

The U.S. Health Care System, 3e (Austin)
Chapter 1 Health and Care in America

1) The medical model includes all of the following, EXCEPT

- A) illness and disease require treatment
- B) focus is diagnosis
- C) focus is on disease prevention
- D) focus is on treatment

Answer: C

2) In the two decades following 2010, millions of Americans will reach age 65. This concerns the health care industry because

- A) men are living longer and will outpace women; thus, there will be a need for increased services for men
- B) of the exodus of experienced health care professionals
- C) the generation after the baby boomers will overwhelm the health care system
- D) there will be an increased need for geriatric care

Answer: D

3) According to the *2014 National Health Interview Survey*, who is more likely to suffer from poor health?

- A) A person with a college degree
- B) A person who has graduated from high school
- C) An individual with a yearly income of \$85,000
- D) An individual with a yearly income of \$20,000

Answer: C

4) The Centers for Disease Control and Prevention do all the following, EXCEPT

- A) survey Americans about their health
- B) collect health statistics
- C) report the leading causes of death
- D) monitor hospital compliance with HIPAA

Answer: D

5) Focus areas of *Healthy People 2020* and patterns of disease in the population direct research efforts. Research can be directed at all of the following, EXCEPT

- A) cure
- B) control
- C) prevention
- D) elimination

Answer: D

6) What was the leading cause of death in 2012?

- A) Suicide
- B) Diabetes
- C) Heart disease
- D) Pneumonia/flu

Answer: C

7) All of the following occupations are expected to increase by more than 40% by 2022, EXCEPT

- A) sonographers
- B) medical secretaries
- C) home care aides
- D) occupational therapy assistants

Answer: B

8) Health care employment continues to grow for all of the following reasons, EXCEPT

- A) managing costs
- B) advances in medical technology
- C) aging population
- D) inability to automate many functions

Answer: D

9) In 2013, the U.S. spent _____ on health expenditures.

- A) \$2.5 billion
- B) \$50 billion
- C) \$2.9 trillion
- D) \$50 trillion

Answer: C

10) Which statement does NOT describe health care?

- A) It accounts for the largest percentage of the gross domestic product.
- B) It is one of the fastest growing industries in the United States.
- C) It is the process of providing care to individuals to maintain and improve their physical and mental well-being.
- D) It is an industry.

Answer: A

11) The study of disease and death in a population is called

- A) microbiology
- B) epidemiology
- C) anthropology
- D) sociology

Answer: B

12) Two parameters that usually result in an indication of excellent health are

- A) genetics and education
- B) genetics and income
- C) education and income
- D) profession and income

Answer: C

13) All of the following are types of health care facilities, EXCEPT

- A) a physician's office
- B) an HMO
- C) a long-term-care facility
- D) a hospital

Answer: B

14) Which is TRUE regarding long-term care?

- A) Only those 65 and older are eligible.
- B) The majority of care is provided in nursing homes.
- C) In 2012, more than 4 trillion people received services.
- D) All age groups are eligible for services.

Answer: D

15) The term LTC means providing health care services to an individual for more than

- A) 30 days
- B) 60 days
- C) 90 days
- D) 180 days

Answer: C

16) All of the following are examples of locations where long-term care could take place, EXCEPT

- A) clinics
- B) hospitals
- C) rehabilitation centers
- D) adult day cares

Answer: A

17) All of the following are examples of the role of public health, EXCEPT

- A) crosswalks on streets
- B) hard hat laws for construction workers
- C) prompt processing of insurance claims
- D) free immunization clinics

Answer: C

18) Mental illness

- A) is usually a chronic lifetime disease
- B) strikes one of every 10 adults
- C) is treated 90% of the time
- D) is readily available and inexpensive

Answer: A

19) The three major places of employment for health care workers are

- A) hospitals, nursing and residential care facilities, and practitioners' offices
- B) practitioners' offices, dental offices, and public health facilities
- C) CDC, hospitals, and residential care facilities
- D) adult day care, hospitals, and practitioners' offices

Answer: A

20) Health care policy addresses all of the following issues, EXCEPT

- A) cultural
- B) access
- C) costs
- D) quality

Answer: A

21) The Patient Protection and Affordable Care Act

- A) helps increase the number of people who are uninsured
- B) allows the market to drive costs up
- C) seeks to improve health care delivery performance
- D) is surveying Americans about their health care utilization patterns

Answer: C

22) Managed care can be described by all of the following, EXCEPT

- A) manages the patient's utilization of services
- B) manages the price paid for services
- C) has the objective of only providing those services that are necessary to contain costs
- D) maintains a sustainable noncompetitive advantage

Answer: D

23) Sustainable competitive advantage is described by all of the following, EXCEPT it

- A) varies from business to business
- B) depends on the objectives the firm is trying to achieve
- C) helps a business maintain its position in the marketplace
- D) allows the market to drive costs up

Answer: D

24) The ability to stay in business for a health care facility is based on the facility's

- A) sustainable competitive advantage
- B) reimbursement rates
- C) business plan
- D) business viability

Answer: A

25) Health care expenditures account for greater than 15% of the GDP.

Answer: TRUE

26) Women are more likely to live in poverty than men.

Answer: TRUE

27) Competition is a component of a market economy.

Answer: TRUE

28) The patient is at the center of the health care industry.

Answer: TRUE

29) Less than half of health care workers provide direct patient care.

Answer: FALSE

30) The United States has a national health care system.

Answer: FALSE

31) Focus on the prevention of disease and the maintenance of well-being describes the _____ model.

Answer: wellness

32) The _____ population has more than doubled since 1990 and is younger than the total population.

Answer: Hispanic

33) Census data indicates that the United States has increased its _____ diversity.

Answer: ethnic

34) Study of the nature, cause, control, and determinants of the frequency of disease, death, and disability in the human population is _____.

Answer: epidemiology

35) Name two trends that emerge from the demographic data about age and the impact on health care.

Answer: Responses will vary, but may include:

Americans are living longer

The record number of baby boomers reaching age 65

36) Define health from the perspective of the wellness model.

Answer: Responses will vary but may include:
the optimal functioning of each human being in his or her mind, body, and spirit

37) The Patient Protection and Affordable Care Act will impact many areas of health care. Discuss the implications you anticipate for you, your family, and your fellow classmates, based on the information in this chapter.

Answer: Responses will vary, but may include:
insurance mandated for all family members and by all employers
cost of care is controlled, which decreases personal cost and potential tax burden
quality of care is improved

38) Describe health care. List two viewpoints.

Answer: Health care is a set of delivery systems; health care is a set of related businesses.