nursing Process: Implementation MSC: NCLEX: Psychosocial Integrity

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8. Question Name: Question 0008 Type: MC Objective: CH 02 - Health Equity and Culturally Competent Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

Which action should the nurse include in the plan of care for a hospitalized patient who uses culturally based treatments?

- A. Encourage the use of additional diagnostic procedures.
- B. Teach the patient that folk remedies will interfere with prescribed orders.
- C. Ask the patient to discontinue the cultural treatments during hospitalization.
- * D. Coordinate the use of requested treatments with prescribed medical therapies.

Correct Answer: D

Explanation/Rationale:

Many culturally based therapies can be accommodated along with the use of Western treatments and medications. The nurse should attempt to use both traditional folk treatments and the ordered Western therapies when possible. Some culturally based treatments can be effective in treating "Western" diseases. Not all folk remedies interfere with Western therapies. It may be appropriate for the patient to continue some culturally based treatments while he or she is hospitalized.

DIF: Cognitive Level: Apply (application)

TOP: Nursing Process: Planning MSC: NCLEX: Psychosocial Integrity

Reference/Notes:

Keywords:

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9. Question Name: Question 0009 Type: MC Objective: CH 02 - Health Equity and Culturally Competent Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse is caring for a newly admitted patient. Which intervention is considered appropriate across most cultures??

- A. Insist family members provide most of the patient's personal care.
- B. Maintain a personal space of at least 2 ft when assessing the patient.
- * C. Ask permission before touching a patient during the physical assessment.
 - D. Consider the patient's ethnicity as the most important factor in planning care.

Correct Answer: C

Explanation/Rationale:

Many cultures consider it disrespectful to touch a patient without asking permission, so asking a patient for permission is always culturally appropriate. The other actions may be appropriate for some patients but are not appropriate across all cultural groups or for all individual patients. Ethnicity may not be the most important factor in planning care, especially if the patient has urgent physiologic problems.

DIF: Cognitive Level: Understand (comprehension)

TOP: Nursing Process: Implementation MSC: NCLEX: Psychosocial Integrity

Reference/Notes:

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10. Question Name: Question 0010 Type: MC Objective: CH 02 - Health Equity and Culturally Competent Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

A staff nurse expresses frustration that a Native American patient always has several family members at the bedside. Which action by the charge nurse is appropriate?

- A. Request that family members leave until a different nurse can be assigned.
- * B. Ask about the nurse's beliefs regarding family support during hospitalization.
 - C. Have the nurse explain to the family that too many visitors will tire the patient.
 - D. Suggest that the nurse ask family members to leave the room during patient care.

Correct Answer: B

Explanation/Rationale:

The first step in providing culturally competent care is to understand one's own beliefs and values related to health and health care. Asking the nurse about personal beliefs will help achieve this step. Asking family members to leave the room or explaining that too many visitors will tire the patient are not culturally appropriate for this patient.

DIF: Cognitive Level: Apply (application) TOP: Nursing Process: Implementation MSC: NCLEX: Psychosocial Integrity

Reference/Notes:

Keywords:							
Points:	1.00		Penalty:		0.00	Score Mode:	Active
Date Created:	08/27/19 16	:00:44	Date Modif	fied:	08/27/19 16:00:44	Date Used:	
Difficulty:	Easy				Discrimination:	Low	
Item Analysis: 1	<u>Last</u>				Item Analysis: Cum	<u>ulative</u>	
No. of Students Responded: 0				No. of Students Responded:		0	
Correct Respo	onses (%):				Correct Response	s (%):	
Total Grou	p:	0.00)		Total Group:		0.00
Upper 27%	Upper 27% of Group: 0.00		1		Upper 27% of Group:		0.00
Lower 27%	of Group:	0.00	1		Lower 27% of C	Group:	0.00
Point Biserial	:	0.00)		Point Biserial:		0.00
Response Frequ	encies (%)						
	<u>A</u>	<u>B</u>	<u>C</u>	$\underline{\mathbf{D}}$			
Last:	0.00	0.00	0.00	0.00			
Cumulative:	0.00	0.00	0.00	0.00			

11. Question Name: Question 0011 Type: MC Objective: CH 02 - Health Equity and Culturally Competent Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

An older Asian American patient tells the nurse that she has lived in the United States for 50 years. The patient speaks English and lives in a predominantly Asian neighborhood.

Which initial action by the nurse is appropriate?

- A. Include a shaman when planning the patient's care.
- B. Avoid direct eye contact with the patient during care.
- * C. Ask the patient about any special cultural beliefs or practices.
 - D. Involve the patient's oldest son to assist with health care decisions.

Correct Answer: C

Explanation/Rationale:

Further assessment of the patient's health care preferences is needed before making

further plans for culturally appropriate care. The other responses indicate stereotyping of the patient based on ethnicity and would not be appropriate initial actions.

DIF: Cognitive Level: Apply (application)

TOP: Nursing Process: Planning MSC: NCLEX: Psychosocial Integrity

Reference/Notes:

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itej words.							
Points:	1.00		Penalty:		0.00	Score Mode	Active
Date Created:	08/27/19 16	:00:44	Date Modifi	ied:	08/27/19 17:13:54	Date Used:	
Difficulty:	Easy				Discrimination:	Low	
Item Analysis:	Last				Item Analysis: Cum	<u>ulative</u>	
No. of Studen	nts Responded	d: 0			No. of Students R	esponded:	0
Correct Resp	onses (%):				Correct Response	s (%):	
Total Grou	ıp:	0.00			Total Group:		0.00
Upper 27%	of Group:	0.00			Upper 27% of C	Group:	0.00
Lower 27%	% of Group:	0.00			Lower 27% of C	Group:	0.00
Point Biseria	1:	0.00			Point Biserial:		0.00
Response Frequ	uencies (%)						
	<u>A</u>	$\underline{\mathbf{B}}$	<u>C</u>	$\underline{\mathbf{D}}$			
Last:	0.00	0.00	0.00	0.00			
Cumulative:	0.00	0.00	0.00	0.00			

12. Question Name: Question 0012 Type: MC Objective: CH 02 - Health Equity and Culturally Competent Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse plans health care for a community with a large number of recent immigrants from Vietnam. Which intervention is the **most** important for the nurse to implement?

- A. Hepatitis testing
- * B. Tuberculosis screening
 - C. Contraceptive teaching
 - D. Colonoscopy information

Correct Answer: B

Explanation/Rationale:

Tuberculosis (TB) is endemic in many parts of Asia, and the incidence of TB is much higher in immigrants from Vietnam than in the general U.S. population. Teaching about contraceptive use, colonoscopy, and testing for hepatitis may also be appropriate for some patients but is not generally indicated for all members of this community.

DIF: Cognitive Level: Analyze (analysis)

TOP: Nursing Process: Planning

MSC: NCLEX: Physiological Integrity

Reference/Notes:

Keywords:

Points: 1.00 Penalty: 0.00 Score Mode: Active

Date Created: 08/27/19 16:00:44 Date Modified: 08/27/19 17:14:02 Date Used: Difficulty: Easy Discrimination: Low Item Analysis: Last Item Analysis: Cumulative

No. of Students	Responded	d: 0			No. of Students Responded:	0
Correct Respon	ses (%):				Correct Responses (%):	
Total Group:		0.00			Total Group:	0.00
Upper 27% o	f Group:	0.00			Upper 27% of Group:	0.00
Lower 27% c	of Group:	0.00			Lower 27% of Group:	0.00
Point Biserial:		0.00			Point Biserial:	0.00
Response Frequer	ncies (%)					
	<u>A</u>	<u>B</u>	<u>C</u>	$\underline{\mathbf{D}}$		
Last:	0.00	0.00	0.00	0.00		
Cumulative:	0.00	0.00	0.00	0.00		

13. Question Name: Question 0013 Type: MC Objective: CH 02 - Health Equity and Culturally Competent Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

During an admission assessment, the nurse notices that the patient pauses before answering questions about the health history. Which action by the nurse is appropriate?

- * A. Wait for the patient to answer the questions.
 - B. Give the patient an assessment form and a pen.
 - C. Interview a family member instead of the patient.
 - D. Remind the patient that other patients also need care.

Correct Answer: A

Explanation/Rationale:

Patients from some cultures take time to consider a question carefully before answering. The nurse will show respect for the patient and help develop a trusting relationship by allowing the patient time to give a thoughtful answer. Interviewing family members, shaming the patient by referring to the needs of other patients or handing the patient a form indicate that the nurse does not have time for the patient.

DIF: Cognitive Level: Apply (application) TOP: Nursing Process: Assessment MSC: NCLEX: Psychosocial Integrity

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Reference/Notes:

Last: Cumulative:

Keywords:					
Points:	1.00	Penalty:	0.00	Score Mode	: Active
Date Created:	08/27/19 16:00:44	Date Modified:	08/27/19 16:00:44	Date Used:	
Difficulty:	Easy		Discrimination:	Low	
Item Analysis:	<u>Last</u>		Item Analysis: Cum	<u>ulative</u>	
No. of Studen	nts Responded: 0		No. of Students R	Responded:	0
Correct Resp	onses (%):		Correct Response	es (%):	
Total Grou	p: 0.	00	Total Group:		0.00
Upper 27%	of Group: 0.	00	Upper 27% of 0	Group:	0.00
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Response Frequ	iencies (%)				

14. Question Name: Question 0014 Type: MC Objective: CH 02 - Health Equity and Culturally Competent

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Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

Which strategy should the nurse **prioritize** when planning care for a patient with diabetes who is uninsured?

- A. Obtain less expensive medications.
- B. Follow evidence-based practice guidelines.
 - C. Assist with dietary changes as the first action.
 - D. Teach about the impact of exercise on diabetes.

Correct Answer: B

Explanation/Rationale:

The use of standardized evidence-based guidelines will reduce the incidence of health care disparities among various socioeconomic groups. The other strategies may also be appropriate, but the priority concern should be that the patient receives care that meets the accepted standard.

DIF: Cognitive Level: Analyze (analysis) OBJ: Special Questions: Prioritization TOP: Nursing Process: Planning

MSC: NCLEX: Health Promotion and Maintenance

Reference/Notes:

Keywords:							
Points:	1.00		Penalty:		0.00	Score Mode:	Active
Date Created:	08/27/19 16	:00:44	Date Modifi	ied:	08/27/19 17:14:15	Date Used:	
Difficulty:	Easy				Discrimination:	Low	
Item Analysis: 1	<u>Last</u>				Item Analysis: Cum	<u>ulative</u>	
No. of Studer	nts Responded	d: 0			No. of Students R	esponded:	0
Correct Respo	onses (%):				Correct Response	s (%):	
Total Grou	p:	0.00			Total Group:		0.00
Upper 27%	of Group:	0.00			Upper 27% of C	Group:	0.00
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Point Biserial	:	0.00			Point Biserial:		0.00
Response Frequ	encies (%)						
	<u>A</u>	<u>B</u>	<u>C</u>	$\underline{\mathbf{D}}$			
Last:	0.00	0.00	0.00	0.00			
Cumulative:	0.00	0.00	0.00	0.00			

15. Question Name: Question 0015 Type: MC Objective: CH 02 - Health Equity and Culturally Competent Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

A Hispanic patient reports abdominal cramping caused by *empacho*. Which action should the nurse take **first**?

- * A. Ask the patient what treatments are likely to help.
 - B. Massage the patient's abdomen until the pain is gone.
 - C. Offer to contact a curandero(a) to make a visit to the patient.
 - D. Administer prescribed medications to decrease the cramping.

Correct Answer: A

Explanation/Rationale:

Further assessment of the patient's cultural beliefs is appropriate before implementing any interventions for a culture-bound syndrome such as *empacho*. Although medication, a visit by a *curandero(a)*, or massage may be helpful, more information about the patient's beliefs is needed to determine which intervention(s) will be most helpful.

DIF: Cognitive Level: Apply (application)
OBJ: Special Questions: Prioritization
TOP: Nursing Process: Assessment
MSC: NCLEX: Psychosocial Integrity

Reference/Notes:

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Points:	1.00		Penalty:		0.00	Score Mode:	Active
Date Created:	08/27/19 16	:00:44	Date Modif	ied:	08/27/19 17:14:57	Date Used:	
Difficulty:	Easy				Discrimination:	Low	
Item Analysis: 1	<u>Last</u>				Item Analysis: Cum	<u>ulative</u>	
No. of Studer	nts Responde	d: 0			No. of Students R	esponded:	0
Correct Resp	onses (%):				Correct Response	s (%):	
Total Grou	p:	0.00)		Total Group:		0.00
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Lower 27%	of Group:	0.00)		Lower 27% of C	Group:	0.00
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Response Frequ	iencies (%)						
	<u>A</u>	<u>B</u>	<u>C</u>	$\underline{\mathbf{D}}$			
Last:	0.00	0.00	0.00	0.00			
Cumulative:	0.00	0.00	0.00	0.00			

16. Question Name: Question 0016 Type: MC Objective: CH 02 - Health Equity and Culturally Competent Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse performs a cultural assessment with a patient from a different culture. Which action should the nurse take **first**?

- A. Request an interpreter before interviewing the patient.
- B. Wait until a family member is available to help with the assessment.
- * C. Ask the patient about any affiliation with a particular cultural group.
 - D. Tell the patient what the nurse already knows about the patient's culture.

Correct Answer: C

Explanation/Rationale:

An early step in performing a cultural assessment is to determine whether the patient feels an affiliation with any cultural group. The other actions may be appropriate if the patient does identify with a particular culture or speak another language.

DIF: Cognitive Level: Apply (application)
OBJ: Special Questions: Prioritization
TOP: Nursing Process: Assessment
MSC: NCLEX: Psychosocial Integrity

Reference/Notes:

Keywords:

Points:	1.00		Penalty:		0.00	Score Mode	Active
Date Created:	08/27/19 16	:00:44	Date Modifi	ĭed:	08/27/19 17:15:14	Date Used:	
Difficulty:	Easy				Discrimination:	Low	
Item Analysis:	Last				Item Analysis: Cum	ulative	
No. of Studer	nts Responde	d: 0			No. of Students R	esponded:	0
Correct Resp	onses (%):				Correct Response	s (%):	
Total Grou	p:	0.00			Total Group:		0.00
Upper 27%	of Group:	0.00			Upper 27% of C	Group:	0.00
Lower 27%	6 of Group:	0.00			Lower 27% of	Group:	0.00
Point Biseria	l:	0.00			Point Biserial:		0.00
Response Frequ	iencies (%)						
	<u>A</u>	<u>B</u>	<u>C</u>	$\underline{\mathbf{D}}$			
Last:	0.00	0.00	0.00	0.00			
Cumulative:	0.00	0.00	0.00	0.00			

17. Question Name: Question 0017 Type: MC Objective: CH 02 - Health Equity and Culturally Competent Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse working in a clinic in a primarily black community notes a higher incidence of uncontrolled hypertension in the patients. To address this health disparity and promote health equity, which action should the nurse take **first**?

- A. Initiate a regular home-visit program by nurses working at the clinic.
- B. Schedule teaching sessions about low-salt diets at community events.
- * C. Assess the perceptions of community members about the care at the clinic.
 - D. Obtain low-cost antihypertensive drugs using funding from government grants.

Correct Answer: C

Explanation/Rationale:

Before other actions are taken, additional assessment data are needed to determine the reason for the disparity. The other actions also may be appropriate, but additional assessment is needed before the next action is selected.

DIF: Cognitive Level: Apply (application) OBJ: Special Questions: Prioritization TOP: Nursing Process: Assessment

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MSC: NCLEX: Health Promotion and Maintenance

Reference/Notes:

Last:

Keywords:							
Points:	1.00		Penalty:		0.00	Score Mode	Active
Date Created:	08/27/19 16	:00:44	Date Mo	odified:	08/27/19 17:15:26	Date Used:	
Difficulty:	Easy				Discrimination:	Low	
Item Analysis: 1	<u>Last</u>				Item Analysis: Cum	<u>ulative</u>	
No. of Studer	its Responded	1: 0			No. of Students R	esponded:	0
Correct Respo	onses (%):				Correct Response	s (%):	
Total Grou	p:	0.0	00		Total Group:		0.00
Upper 27%	of Group:	0.0	00		Upper 27% of 0	Group:	0.00
Lower 27%	of Group:	0.0	00		Lower 27% of	Group:	0.00
Point Biserial	:	0.0	00		Point Biserial:		0.00
Response Frequ	encies (%)						
	<u>A</u>	<u>B</u>	<u>C</u>	$\underline{\mathbf{D}}$			

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Cumulative: 0.00 0.00 0.00 0.00

18. Question Name: Question 0018 Type: MC Objective: CH 02 - Health Equity and Culturally Competent Car Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse is performing an admission assessment for a patient from China who does not speak English. Which actions could the nurse take to enhance communication? (*Select all that apply*.)

- A. Ask the patient's young child to interpret.
- * B. Use a telephone-based medical interpreter.
- * C. Wait until an agency interpreter is available.
 - D. Use exaggerated gestures to convey information.
- * E. Use an electronic translation software application.

Correct Answer: B+C+E

Explanation/Rationale:

Electronic translation applications, telephone-based interpreters, and agency interpreters are all appropriate to use to communicate with non–English-speaking patients. When no interpreter is available, family members may be considered, but some information that will be needed in an admission assessment may be misunderstood or not shared if a child is used as the interpreter. Gestures are appropriate to use, but exaggeration of the gestures is not needed.

DIF: Cognitive Level: Apply (application)

TOP: Nursing Process: Assessment MSC: NCLEX: Psychosocial Integrity

Reference/Notes:

Difficulty:

Keywords:		
Points:	1.00	Penal
Date Created:	08/27/19 16:00:44	Date

Easy

Penalty: 0.00 Score Mode: Active
Date Modified: 08/27/19 17:18:23 Date Used:
Discrimination: Low
Item Analysis: Cumulative

Item Analysis: LastItem Analysis: CumulativeNo. of Students Responded:0No. of Students Responded:0Correct Responses (%):Correct Responses (%):

Total Group: 0.00 Total Group: 0.00 Upper 27% of Group: 0.00 Upper 27% of Group: 0.00 Lower 27% of Group: 0.00 Lower 27% of Group: 0.00 0.00 Point Biserial: Point Biserial: 0.00

Response Frequencies (%)

<u>B</u> <u>C</u> $\overline{\mathbf{D}}$ E <u>A</u> 0.00 0.00 0.00 0.00 0.00 Last: Cumulative: 0.00 0.00 0.00 0.00 0.00

Item Bank: Harding Lewiss Medical Surgical Nursing, 11E **Objective:** CH 03 - Health History and Physical Examination

1. Question Name: Question 0001 Type: MC Objective: CH 03 - Health History and Physical Examination

Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

A patient who is actively bleeding is admitted to the emergency department. Which approach should the nurse use to obtain an accurate health history?

- * A. Briefly interview the patient while obtaining vital signs.
 - B. Obtain subjective data about the patient from family members.
 - C. Omit subjective data collection and obtain the physical examination.
 - D. Use the health care provider's medical history to obtain subjective data.

Correct Answer: A

Explanation/Rationale:

In an emergency situation, the nurse may need to ask only the most pertinent questions for a specific problem and obtain more information later. A complete health history will include subjective information that is not available in the health care provider's medical history. Family members may be able to provide some data, but only the patient will be able to give subjective information about the bleeding. Because the subjective data about the cause of the patient's bleeding will be essential, obtaining the physical examination alone will not provide sufficient information.

DIF: Cognitive Level: Apply (application)

TOP: Nursing Process: Assessment

MSC: NCLEX: Health Promotion and Maintenance

Reference/Notes:

Keywords:							
Points:	1.00		Penalty:		0.00	Score Mode:	Active
Date Created:	08/27/19 16	:19:10	Date Modif	fied:	08/27/19 16:19:10	Date Used:	
Difficulty:	Easy				Discrimination:	Low	
Item Analysis:	<u>Last</u>				Item Analysis: Cum	<u>ulative</u>	
No. of Studen	nts Responded	1: 0			No. of Students R	esponded:	0
Correct Resp	onses (%):				Correct Responses	s (%):	
Total Grou	p:	0.00)		Total Group:		0.00
Upper 27%	of Group:	0.00)		Upper 27% of C	Group:	0.00
Lower 27%	6 of Group:	0.00)		Lower 27% of C	Group:	0.00
Point Biseria	l:	0.00)		Point Biserial:		0.00
Response Frequ	iencies (%)						
	<u>A</u>	<u>B</u>	<u>C</u>	$\underline{\mathbf{D}}$			
Last:	0.00	0.00	0.00	0.00			
Cumulative:	0.00	0.00	0.00	0.00			

2. Question Name: Question 0002 Type: MC Objective: CH 03 - Health History and Physical Examination Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

Immediate surgery is planned for a patient with acute abdominal pain. Which question by the nurse will elicit direct information about the patient's coping–stress tolerance pattern?

- A. "Can you rate your pain on a 0 to 10 scale?"
- B. "What do you think caused this abdominal pain?"
- * C. "Are there other problems or concerns right now?"
 - D. "How do you feel about yourself and being hospitalized?"

Correct Answer: C

Explanation/Rationale:

The coping—stress tolerance pattern includes information about other major stressors confronting the patient. The health perception—health management pattern includes information about the patient's ideas about risk factors. Feelings about self and the hospitalization are assessed in the self-perception—self-concept pattern. Intensity of pain is part of the cognitive—perceptual pattern.

DIF: Cognitive Level: Apply (application)

TOP: Nursing Process: Assessment MSC: NCLEX: Psychosocial Integrity

Reference/Notes:

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Difficulty:	Easy				Discrimination:	Low	
Item Analysis:	<u>Last</u>				Item Analysis: Cum	<u>ulative</u>	
No. of Studer	nts Responded	1: 0			No. of Students R	esponded:	0
Correct Resp	onses (%):				Correct Response	s (%):	
Total Group: 0		0.00			Total Group:		0.00
Upper 27%	of Group:	0.00			Upper 27% of C	Group:	0.00
Lower 27%	6 of Group:	0.00			Lower 27% of C	Group:	0.00
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Response Frequ	iencies (%)						
	<u>A</u>	$\underline{\mathbf{B}}$	<u>C</u>	$\underline{\mathbf{D}}$			
Last:	0.00	0.00	0.00	0.00			
Cumulative:	0.00	0.00	0.00	0.00			

3. Question Name: Question 0003 Type: MC Objective: CH 03 - Health History and Physical Examination Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

During the health history interview, a patient tells the nurse about periodic fainting spells. Which question should the nurse ask to elicit any associated clinical manifestations?

- A. "How frequently do you have the fainting spells?"
- B. "Do the spells occur at any particular time of day?"
- C. "Where are you when you have the fainting spells?"
- * D. "Do you have other symptoms along with the spells?"

Correct Answer: D

Explanation/Rationale:

Asking about other associated symptoms will provide the nurse more information about all the clinical manifestations related to the fainting spells. Information about the setting is obtained by asking where the patient was and what the patient was doing when the symptom occurred. The other questions from the nurse are appropriate for obtaining information about chronology and frequency.

DIF: Cognitive Level: Apply (application)

TOP: Nursing Process: Assessment

MSC: NCLEX: Health Promotion and Maintenance

Reference/Notes:

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Date Created:	08/27/19 16:19:10	Date Modified:	08/27/19 16:19:10	Date Used:	
Difficulty:	Easy		Discrimination:	Low	
Item Analysis:	<u>Last</u>		Item Analysis: Cum	ulative	
No. of Studen	nts Responded: 0		No. of Students R	lesponded:	0
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Score Mode: Active

Penalty:

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Response Frequencies (%)

	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>
Last:	0.00	0.00	0.00	0.00
Cumulative:	0.00	0.00	0.00	0.00

4. Question Name: Question 0004 Type: MC Objective: CH 03 - Health History and Physical Examination Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse records the following general survey: "The patient is a 50-year-old Asian female accompanied by her husband and two daughters. Alert and oriented. Does not make eye contact with the nurse and responds slowly, but appropriately, to questions. No apparent disabilities or distinguishing features." What additional information should the nurse add to this general survey?

- * A. Nutritional status
 - B. Intake and output
 - C. Reasons for contact with the health care system
 - D. Comments of family members about the condition

Correct Answer: A

Explanation/Rationale:

The general survey also describes the patient's general nutritional status. The other information will be obtained when doing the complete nursing history and examination but is not obtained through the initial scanning of a patient.

DIF: Cognitive Level: Understand (comprehension)

TOP: Nursing Process: Assessment

MSC: NCLEX: Health Promotion and Maintenance

Reference/Notes:

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Points:	1.00	Penalty:	0.00	Score Mode:	Active
Date Created:	08/27/19 16:19:1	0 Date Modified:	08/27/19 16:19:10	Date Used:	
Difficulty:	Easy		Discrimination:	Low	
Item Analysis:	<u>Last</u>		Item Analysis: Cum	<u>ulative</u>	
No. of Studen	nts Responded:	0	No. of Students R	Responded:	0
Correct Resp	onses (%):		Correct Response	es (%):	
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Upper 27%	of Group:	0.00	Upper 27% of 0	Group:	0.00

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Response Freque	ncies (%)					
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Last:	0.00	0.00	0.00	0.00		
Cumulative:	0.00	0.00	0.00	0.00		

5. Question Name: Question 0005 Type: MC Objective: CH 03 - Health History and Physical Examination Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

A nurse performs a health history and physical examination with a patient who has a right leg fracture. Which assessment would be a pertinent negative finding?

- A. Patient has several bruised and swollen areas on the right leg.
- B. Patient states that there have been no other recent health problems.
- C. Patient refuses to bend the right knee because of the associated pain.
- * D. Patient denies having pain when the area over the fracture is palpated.

Correct Answer: D

Explanation/Rationale:

The nurse expects that a patient with a leg fracture will have pain over the fractured area. The bruising and swelling and pain with bending are positive findings. Having no other recent health problems is neither a positive nor a negative finding with regard to a leg fracture.

DIF: Cognitive Level: Apply (application)

TOP: Nursing Process: Assessment

MSC: NCLEX: Health Promotion and Maintenance

Reference/Notes:

Keywords:							
Points:	1.00]	Penalty:		0.00	Score Mode:	Active
Date Created:	08/27/19 16	:19:10	Date Modif	ied:	08/27/19 16:19:10	Date Used:	
Difficulty:	Easy				Discrimination:	Low	
Item Analysis:	<u>Last</u>				Item Analysis: Cum	<u>ulative</u>	
No. of Studen	nts Responde	d: 0			No. of Students R	esponded:	0
Correct Resp	onses (%):				Correct Response	s (%):	
Total Grou	p:	0.00			Total Group:		0.00
Upper 27%	of Group:	0.00			Upper 27% of C	Group:	0.00
Lower 27%	6 of Group:	0.00			Lower 27% of C	Group:	0.00
Point Biseria	l:	0.00			Point Biserial:		0.00
Response Frequ	iencies (%)						
	<u>A</u>	<u>B</u>	<u>C</u>	$\underline{\mathbf{D}}$			
Last:	0.00	0.00	0.00	0.00			
Cumulative:	0.00	0.00	0.00	0.00			

6. Question Name: Question 0006 Type: MC Objective: CH 03 - Health History and Physical Examination Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse asks an older adult patient with rectal bleeding, "Have you ever had a colonoscopy?" The nurse is performing what type of assessment?

* A. Focused assessment

- B. Emergency assessment
- C. Detailed health assessment
- D. Comprehensive assessment

Correct Answer: A

Explanation/Rationale:

A focused assessment is an abbreviated assessment used to evaluate the status of previously identified problems and monitor for signs of new problems. It can be done when a specific problem is identified. An emergency assessment is done when the nurse needs to obtain information about life-threatening problems quickly while simultaneously taking action to maintain vital function. A comprehensive assessment includes a detailed health history and physical examination of one body system or many body systems. It is typically done on admission to the hospital or onset of care in a primary care setting.

DIF: Cognitive Level: Understand (comprehension)

TOP: Nursing Process: Assessment

MSC: NCLEX: Health Promotion and Maintenance

Reference/Notes:

Keywords:							
Points:	1.00]	Penalty:		0.00	Score Mode:	Active
Date Created:	08/27/19 16	:19:10	Date Modif	ied:	09/10/19 16:31:29	Date Used:	
Difficulty:	Easy				Discrimination:	Low	
Item Analysis: I	<u>Last</u>				Item Analysis: Cum	<u>ulative</u>	
No. of Studen	its Responded	d: 0			No. of Students R	esponded:	0
Correct Respo	onses (%):				Correct Responses	s (%):	
Total Group	p:	0.00			Total Group:		0.00
Upper 27%	of Group:	0.00			Upper 27% of C	Group:	0.00
Lower 27%	of Group:	0.00			Lower 27% of C	Group:	0.00
Point Biserial	:	0.00			Point Biserial:		0.00
Response Frequ	encies (%)						
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Last:	0.00	0.00	0.00	0.00			
Cumulative:	0.00	0.00	0.00	0.00			

7. Question Name: Question 0007 Type: MC Objective: CH 03 - Health History and Physical Examination Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The nurse is preparing to perform a focused assessment for a patient reporting shortness of breath. Which equipment will be needed?

- A. Flashlight
- * B. Stethoscope
 - C. Tongue blades
 - D. Percussion hammer

Correct Answer: B

Explanation/Rationale:

A stethoscope is used to auscultate breath sounds. The other equipment may be used for a comprehensive assessment but will not be needed for a focused respiratory assessment.

DIF: Cognitive Level: Understand (comprehension)

TOP: Nursing Process: Assessment

MSC: NCLEX: Health Promotion and Maintenance

Reference/Notes:

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Keywords:							
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Date Created:	08/27/19 16	:19:10	Date Modifi	ied:	09/10/19 16:31:40	Date Used:	
Difficulty:	Easy				Discrimination:	Low	
Item Analysis: 1	<u>Last</u>				Item Analysis: Cum	<u>ulative</u>	
No. of Studer	nts Responded	d: 0			No. of Students R	esponded:	0
Correct Respo	onses (%):				Correct Responses	s (%):	
Total Group	p:	0.00			Total Group:		0.00
Upper 27%	of Group:	0.00			Upper 27% of C	Group:	0.00
Lower 27%	of Group:	0.00			Lower 27% of C	Group:	0.00
Point Biserial		0.00			Point Biserial:		0.00
Response Frequ	encies (%)						
	<u>A</u>	<u>B</u>	<u>C</u>	$\underline{\mathbf{D}}$			
Last:	0.00	0.00	0.00	0.00			
Cumulative:	0.00	0.00	0.00	0.00			

8. Question Name: Question 0008 Type: MC Objective: CH 03 - Health History and Physical Examination Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

Which adaptations to the physical examination technique should the nurse include for an alert older adult patient?

- A. Avoid the use of touch as much as possible.
- B. Use slightly more pressure for palpation of the liver.
- C. Organize the sequence to minimize position changes.
 - D. Speak softly and slowly when talking with the patient.

Correct Answer: C

Explanation/Rationale:

Older patients may have age-related changes in mobility that make it more difficult to change position. There is no need to avoid the use of touch when examining older patients. Less pressure should be used over the liver. Because the patient is alert, there is no indication that there is any age-related difficulty in understanding directions from the nurse.

DIF: Cognitive Level: Apply (application)

TOP: Nursing Process: Assessment

MSC: NCLEX: Health Promotion and Maintenance

Reference/Notes:

Keywords:

Points: 1.00 0.00 Score Mode: Active Penalty: Date Created: 08/27/19 16:19:10 Date Modified: 08/27/19 16:19:10 Date Used: Difficulty: Discrimination: Easy Item Analysis: Last Item Analysis: Cumulative

No. of Students Responded: 0 No. of Students Responded:

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Last:	0.00	0.00	0.00	0.00		
Cumulative:	0.00	0.00	0.00	0.00		

9. Question Name: Question 0009 Type: MC Objective: CH 03 - Health History and Physical Examination Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

While the nurse is taking the health history, a patient states, "My mother and sister both had double mastectomies and were unable to exercise for weeks." Which functional health pattern is represented by this patient's statement?

- A. Activity-exercise
- B. Cognitive-perceptual
- C. Coping-stress tolerance
- * D. Health perception-health management

Correct Answer: D

Explanation/Rationale:

The information in the patient statement relates to risk factors and important information about the family history. Identification of risk factors falls into the health perception—health maintenance pattern.

DIF: Cognitive Level: Understand (comprehension)

TOP: Nursing Process: Assessment

MSC: NCLEX: Health Promotion and Maintenance

Reference/Notes:

Keywords:							
Points:	1.00		Penalty:		0.00	Score Mode:	Active
Date Created:	08/27/19 16	:19:10	Date Modif	ïed:	09/06/19 08:47:48	Date Used:	
Difficulty:	Easy				Discrimination:	Low	
Item Analysis: 1	<u>Last</u>				Item Analysis: Cum	<u>ulative</u>	
No. of Students Responded: 0				No. of Students R	esponded:	0	
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Total Group	p:	0.00			Total Group:		0.00
Upper 27%	of Group:	0.00			Upper 27% of C	Group:	0.00
Lower 27%	of Group:	0.00			Lower 27% of C	Group:	0.00
Point Biserial	:	0.00			Point Biserial:		0.00
Response Frequ	encies (%)						
	<u>A</u>	<u>B</u>	<u>C</u>	$\underline{\mathbf{D}}$			
Last:	0.00	0.00	0.00	0.00			
Cumulative:	0.00	0.00	0.00	0.00			

10. Question Name: Question 0010 Type: MC Objective: CH 03 - Health History and Physical Examination Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

A patient has arrived at the hospital with severe abdominal pain and hypotension. Which

type of assessment should the nurse do at this time?

- A. Focused assessment
- B. Subjective assessment
- * C. Emergency assessment
 - D. Comprehensive assessment

Correct Answer: C

Explanation/Rationale:

Because the patient is hemodynamically unstable, an emergency assessment is needed. Comprehensive and focused assessments may be needed after the patient is stabilized. Subjective information is needed, but objective data such as vital signs are essential for the unstable patient.

DIF: Cognitive Level: Understand (comprehension)

TOP: Nursing Process: Assessment

MSC: NCLEX: Health Promotion and Maintenance

Reference/Notes:

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Difficulty:	Easy				Discrimination:	Low	
Item Analysis: Last						<u>ulative</u>	
No. of Students Responded: 0 No. of Studen					No. of Students R	esponded:	0
Correct Responses (%): Correct Responses (%):						s (%):	
Total Grou	p:	0.00			Total Group:		0.00
Upper 27% of Group: 0.00		0.00			Upper 27% of C	Group:	0.00
Lower 27% of Group: 0.0		0.00			Lower 27% of C	Group:	0.00
Point Biserial: 0.0		0.00			Point Biserial:		0.00
Response Frequencies (%)							
	<u>A</u>	<u>B</u>	<u>C</u>	$\underline{\mathbf{D}}$			
Last:	0.00	0.00	0.00	0.00			
Cumulative:	0.00	0.00	0.00	0.00			

11. Question Name: Question 0011 Type: MC Objective: CH 03 - Health History and Physical Examination Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

The registered nurse (RN) cares for a patient who was admitted a few hours previously with back pain after a fall. Which action can the RN delegate to unlicensed assistive personnel (UAP)?

- A. Determine the patient's priority problems.
- B. Finish documenting the admission assessment.
- C. Obtain the health history from the patient's caregiver.
- * D. Take the patient's temperature, pulse, and blood pressure.

Correct Answer: D

Explanation/Rationale:

The RN may delegate vital signs to the UAP. Obtaining the health history, documenting the admission assessment, and determining nursing diagnoses require the education and

scope of practice of the RN.

DIF: Cognitive Level: Apply (application) **OBJ: Special Questions: Delegation**

TOP: Nursing Process: Planning

MSC: NCLEX: Safe and Effective Care Environment

Reference/Notes:

Keywords:

Points: 1.00 Penalty: 0.00 Score Mode: Active

Date Created: 08/27/19 16:19:10 Date Modified: 08/27/19 16:19:10 Date Used: Difficulty: Discrimination: Low Item Analysis: Last Item Analysis: Cumulative

No. of Students Responded: 0 No. of Students Responded:

Correct Responses (%): Correct Responses (%):

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Response Frequencies (%)

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Type: MC Objective: CH 03 - Health History and Physical Examination 12. Question Name: Question 0012 Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

Which action should the nurse take **first** to assess for a possible blood clot in a patient's lower leg?

- A. Visually inspect the leg.
 - B. Feel the leg temperature.
 - C. Check the patient's pedal pulses using the fingertips.
 - D. Compress the nail beds to determine capillary refill time.

Correct Answer: A

Explanation/Rationale:

Inspection is the first of the major techniques used in the physical examination. Palpation and auscultation are then used later in the examination.

DIF: Cognitive Level: Apply (application) OBJ: Special Questions: Prioritization **TOP: Nursing Process: Assessment**

MSC: NCLEX: Health Promotion and Maintenance

Reference/Notes:

Keywords:

Points: 1.00 0.00 Score Mode: Active Penalty:

Date Created: 08/27/19 16:19:10 Date Modified: 08/28/19 08:57:02 Date Used: Difficulty: Discrimination: Easy Item Analysis: Last Item Analysis: Cumulative No. of Students Responded: No. of Students Responded:

Correct Respor				Correct Responses (%):		
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Upper 27% of Group:		0.00			Upper 27% of Group:	0.00
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Point Biserial:		0.00			Point Biserial:	0.00
Response Frequencies (%)						
	<u>A</u>	<u>B</u>	<u>C</u>	$\underline{\mathbf{D}}$		
Last:	0.00	0.00	0.00	0.00		
Cumulative:	0.00	0.00	0.00	0.00		

Which physical assessment action should the nurse take after inspecting a patient's abdomen?

- A. Feel for any masses.
- B. Palpate the abdomen.
- * C. Listen for bowel sounds.
 - D. Percuss the liver borders.

Correct Answer: C

Explanation/Rationale:

When assessing the abdomen, auscultation is done before palpation or percussion because palpation and percussion can cause changes in bowel sounds and alter the findings. All of the techniques are appropriate, but auscultation should be done first.

DIF: Cognitive Level: Understand (comprehension)

TOP: Nursing Process: Assessment

MSC: NCLEX: Health Promotion and Maintenance

Reference/Notes:

Keywords:							
Points:	1.00		Penalty:		0.00	Score Mode:	Active
Date Created:	08/27/19 16	:19:10	Date Modifi	ied:	08/28/19 08:58:10	Date Used:	
Difficulty:	Easy				Discrimination:	Low	
Item Analysis: 1	<u>Last</u>				Item Analysis: Cum	<u>ulative</u>	
No. of Students Responded: 0 No. of Students Responded:						0	
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Point Biserial	:	0.00)		Point Biserial:		0.00
Response Frequencies (%)							
	<u>A</u>	<u>B</u>	<u>C</u>	$\underline{\mathbf{D}}$			
Last:	0.00	0.00	0.00	0.00			
Cumulative:	0.00	0.00	0.00	0.00			

^{14.} Question Name: Question 0014 Type: MC Objective: CH 03 - Health History and Physical Examination Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

When admitting a patient who has just arrived on the unit with a severe headache, what should the nurse do?

^{13.} Question Name: Question 0013 Type: MC Objective: CH 03 - Health History and Physical Examination Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

- A. Complete only basic demographic data before addressing the patient's pain.
- * B. Take vital signs and then address the headache before completing the health history.
 - C. Medicate the patient for the headache before doing the health history and examination.
 - D. Inform the patient that the headache can be treated as soon as the health history is completed.

Correct Answer: B

Explanation/Rationale:

Obtaining information about vital signs is essential before using either pharmacologic or nonpharmacologic therapies for pain control. The vital signs may indicate hemodynamic instability that would need to be addressed immediately. The next patient priority in this situation will be to decrease the pain level because the patient will be unlikely to cooperate in providing demographic data or the health history until the nurse addresses the pain.

DIF: Cognitive Level: Apply (application) TOP: Nursing Process: Assessment MSC: NCLEX: Physiological Integrity

Reference/Notes:

Keywords:								
Points:	1.00		Penalty:		0.00	Score Mode:	Active	
Date Created:	08/28/19 08	:58:19	Date Modif	ied:	08/28/19 08:58:19	Date Used:		
Difficulty:	Easy				Discrimination:	Low		
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No. of Studer	its Responde	d: 0			No. of Students Responded: 0		0	
Correct Responses (%):					Correct Responses (%):			
Total Grou	p:	0.00)		Total Group:		0.00	
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Lower 27%	of Group:	0.00)		Lower 27% of C	Group:	0.00	
Point Biserial	:	0.00)		Point Biserial:		0.00	
Response Frequencies (%)								
	<u>A</u>	$\underline{\mathbf{B}}$	<u>C</u>	$\underline{\mathbf{D}}$				
Last:	0.00	0.00	0.00	0.00				
Cumulative:	0.00	0.00	0.00	0.00				

15. Question Name: Question 0015 Type: EP Objective: CH 03 - Health History and Physical Examination Item Bank: Harding Lewiss Medical Surgical Nursing, 11E

In what order will the nurse perform these physical assessment actions for a patient admitted with abdominal pain? (Put a comma and a space between each answer choice [A, B, C, D].)

- a. Percuss the abdomen to locate any areas of dullness.
- b. Palpate the abdomen to check for tenderness or masses.
- c. Inspect the abdomen for distention or other abnormalities.
- d. Auscultate the abdomen for the presence of bowel sounds.

Explanation/Rationale:

When assessing the abdomen, the initial action is to inspect the abdomen. Auscultation is