

Chapter 2: Historical Perspectives

Multiple Choice

Identify the choice that best completes the statement or answers the question.

- _____ 1. The early Christian era brought which of these important changes in health care?
 - a. The development of aqueducts and sewage systems
 - b. A belief in the sanctity of life
 - c. A deep understanding of the anatomy of the human body
 - d. The shift of care from the home to large hospitals

- _____ 2. Which development during the European Middle Ages led to a major improvement in health care?
 - a. A rapid growth in medical knowledge
 - b. Establishment of large central hospitals
 - c. Growth of religious orders to care for the sick
 - d. A shift to care of ill persons by women

- _____ 3. Who is called the “father of modern medicine”?
 - a. William Harvey
 - b. Hippocrates
 - c. Cyrus the Great
 - d. Emperor Darius

- _____ 4. What are the dates of Florence Nightingale’s birth and death?
 - a. March 3, 1578; June 10, 1657
 - b. January 9, 1715; September 30, 1785
 - c. May 12, 1820; August 13, 1910
 - d. April 15, 1932; December 10, 1957

- _____ 5. Identify a key element in the success of Nightingale’s school of nursing.
 - a. It was not under control of the hospital.
 - b. Large amounts of private funds were paid to well-qualified teachers.
 - c. The Watson Model for nursing was used.
 - d. The primary goal was service to the hospital rather than education.

- _____ 6. What was a major goal of Lavinia Dock?
 - a. Establish a new nursing organization.
 - b. Publish a nursing journal.
 - c. Obtain the right to vote for women.
 - d. Improve the education of nurses.

- _____ 7. Which belief about what nurses needed to do shaped Lillian D. Wald’s nursing practice?
 - a. Spend more time in clinical preparation and less time in the classroom.
 - b. Fight political corruption to procure the types of legislation needed to improve social conditions.
 - c. Conduct more research into the conditions of hospital patients.
 - d. Stand up to medical doctors who were arrogant and obnoxious.

- _____ 8. Which problem had the most effect on nursing education during the 1920s and 1930s?
- a. Too many college-based schools of nursing
 - b. A lack of qualified nursing instructors
 - c. Too many nursing students from the lower and middle classes
 - d. Not enough demand for educated nurses
- _____ 9. Identify a negative effect that World War II had on health care in the United States.
- a. A rapid increase in medical knowledge
 - b. Expanded health-care services
 - c. Increased use of licensed practical nurses (LPNs) and aides to substitute for a lower number of registered nurses (RNs)
 - d. Increases in pay for nurses
- _____ 10. Select the statement that most accurately states the effects of increasing populations on health care.
- a. Economically depressed populations have fewer health-care needs.
 - b. Larger populations often lead to large numbers of well-educated and well-nourished people.
 - c. Large groups of economically depressed people tend to live in rural areas.
 - d. Crowded living conditions in cities lead to the spread of communicable diseases.
- _____ 11. Which characteristic of health care in ancient civilizations distinguishes it from the health care of today?
- a. Health care was closely related to religious practices.
 - b. Most health care was provided by women.
 - c. Health care focused on curing the sick and injured.
 - d. Physicians received extensive education in formal schools.
- _____ 12. What are two similarities between the health care provided by the ancient Hebrews and that practiced by the ancient Egyptians?
- a. The belief that disease was caused by evil spirits and the use of health spas
 - b. Trained women as the primary care providers and the use of many medications
 - c. Majority of health care provided in hospitals and the use of medical specialization
 - d. Emphasis on sanitation and well-developed knowledge of surgical techniques
- _____ 13. Select the element of the medical practice of Hippocrates that remains appropriate for the health-care providers of the 21st century.
- a. Belief that disease is a result of failure to comply with the natural law
 - b. The whole client needs to be treated: the mind, body, and spirit
 - c. Only physicians have enough education to provide safe health care
 - d. Hospitals should be avoided unless there are no other treatment options
- _____ 14. Identify the characteristic of ancient Roman society that distinguished the health-care practices of the empire from those of its surrounding neighbors.
- a. Use of slaves to provide basic health care
 - b. Belief that the Roman Emperor was a descendent of a god
 - c. Lack of concern about the sanctity of life
 - d. Relatively high social status allotted to Roman women
- _____ 15. To what event and to which period of history is the disappearance of male nurses usually attributed?

- a. The Crusades during the Dark Ages
- b. The use of medical inventions during the Renaissance
- c. The Protestant Reformation during the Middle Ages
- d. The rapid population growth during the Industrial Revolution

- _____ 16. For which contribution to professional nursing is Isabel Adams Hampton Robb most noted?
- a. Raising the standards for nursing education
 - b. Developing storefront clinics in New York City
 - c. Advocating the use of MASH units during the Korean War
 - d. Changing the laws that affect health care of the poor

Completion

Complete each statement.

17. The Dark Ages brought the advent of _____ that were composed exclusively of men who wore suits of armor to protect themselves and their hospitals.
18. List the following civilizations in their correct time sequence.
- _____ Greek Empire
 - _____ Ancient Hebrews
 - _____ Roman Empire
 - _____ Egyptian Empire
 - _____ Taoism

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Answer Section

MULTIPLE CHOICE

1. ANS: B PTS: 1 DIF: Medium
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Application | Integrated Process: Planning
2. ANS: C PTS: 1 DIF: Hard
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Analysis | Integrated Process: Planning
3. ANS: A PTS: 1 DIF: Easy
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Comprehension | Integrated Process: Planning
4. ANS: C PTS: 1 DIF: Easy
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Comprehension | Integrated Process: Planning
5. ANS: A PTS: 1 DIF: Medium
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Analysis | Integrated Process: Intervention
6. ANS: C PTS: 1 DIF: Medium
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Application | Integrated Process: Intervention
7. ANS: B PTS: 1 DIF: Medium
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Analysis | Integrated Process: Planning
8. ANS: B PTS: 1 DIF: Hard
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Application | Integrated Process: Implementation
9. ANS: C PTS: 1 DIF: Medium
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Analysis | Integrated Process: Problem identification
10. ANS: D PTS: 1 DIF: Easy
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Comprehension | Integrated Process: Planning
11. ANS: A PTS: 1 DIF: Medium
KEY: Client Need: Intervention | Cognitive Domain: Knowledge | Integrated Process: Problem identification
12. ANS: D PTS: 1 DIF: Hard
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Evaluation | Integrated Process: Evaluation
13. ANS: B PTS: 1 DIF: Hard
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Analysis | Integrated Process: Evaluation
14. ANS: D PTS: 1 DIF: Medium
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Analysis | Integrated Process: Implementation
15. ANS: C PTS: 1 DIF: Medium

KEY: Client Need: Psychosocial integrity | Cognitive Domain: Application | Integrated Process: Problem identification

16. ANS: A PTS: 1 DIF: Medium

KEY: Client Need: Safe and effective care environment | Cognitive Domain: Comprehension | Integrated Process: Intervention

COMPLETION

17. ANS: military nursing orders

PTS: 1 DIF: Medium

KEY: Client Need: Safe and effective care environment | Cognitive Domain: Comprehension | Integrated Process: Problem identification

18. ANS:

5, 4, 2, 1, 3

5 4 2 1 3

PTS: 1 DIF: Hard

KEY: Client Need: Safe and effective care environment | Cognitive Domain: Analysis | Integrated Process: Intervention