

Import Settings:

Base Settings: Brownstone Default

Information Field: Complexity

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Highest Answer Letter: D

Multiple Keywords in Same Paragraph: No

NAS ISBN13: 9781284239195, add to Ahead, Title tags

Chapter: Chapter 01 - Quiz

Multiple Choice

1. The four metaparadigm concepts of nursing include which of these?

A) Wellness, individual, wholeness, and optimal function

B) Person, environment, nursing, and health

C) Health, practice, nursing, and biology

D) Science, environment, person, and wellness

Ans: B

Complexity: Easy

Ahead: Nursing Science

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Recall

2. How does nursing science differ from medical science?

A) Nursing science focuses on how to apply a treatment and cure a disease.

B) Nursing science takes a more holistic approach to wellness.

C) Nursing science involves performing delegated medical tasks.

D) Nursing science prioritizes the relief of symptoms.

Ans: B

Complexity: Moderate

Ahead: Nursing Science

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Application

3. Which of the following philosophical orientations takes into account the complexity of individuals?

A) Positivism

B) Empiricism

C) Contemporary empiricism

D) Postpositivism

Ans: D

Complexity: Moderate

Ahead: Scientific Foundations of Nursing Practice
Subject: Chapter 1
Title: Nursing Science and Theory: Scientific Underpinnings for Practice
Taxonomy: Application

4. Which of the following studies would most likely be exempt from IRB review?
- A) A study that involves taking blood samples to examine cholesterol levels of elderly patients
 - B) A study that involves participation in a focus group to examine attitudes toward breastfeeding
 - C) A study that examines cardiovascular risk among cancer patients
 - D) A study that assesses physical fitness and cancer risk

Ans: B

Complexity: Difficult

Ahead: Scientific Foundations of Nursing Practice

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Analysis

5. Which of the following is an example of using a nursing model to interact with a patient?
- A) Instruct a patient with obesity to start exercising.
 - B) Advise a patient who smokes to join a smoking cessation group.
 - C) Tell a patient who has elevated cholesterol levels to remember to take their medications.
 - D) Work with a patient to develop an action plan that fits their goals and lifestyle.

Ans: D

Complexity: Moderate

Ahead: Nursing Theories

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Application

6. A nurse meets with a patient to start setting health goals related to diabetes management. The nurse builds rapport and trust with the patient as they discuss different options. Which step of Peplau's interpersonal model would be accomplished during this meeting?

- A) Orientation
- B) Identification
- C) Exploitation
- D) Resolution

Ans: B

Complexity: Difficult

Ahead: Nursing Theories

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Application

7. Who suggested that nursing is most important after the stabilization of a patient's acute crisis?
- A) Lydia Hall
 - B) Florence Nightingale
 - C) Hildegard Peplau
 - D) Virginia Henderson

Ans: A

Complexity: Moderate

Ahead: Nursing Theories

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Recall

8. Which of the following is an example of tertiary prevention in Neuman's Systems Model?

A) Screening for cervical cancer

B) Providing immunizations

C) Participation in a diabetes management support group

D) Prescribing statin treatment for a patient with hypertension

Ans: C

Complexity: Difficult

Ahead: Nursing Theories

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Analysis

9. In King's transaction model, the nurse and patient set what type of goals?

A) Goals based on the recommendations of the physician

B) Goals that they can mutually achieve

C) Goals based on what the patient believes they can achieve

D) Goals based on what the nurse thinks the patient can achieve

Ans: B

Complexity: Difficult

Ahead: Nursing Theories

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Application

10. A nurse encourages and shows empathy to a patient who has just received a terminal diagnosis. Which concept in Watson's Theory of Human Caring does this action reflect?

A) 10 carative factors

B) Transpersonal caring relationship

C) Caring moment

D) Caring-healing modalities

Ans: C

Complexity: Difficult

Ahead: Nursing Theories

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Application

11. Before entering the room of a patient who was recently diagnosed with coronary artery disease, a nurse clears their mind and prepares to listen to the patient's thoughts and concerns. Which step of phenomenologic nursing does this reflect?

A) The nurse prepares to know something or someone by opening the mind and spirit to the unknown.

- B) The nurse gains knowledge of the patient through intuitive impressions and learning about the patient's experiences.
- C) The nurse gains scientific knowledge of the patient by analyzing the data.
- D) The nurse synthesizes the subjective and objective information to gain perspective on the situation.

Ans: A

Complexity: Difficult

Ahead: Nursing Theories

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Application

12. Which of the following would a nurse do if they are using Newman's theory in practice?

- A) Set goals for the patient.
- B) Predict the outcome of a treatment.
- C) Follow a nursing pathway.
- D) Enter a partnership with the patient.

Ans: D

Complexity: Difficult

Ahead: Nursing Theories

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Application

13. Parse's framework is based on which paradigm?

- A) Simultaneity
- B) Totality
- C) Concurrent
- D) Continual

Ans: A

Complexity: Moderate

Ahead: Nursing Theories

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Application

14. Which of the following theories emphasizes the importance of providing culturally congruent care?

- A) Leininger's
- B) Boykin's
- C) Parse's
- D) Newman's

Ans: A

Complexity: Moderate

Ahead: Nursing Theories

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Application

15. Which type of theory is most amenable to clinical nursing research?

- A) Short-range
- B) Grand
- C) Middle-range
- D) Long-range

Ans: C

Complexity: Moderate

Ahead: Nursing Theory

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Application

16. According to Kenney, how should a nurse choose an appropriate model or theory of care?

- A) Based on the patient's situation in the initial assessment
- B) Based on prior clinical experience
- C) Based on the diagnosis
- D) Based on personal convictions and beliefs

Ans: A

Complexity: Difficult

Ahead: Nursing Theory

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Application

True/False

1. True or False? The first step in using theory-based nursing practice is to consider your own personal values and beliefs.

Ans: True

Complexity: Moderate

Ahead: Nursing Theories

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Recall

2. True or False? According to Johnson's Behavioral Systems Model, it is the nurse's responsibility to identify the ideal level of functioning for the patient.

Ans: False

Complexity: Difficult

Ahead: Nursing Theories

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Application

3. True or False? Risjord described nursing science as a way of obtaining, understanding, and using scientific knowledge.

Ans: False

Complexity: Easy
Ahead: Nursing Science
Subject: Chapter 1
Title: Nursing Science and Theory: Scientific Underpinnings for Practice
Taxonomy: Recall

4. True or False? The nursing value of caring is central according to Boykin and Schoenhofer.

Ans: True

Complexity: Moderate
Ahead: Nursing Theories
Subject: Chapter 1
Title: Nursing Science and Theory: Scientific Underpinnings for Practice
Taxonomy: Recall