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Black: Professional Nursing: Concepts & Challenges, 8th Edition

MULTIPLE CHOICE

- 1. Which of the following could eventually change the historical status of nursing as a female-dominated profession?
 - a. More men graduating from baccalaureate and higher degree programs
 - b. The proportion of men in nursing beginning to increase
 - c. More male graduates of basic nursing programs entering the workplace
 - d. Salary compensation increasing to attract more men

ANS: C

| | Feedback |
|---|-------------------------------------------------------------------------------|
| Α | "More men graduating from baccalaureate and higher degree programs" is not |
| | the best answer because associate degree programs produce the most new |
| | graduates. |
| В | The percentage of men in nursing has increased 50% since 2000. |
| С | The more men who enter the workplace as nurses, the less nursing will be seen |
| | as a female-dominated profession. |
| D | Salary rates do not appear to relate to the recruitment of men into nursing. |

DIF: Cognitive Level: Comprehension REF: Page 2

- 2. The racial and ethnic composition of the nursing profession will change to more accurately reflect the population as a whole when
 - a. the increased numbers of racial and ethnic minorities enrolled in educational programs graduate and begin to practice.
 - b. the number of Asians or Native Hawaiian-Pacific Islanders begins to increase.
 - c. the percentage of African-American and Hispanic nurses decreases more than the percentage of white nurses.
 - d. the nonwhite portion of the general population decreases.

ANS: A

| | Feedback |
|---|----------------------------------------------------------------------------------|
| Α | A larger percentage of minorities are enrolled in nursing educational programs |
| | than previously. |
| В | Asians and Native Hawaiian-Pacific Islanders are over represented in nursing |
| | compared to their percentage of the general population. |
| С | Not only would the percentage of African-American and Hispanic nurses need to |
| | increase, the percentage of white nurses would have to decrease in order to more |
| | accurately reflect the population as a whole. |
| D | The nonwhite portion of the general population is not likely to decrease. |

DIF: Cognitive Level: Comprehension REF: Page 3

3. Which of the following is a correct statement about the registered nurse (RN) population?

- a. The racial/ethnic composition of RNs closely resembles that of the general population.
- b. The number of men entering nursing has decreased steadily over the last decade.
- c. The rate of aging of RNs has slowed for the first time in the past 30 years.
- d. The majority of employed RNs working full time must work a second position.

ANS: C

| | Feedback |
|---|------------------------------------------------------------------------------|
| Α | The racial/ethnic composition of RNs is increasing, but does not approximate |
| | their percentage of the overall population. |
| В | The number of men entering nursing is increasing. |
| С | The average age of RNs in both 2004 and 2008 was 46. This is a result of the |
| | numbers of RNs under 30 in the workforce. |
| D | According to 2008 data, only 12% of nurses working full time hold second |
| | positions. |

DIF: Cognitive Level: Knowledge REF: Page 3

- 4. Which of the following best describes trends in nursing education?
 - a. Numbers of RNs with bachelor's and higher degrees are increasing.
 - b. Numbers of RNs with associate degrees are decreasing.
 - c. Foreign-born nurses practicing in the United States are seen as less knowledgeable because of their lesser educational preparation.
 - d. Numbers of RNs with diploma educations are increasing.

ANS: A

| | Feedback |
|---|-------------------------------------------------------------------------------|
| Α | Slightly over 50% of RNs eventually obtain their bachelor's of science in |
| | nursing (BSN) or a higher nursing degree. |
| В | The majority of nurses in this country get their initial nursing education in |
| | associate degree in nursing (ADN) programs. |
| С | Foreign-born nurses practicing in the United States may be viewed as less |
| | knowledgeable by their peers because of language and cultural differences. |
| D | The numbers of diploma-educated nurses are declining. |

DIF: Cognitive Level: Knowledge REF: Page 4

- 5. Despite the variety of work settings available to the RN, data indicate that the primary work site for RNs is
 - a. ambulatory care settings.
 - b. community health settings.
 - c. long-term care facilities.
 - d. acute care hospitals.

ANS: D

| | Feedback |
|---|--------------------------------------------------------------------|
| Α | Ambulatory care settings account for about 10.5% of RNs' places of |

| | employment. |
|---|-------------------------------------------------------------------------------|
| В | Public health and community health settings account for 7.8% of employed RNs. |
| С | Long-term care facilities account for 5.3% of RNs' places of employment. |
| D | Statistics show that 62.2% of RNs work in acute care hospitals. |

DIF: Cognitive Level: Knowledge REF: Page 5

- 6. One important advantage of clinical ladder programs for hospital-based RNs is that they
 - a. allow career advancement for nurses who choose to remain at the bedside.
 - b. encourage nurses to move into management positions in which they can influence patient care on a broader scale.
 - c. encourage RNs to become politically active and guide the profession of nursing.
 - d. provide training to staff nurses so they can move seamlessly across departments.

ANS: A

| | Feedback |
|---|---------------------------------------------------------------------------------|
| Α | Clinical ladder programs allow nurses to advance professionally while remaining |
| | at the bedside. |
| В | Clinical ladder programs are designed to keep proficient nurses at the bedside. |
| С | Encouraging RNs to become politically active and guide the profession of |
| | nursing is not the goal of clinical ladder programs. |
| D | Clinical ladder programs are not designed to facilitate transfer between |
| | departments. |

DIF: Cognitive Level: Comprehension REF: Page 6

- 7. Which of the following statements is correct about community health nursing (CHN)?
 - a. Prevention and community education are the cornerstones of CHN.
 - b. Nursing care is rapidly moving from the home setting to the institutional setting.
 - c. High-tech care such as ventilators and total parenteral nutrition cannot be handled in the home.
 - d. Assessment skills are less important in CHN because patients are not acutely ill.

ANS: A

| | Feedback |
|---|------------------------------------------------------------------------------|
| Α | The community health nurse provides educational programs in health |
| | maintenance, disease prevention, nutrition, and child care. |
| В | Care is moving into the home setting. |
| С | Home care is increasing in complexity. |
| D | Community health nurses must have excellent assessment skills as they do not |
| | have the immediate backup that an acute care facility offers. |

DIF: Cognitive Level: Comprehension REF: Page 9

- 8. Which of the following is most essential for the nurse entrepreneur to be successful?
 - a. Ability to take direction well
 - b. Excellent time-management skills
 - c. Avoidance of risks

d. A college degree in business

ANS: B

| | Feedback |
|---|------------------------------------------------------------------|
| Α | Nurse entrepreneurs must function autonomously. |
| В | Nurse entrepreneurs must be well organized and efficient. |
| С | Starting a business involves risk. |
| D | A degree in business is not required to be a nurse entrepreneur. |

DIF: Cognitive Level: Analysis REF: Page 16

- 9. The major benefit of serving as a military nurse is
 - a. broader responsibilities and scope of practice than civilian nurses.
 - b. working with entirely baccalaureate-prepared peers on active duty.
 - c. serving as an officer on active duty or in the reserves.
 - d. the financial support to seek advanced degrees.

ANS: D

| | Feedback |
|---|------------------------------------------------------------------------------------|
| Α | Although military nurses do have broader responsibilities and scopes of practice |
| | than civilian nurses do, this is not the major benefit. |
| В | Although military nurses do work with entirely baccalaureate-prepared peers on |
| | active duty, this is not the major benefit. |
| С | Although military nurses serve as officers on active duty or in the reserves, this |
| | is not the major benefit. |
| D | Advanced education is supported by the military financially and also allows for |
| | promotion in rank at an accelerated pace. |

DIF: Cognitive Level: Comprehension REF: Page 11

- 10. Which of the following statements explains why the school nurse of today is truly a community health nurse?
 - a. The school nurse may be called on to care for a student's family members in underserved areas.
 - b. The school nurse's primary responsibility is centered on the well child.
 - c. The school nurse's primary responsibility is to maintain immunization records.
 - d. The school nurse must be certified in CHN.

ANS: A

| | Feedback |
|---|---------------------------------------------------------------------------------|
| Α | In medically underserved areas a school nurse may be called on to care for |
| | members of a child's immediate family. |
| В | Chronically ill, disabled, and physically challenged students are in regular |
| | classrooms. |
| С | School nurses detect developmental problems; counsel and educate children, |
| | parents, and teachers; and maintain immunization records. |
| D | Although school nurses are considered community health nurses, certification in |

community health is not required.

DIF: Cognitive Level: Comprehension REF: Page 12

- 11. What has been found about the outcomes of patients cared for in hospitals with a higher percentage of BSN-prepared nurses as compared to patients in hospitals with a lower percentage of BSN-prepared nurses?
 - a. Patient outcomes are more dependent on nurse-patient ratios.
 - b. Outcomes were better in hospitals with more BSN-prepared nurses.
 - c. Outcomes were similar in both types of hospitals.
 - d. Medical patients had better outcomes, but surgical patients fared the same.

ANS: B

| | Feedback |
|---|----------------------------------------------------------------------------------|
| Α | Nurse-patient ratio is an important determinant of patient care outcomes but has |
| | not been shown to be more or less important that the percentage of BSN- |
| | prepared nurses providing direct patient care. |
| В | Research by Aiken, et al. (2003) showed that patient outcomes were better in |
| | hospitals where higher percentages of BSN-prepared nurses were employed. |
| С | Research by Aiken, et al. (2003) showed that patient outcomes were better in |
| | hospitals where higher percentages of BSN-prepared nurses were employed. |
| D | Aiken, et al. (2003) studied orthopedic, general surgical, and vascular surgery |
| | patients and found the outcomes were improved for these patients in hospitals |
| | with a higher percentage of BSN-prepared nurses. |

DIF: Cognitive Level: Knowledge REF: Page 7

- 12. Faith community nursing (FCN) was founded on which of the following premises?
 - a. Nurses' faith beliefs do not play a part in healing.
 - b. The spiritual aspect takes precedence over the physical body in healing.
 - c. Spiritual health is central to a person's well-being.
 - d. Faith community nurses must receive formal training as a minister or clergy.

ANS: C

| | Feedback |
|---|-------------------------------------------------------------------------------------|
| Α | The nurse's spiritual journey is believed to be an essential aspect of this nursing |
| | role. |
| В | Patients are treated holistically under FCN. |
| С | FCN is based on the belief that spiritual health is central to well-being. |
| D | Faith community nurses do not need to have formal training as ministers. |

DIF: Cognitive Level: Comprehension REF: Page 15

- 13. One important advantage of the evolution of nursing informatics is that
 - a. it allows any RN to become a certified informatics nurse.
 - b. informatics nurses are best able to design systems with the needs and skills of nurses who use them in mind.
 - c. informatics nurses will reduce the need for direct caregivers to document care.

d. benefits of informatics advancements include improved patient safety and increased variability of care.

ANS: B

| | Feedback |
|---|-----------------------------------------------------------------------------------|
| Α | Although all nurses may use informatics, a nurse specializing in informatics |
| | should have a BSN and additional knowledge and experience in the field of |
| | informatics. |
| В | Informatics nurses understand how the information needs to be used and how to |
| | make the systems work for the nurses. |
| С | Direct caregivers will still need to document the care provided. |
| D | Benefits do include improved patient safety, but decreased variability of care is |
| | expected with informatics systems. |

DIF: Cognitive Level: Comprehension REF: Page 16

- 14. Which of the following nursing roles is not considered an advanced practice role?
 - a. Certified nurse-midwife (CNM)
 - b. Community health nurse
 - c. Certified nurse practitioner (CNP)
 - d. Clinical nurse specialist (CNS)

ANS: B

| | Feedback |
|---|--------------------------------------------------------------|
| Α | A CNM is an advanced practice role. |
| В | The community health nurse is not an advanced practice role. |
| С | CNP is an advanced practice role. |
| D | CNS is an advanced practice role. |

DIF: Cognitive Level: Comprehension REF: Page 18

- 15. NPs are advanced practice nurses who
 - a. are required to have physician collaboration or supervision.
 - b. function under a set of universal advanced practitioner laws.
 - c. cannot receive direct reimbursement for their services.
 - d. can diagnose and treat common and chronic conditions.

ANS: D

| | Feedback |
|---|-----------------------------------------------------------------------------------|
| A | The laws governing the practice of NPs vary from state to state, including the |
| | degree of supervision required and how they may be reimbursed for their services. |
| В | The laws governing the practice of NPs vary from state to state, including the |
| | degree of supervision required and how they may be reimbursed for their |
| | services. |
| С | The laws governing the practice of NPs vary from state to state, including the |
| | degree of supervision required and how they may be reimbursed for their |

| | services. |
|---|-------------------------------------------------------------------|
| D | NPs are prepared to handle a wide range of basic health problems. |

DIF: Cognitive Level: Comprehension REF: Page 19

- 16. The clinical nurse leader (CNL) is a recently proposed role. The responsibilities of the person in this role include which of the following?
 - a. Oversee and manage care delivery in specific settings.
 - b. Manage and streamline operations in multiple nursing units.
 - c. Replace the outdated CNS role.
 - d. Provide daily care to a specific subset of patients with similar needs.

ANS: A

| | Feedback |
|---|-----------------------------------------------------------------------------|
| Α | The CNL role is intended to provide the highest quality of nursing care by |
| | having master's-prepared nurses involved in the care of a distinct group of |
| | patients. |
| В | The CNL role was not intended as a managerial or administrative role. |
| С | The CNS role is not outdated, and some controversy exists because some CNSs |
| | view this new role as possibly disenfranchising them. |
| D | CNLs may on occasion provide direct patient care, but not on a daily basis. |

DIF: Cognitive Level: Knowledge REF: Page 18

MULTIPLE RESPONSE

- 1. Hospice and palliative care nursing is a rapidly developing specialty in nursing. Which facts have contributed to this growth? (*Select all that apply*.)
 - a. End-of-life care is largely the responsibility of nurses.
 - b. End-of-life needs are expected to increase with the aging population.
 - c. Nursing curricula have prepared nurses to deal effectively with dying patients and their families.
 - d. Palliative care is a new focus of advanced practice nurses.
 - e. Hospice and palliative care nurses work in a variety of settings.

ANS: A, B, E

| | Feedback |
|-----------|--------------------------------------------------------------------------------|
| Correct | "End-of-life care is largely the responsibility of nurses" is correct because |
| | palliative care reflects the holistic philosophy of nursing, and comfort and |
| | relief have always been nursing responsibilities. "End-of-life needs are |
| | expected to increase with the aging population" is correct because as the |
| | population ages there will be a greater demand for end-of-life care as the |
| | number of individuals needing care increases. "Hospice and palliative care |
| | nurses work in a variety of settings" is correct because palliative care takes |
| | place in hospitals, homes, hospices, skilled nursing homes, etc. |
| Incorrect | "Nursing curricula have prepared nurses to deal effectively with dying |
| | patients and their families" is incorrect because nursing educational |
| | programs have not prepared nurses well as the content related to end-of- |

life issues and palliative care has been limited. "Palliative care is a new focus of advanced practice nurses" is incorrect because palliative care has been a focus of many nurses, not just advanced practice nurses.

DIF: Cognitive Level: Comprehension REF: Page 14

- 2. CNSs may (Select all that apply.)
 - a. manage an inpatient nursing unit.
 - b. develop educational programs for nursing staff.
 - c. conduct practice outcomes research.
 - d. prescribe medications for common illnesses.
 - e. attend or assist in the delivery of low-risk newborns.

ANS: A, B, C

| | Feedback |
|-----------|----------------------------------------------------------------------|
| Correct | CNSs are prepared with an advanced nursing degree and the skills to |
| | function in a variety of settings and functional roles. |
| Incorrect | CNSs do not have prescribing authority. CNMs attend or assist at the |
| | delivery of low-risk newborns. |

DIF: Cognitive Level: Comprehension REF: Page 19