

Chapter 1 - PTA: Clinical Decision Making

Multiple Choice

1. The physical therapist in your facility asks you to assist with discharge planning for your patient. Which of the following is NOT appropriate for the PTA to complete?

- A. The discharge prognosis
- B. Instruction in a home exercise program
- C. Patient and family education
- D. Ordering of recommended equipment

ANS: A

REF: N/A

Note: This concept is not specifically stated in the text, however, it is a basic PTA scope of practice question that speaks to clinical decision making.

2. A patient who has Parkinson's disease is currently unable to do an independent transfer. Using disablement terminology, this is an example of which of the following?

- A. Health condition
- B. Impairment
- C. Activity limitation
- D. Participation restriction

ANS: C

REF: Page 6; Box 1.2

3. Which of the following statements best describes the "art of clinical practice"?

- A. The PTA focuses on the task at hand to be sure he or she will stay on schedule.
- B. The PTA carefully documents his or her patient's activities in the pool.
- C. The PTA adjusts his or her input (e.g., verbal and manual) in response to the patient.
- D. The PTA carefully follows the clinic procedures for doing an ultraviolet treatment.

ANS: C

REF: Page 17

4. The BEST patient-centered approach for patient compliance is which of the following?

- A. The PTA asks questions, providing options, and the patient selects one choice.
- B. The PTA provides a recommendation and asks for agreement.
- C. The PTA lists the sequence for treatment.
- D. The PTA directs the treatment but asks the patient to put into words what was selected.

ANS: A

REF: Page 13

5. Which of the following statements is FALSE regarding documentation in a PT clinic?
- A. Serves as a record for patient care
 - B. Written as a communication tool between patient/client and therapist
 - C. May be used for policy or research purposes
 - D. Utilizes current medical coding based on Medicare guidelines

ANS: B

REF: Page 18