

Chapter 1

Student: _____

1. When referring to the essence of life, Aristotle used the term _____ translated from the Greek, meaning mind.
 - A.
 - B.
 - C.
 - D.
2. The writings of Aristotle are important to psychology's origins because they were concerned with the nature of
 - A.
 - B.
 - C.
 - D.
3. Aristotle is important to psychology, because he believed that to achieve full understanding of anything we must
 - A.
 - B.
 - C.
 - D.
4. The term "psyche" when translated from the Greek is most closely associated with the term
 - A.
 - B.
 - C.
 - D.

5. Why is psychology a science?
- A.
 - B.
 - C.
 - D.
6. Which of the following is a key term in the definition of psychology?
- A.
 - B.
 - C.
 - D.
7. Strictly speaking, overt behaviors are actions that
- A.
 - B.
 - C.
 - D.
8. What does psychology have in common with all other sciences?
- A.
 - B.
 - C.
 - D.
9. Which goal of psychology are clinical psychologists attempting when giving recommendations to parole boards about which prisoners to release early?
- A.
 - B.
 - C.
 - D.

10. Behaviors refer to actions that are _____ and mental processes refer to events that are _____.
- A.
B.
C.
D.
11. Industrial psychologists who design tests to screen new job candidates for various companies in order to hire workers who should perform best are attempting which goal?
- A.
B.
C.
D.
12. Workers are surveyed about their years of experience and level of job satisfaction. The goal of psychology best illustrated by this survey is
- A.
B.
C.
D.
13. In psychology, the words *describe*, *predict*, *understand*, and *influence* relate to
- A.
B.
C.
D.
14. Which of the following is a goal of psychology?
- A.
B.
C.
D.

15. Which of the following best describes truth and theory?
- A.
 - B.
 - C.
 - D.
16. A psychologist is developing a theoretical explanation about a behavior. To which goal of psychology are theoretical explanations important?
- A.
 - B.
 - C.
 - D.
17. To say that a theory is tentative means that it
- A.
 - B.
 - C.
 - D.
18. Which of the following is an example of a psychologist's attempt to predict behavior?
- A.
 - B.
 - C.
 - D.
19. Which of the following is an example of a psychologist's attempt to understand behavior?
- A.
 - B.
 - C.
 - D.

20. A/n _____ is a tentative explanation of the facts, findings, and relationship in any of the sciences.
- A.
B.
C.
D.
21. In which time period did psychology become a recognized field of study?
- A.
B.
C.
D.
22. The beginning of psychology as a science began in the discipline of
- A.
B.
C.
D.
23. The launching of psychology as a separate field is usually credited to have occurred during the
- A.
B.
C.
D.
24. Which question were structuralists primarily interested in investigating?
- A.
B.
C.
D.

25. What was the goal of introspection?

- A.
- B.
- C.
- D.

26. If you were a psychologist who was labeled a structuralist, you would be interested in the _____ of the mind, using _____ as your primary research method.

- A.
- B.
- C.
- D.

27. With which school of psychology are Wilhelm Wundt and his student, Edward Titchener, associated?

- A.
- B.
- C.
- D.

28. In which school of thought did researchers ask participants to report sensations they were experiencing?

- A.
- B.
- C.
- D.

29. J. Henry Alston was notable as an African American psychologist and for his studies of the sensations of heat and cold. J. Henry Alston was an early

- A.
- B.
- C.
- D.

30. Which school of psychology focused its studies on perception?
- A.
 - B.
 - C.
 - D.
31. Which structuralist is best known for the study of heat and cold?
- A.
 - B.
 - C.
 - D.
32. Which school of psychology used the phi phenomenon to demonstrate its belief about human consciousness?
- A.
 - B.
 - C.
 - D.
33. Which approach to psychology would be apt to say "the whole is greater than the sum of its parts?"
- A.
 - B.
 - C.
 - D.
34. The phi phenomenon was used by psychologists to argue that
- A.
 - B.
 - C.
 - D.

35. The _____ psychologists preferred to study behavior as a collection of elements, while the _____ psychologists preferred to study behavior as a whole, in its entire context.
- A.
B.
C.
D.
36. In psychology, William James was highly influential in developing the school of thought known as
- A.
B.
C.
D.
37. If an early psychologist believed that the study of psychology should focus on the purpose of the mind and not on its raw elements, that psychologist would most likely adhere to the school of thought known as
- A.
B.
C.
D.
38. If you are interested in the functionalist approach to psychology, you would be most interested in
- A.
B.
C.
D.
39. Using William James' analogy, the study of a flowing stream is like _____ as the study of individual water molecules is like _____.
- A.
B.
C.
D.

40. What was the main contribution of Hermann Ebbinghaus to psychology?
- A.
 - B.
 - C.
 - D.
41. Who was the early pioneer in memory research that used himself as his only research subject?
- A.
 - B.
 - C.
 - D.
42. You have learned a list of 20 nonsense syllables. You are tested at 20 minutes, 1 hour, 10 hours, and 24 hours. If you fit Hermann Ebbinghaus's forgetting curve you will
- A.
 - B.
 - C.
 - D.
43. Who participated in Hermann Ebbinghaus' studies of memory?
- A.
 - B.
 - C.
 - D.
44. Why did Hermann Ebbinghaus make up nonsense syllables for his memory studies?
- A.
 - B.
 - C.
 - D.

45. Which early researcher studied memory by having his/her participants pair a number and a color together?
- A.
 - B.
 - C.
 - D.
46. The modern version of functionalism is known as
- A.
 - B.
 - C.
 - D.
47. In a memory study, you present a color that is presented alongside a number. These items are presented together, at the same time. Later you present the color, and ask the participant to recall (remember) the number. This is called a/n _____ task.
- A.
 - B.
 - C.
 - D.
48. The broad term that encompasses procedures such as perceiving, believing, thinking, remembering, knowing, and making decisions is called
- A.
 - B.
 - C.
 - D.

49. A researcher counts the number of times a rat stands on its hind legs after being placed in a new environment. Given what you know about the schools of psychology, which viewpoint best suits her research technique?
- A.
B.
C.
D.
50. Which contemporary viewpoint combines aspects of behaviorism with aspects from the cognitive perspective?
- A.
B.
C.
D.
51. Followers of Albert Bandura's viewpoint would best be described as
- A.
B.
C.
D.
52. Important aspects of behavior and mental processes are learned from others. Which psychologist most likely made a statement similar to this?
- A.
B.
C.
D.
53. Who won a Nobel Prize for his work on digestion?
- A.
B.
C.
D.

54. The term "conditioning" as used by Ivan Pavlov is another term for
- A.
 - B.
 - C.
 - D.
55. Who is most closely associated with social learning theory?
- A.
 - B.
 - C.
 - D.
56. Which of the following is a basic belief of social learning theory?
- A.
 - B.
 - C.
 - D.
57. Which school of psychology was founded and developed by Sigmund Freud?
- A.
 - B.
 - C.
 - D.
58. What differentiated Sigmund Freud from most of the other influential founders of psychology?
- A.
 - B.
 - C.
 - D.

59. You have a friend who appears to be having frequent anxiety attacks. From what you know about the psychoanalytic school, what would a psychoanalyst say was at the heart of your friend's problem?
- A.
B.
C.
D.
60. Which of the following statements is true regarding Sigmund Freud's theory of behavior?
- A.
B.
C.
D.
61. Which theorist would most likely accuse you of accidentally wrecking your dad's car because (though you were not aware of this) you wanted to hurt your dad?
- A.
B.
C.
D.
62. How does contemporary psychoanalysis differ from the original form of psychoanalysis?
- A.
B.
C.
D.
63. What do psychoanalytic and humanistic views have in common?
- A.
B.
C.
D.

64. Which person is most closely associated with the study of human behavior as it pertains to the unconscious mind?
- A.
 - B.
 - C.
 - D.
65. According to Sigmund Freud, where do motives reside?
- A.
 - B.
 - C.
 - D.
66. Humanists believe that conscious processes are
- A.
 - B.
 - C.
 - D.
67. Self-concept refers to the idea of
- A.
 - B.
 - C.
 - D.
68. The most important aspect of study to a humanist is
- A.
 - B.
 - C.
 - D.

69. Which psychologist founded France's first psychology laboratory and was a pioneer in intelligence testing?
- A.
 - B.
 - C.
 - D.
70. The first intelligence test was developed to
- A.
 - B.
 - C.
 - D.
71. If you are studying psychometrics, you are studying the
- A.
 - B.
 - C.
 - D.
72. Alfred Binet's work originated in _____ but has been translated for use in _____.
- A.
 - B.
 - C.
 - D.
73. Psychologists who study the role of the brain in psychological processes use the
- A.
 - B.
 - C.
 - D.

74. Which of the following topics would be studied by a neuroscientist?
- A.
 - B.
 - C.
 - D.
75. Who was the first to publish a description of the cells of the brain, now called neurons?
- A.
 - B.
 - C.
 - D.
76. If you are interested in understanding the structures of the brain that influence emotion, reasoning, speech, and other psychological processes, then you are interested in studying psychology from the _____ perspective.
- A.
 - B.
 - C.
 - D.
77. You are told that Dr. Doe researches the behavior patterns of a group of French descendants who live near the mouth of the Mississippi River. Dr. Doe is most likely a
- A.
 - B.
 - C.
 - D.
78. A person can only be understood by studying the beliefs and the values of the community in which the person has lived. This statement best exemplifies the
- A.
 - B.
 - C.
 - D.

79. One of the values promoted by sociocultural psychologists is the belief that
- A.
 - B.
 - C.
 - D.
80. The basic foundation of the sociocultural approach is that our personalities, beliefs, attitudes, and skills are
- A.
 - B.
 - C.
 - D.
81. The _____ perspective had its greatest influences from social anthropology.
- A.
 - B.
 - C.
 - D.
82. Sociocultural psychologists suggest that differences between cultural groups
- A.
 - B.
 - C.
 - D.
83. The _____ perspective suggests that to understand someone, we must understand both their beliefs, attitudes, and skills learned from others as well as we must understand their culture, ethnic identity, and gender identity.
- A.
 - B.
 - C.
 - D.

84. Cultural relativity suggests that we should view other cultures as _____ to our culture.

- A.
- B.
- C.
- D.

85. Why did women participate less in the development of psychology than men?

- A.
- B.
- C.
- D.

86. What is the current enrollment pattern for men and women interested in graduate education in psychology?

- A.
- B.
- C.
- D.

87. Why does the sociocultural perspective promote cultural relativity?

- A.
- B.
- C.
- D.

88. Persons born into different cultures

- A.
- B.
- C.
- D.

89. One reason that men greatly outnumbered women in the early history of psychology was that
- A.
 - B.
 - C.
 - D.
90. What did Christine Ladd-Franklin and Mary Calkins have in common?
- A.
 - B.
 - C.
 - D.
91. As psychology developed as a science in the late 19th century, the culture of this time
- A.
 - B.
 - C.
 - D.
92. Late 19th- and early 20th-century psychology
- A.
 - B.
 - C.
 - D.
93. At the beginning of the 20th century, women who had successful careers in psychology
- A.
 - B.
 - C.
 - D.

94. Mamie Phipps Clark and Kenneth Clark were African American psychologists who conducted research that
- A.
 - B.
 - C.
 - D.
95. Who was the first African American to be elected president of the American Psychological Association?
- A.
 - B.
 - C.
 - D.
96. Choose the researchers who provided scientific evidence used by the U. S. Supreme Court to decide the *Brown v. Board of Education* ruling.
- A.
 - B.
 - C.
 - D.
97. In the U. S. Supreme Court decision of *Brown v. Board of Education*, segregated school systems could no longer be considered
- A.
 - B.
 - C.
 - D.
98. Contemporary psychologists can be roughly divided into two groups:
- A.
 - B.
 - C.
 - D.

99. A _____ psychologist is interested in changes that take place during the lifespan.
- A.
B.
C.
D.
100. Although related, school psychologists _____ and educational psychologists _____.
- A.
B.
C.
D.
101. There is a specialty in the basic experimental area of psychology that emphasizes reasoning, thinking, and the mental processes associated with perception, language, and problem solving. What is this area called?
- A.
B.
C.
D.
102. Studying the nervous system as a basis for understanding behavior is characteristic of
- A.
B.
C.
D.
103. Psychological research that focuses on uncovering new information without regard to the possible applications is called
- A.
B.
C.
D.

104. Of the total number of psychologists, about one-fourth work in
- A.
 - B.
 - C.
 - D.
105. All of the following represent applied psychology EXCEPT
- A.
 - B.
 - C.
 - D.
106. Psychologists who are trained to test school children's abilities and consult with teachers would best fit into the category of
- A.
 - B.
 - C.
 - D.
107. Psychologists who do their work in industrial settings, medical centers, and school systems often use psychological information obtained from
- A.
 - B.
 - C.
 - D.
108. Therapists and psychological consultants are considered
- A.
 - B.
 - C.
 - D.

109. Job dissatisfaction would be a problem best dealt with by _____ psychologists.
- A.
 - B.
 - C.
 - D.
110. Which is the correct order of completion for a psychiatrist, from first to last?
- A.
 - B.
 - C.
 - D.
111. Why can a psychiatrist prescribe drugs but a clinical psychologist cannot?
- A.
 - B.
 - C.
 - D.
112. Which is the correct order of completion for a clinical psychologist, from first to last?
- A.
 - B.
 - C.
 - D.
113. In general, a clinical psychologist would hold a(n) _____ degree.
- A.
 - B.
 - C.
 - D.

114. What is the major difference between psychologists and psychiatrists?
- A.
 - B.
 - C.
 - D.
115. Dr. Ramirez often prescribes drugs to help relieve clients' depression. Choose the credentials Dr. Ramirez must have to legally treat patients.
- A.
 - B.
 - C.
 - D.
116. The practice of psychiatry is most like the psychological specialty of
- A.
 - B.
 - C.
 - D.
117. The Psy.D. degree stands for
- A.
 - B.
 - C.
 - D.
118. What do we know to be true about human behavior?
- A.
 - B.
 - C.
 - D.

119. Because humans work to feed, shelter, and clothe themselves, we know that human behavior is
- A.
 - B.
 - C.
 - D.
120. Most psychologists agree that biology
- A.
 - B.
 - C.
 - D.
121. Most psychologists agree that people can only be understood by
- A.
 - B.
 - C.
 - D.
122. "We passively let experiences teach us about the world and we let experiences mold our personalities." Which of the following is true regarding this statement?
- A.
 - B.
 - C.
 - D.
123. Plato, a student of Aristotle, believed that to understand we need to observe.
- True False
124. Psychology is a science because the government classifies it as a science.
- True False
125. The ultimate goal of psychology is influence.
- True False

126. All psychologists use the scientific method to study behavior.
True False
127. Theories are scientific truths.
True False
128. Understanding is one of the goals of psychology.
True False
129. Structuralism is an influential viewpoint in contemporary psychology.
True False
130. William James believed that introspection was the key to understanding the basic elements of consciousness.
True False
131. Gestalt psychologists did not believe human consciousness could be meaningfully broken down into raw elements.
True False
132. The work of William James and John B. Watson is sometimes known as 'mental chemistry.'
True False
133. Psychometrics is considered an important and practical viewpoint in modern psychology.
True False
134. Hermann Ebbinghaus developed a memory testing strategy that involved nonsense syllables.
True False
135. Alfred Binet's work in psychometrics was initiated by a request from the London Ministry of Education.
True False

136. In contemporary psychology, behaviorism is no longer considered a distinct school of thought.
- True False
137. As a viewpoint, social learning theory has been replaced by the cognitive perspective.
- True False
138. Social learning theory suggests that behaviors are learned from others in society.
- True False
139. Neuroscientists are coming very close to understanding the connection between brain and behavior.
- True False
140. Ramón y Cajal is credited with the first published description of neurons.
- True False
141. Humanists believe that people cannot change their own fate through conscious decisions.
- True False
142. Sigmund Freud believed that conscious mental processes were of trivial importance.
- True False
143. The sociocultural perspective is a relatively new viewpoint in psychology.
- True False
144. Christine Ladd-Franklin was the first woman to be granted a Ph.D. in psychology.
- True False
145. The sociocultural perspective in psychology emerged from another discipline, criminal justice.
- True False

146. Applied psychologists conduct research in the basic areas of psychology, such as emotion, thinking, and learning.
- True False
147. Psychiatrists must complete medical school
- True False
148. Human lives are a continuous process of change.
- True False

Chapter 1 **Key**

1.
(p. 2)

When referring to the essence of life, Aristotle used the term _____ translated from the Greek, meaning mind.

- A.
- B.**
- C.
- D.

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #1
Style: Factual*

2.
(p. 2)

The writings of Aristotle are important to psychology's origins because they were concerned with the nature of

- A.
- B.**
- C.
- D.

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #2
Style: Factual*

3.
(p. 2)

Aristotle is important to psychology, because he believed that to achieve full understanding of anything we must

- A.
- B.
- C.**
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #3
Style: Conceptual*

4.
(p. 2)

The term "psyche" when translated from the Greek is most closely associated with the term

- A.
- B.
- C.
- D.**

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #4
Style: Factual

5.
(p. 2)

Why is psychology a science?

- A.
- B.**
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #5
Style: Factual

6.
(p. 2)

Which of the following is a key term in the definition of psychology?

- A.**
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #6
Style: Factual

7.
(p. 2)

Strictly speaking, overt behaviors are actions that

- A.
- B.
- C.**
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #7
Style: Factual

8.
(p. 2)

What does psychology have in common with all other sciences?

- A.
- B.
- C.**
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #8
Style: Conceptual

9.
(p. 3)

Which goal of psychology are clinical psychologists attempting when giving recommendations to parole boards about which prisoners to release early?

- A.**
- B.
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #9
Style: Applied

10.
(p. 3)

Behaviors refer to actions that are _____ and mental processes refer to events that are _____.

- A.**
- B.
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #10
Style: Conceptual

11.
(p. 3)

Industrial psychologists who design tests to screen new job candidates for various companies in order to hire workers who should perform best are attempting which goal?

- A.**
- B.
- C.
- D.

Book: Lahey

12.
(p. 3)

Workers are surveyed about their years of experience and level of job satisfaction. The goal of psychology best illustrated by this survey is

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #12
Style: Applied

13.
(p. 3)

In psychology, the words *describe*, *predict*, *understand*, and *influence* relate to

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #13
Style: Factual

14.
(p. 3)

Which of the following is a goal of psychology?

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #14
Style: Factual

15.
(p. 3)

Which of the following best describes truth and theory?

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #15
Style: Factual

16.
(p. 3)

A psychologist is developing a theoretical explanation about a behavior. To which goal of psychology are theoretical explanations important?

- A.
- B.
- C.**
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #16
Style: Conceptual*

17.
(p. 3)

To say that a theory is tentative means that it

- A.
- B.
- C.**
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #17
Style: Conceptual*

18.
(p. 3)

Which of the following is an example of a psychologist's attempt to predict behavior?

- A.
- B.**
- C.
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #18
Style: Applied*

19.
(p. 3)

Which of the following is an example of a psychologist's attempt to understand behavior?

- A.**
- B.
- C.
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #19
Style: Applied*

20.
(p. 3)

A/n _____ is a tentative explanation of the facts, findings, and relationship in any of the sciences.

- A.
- B.**
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #20
Style: Factual

21.
(p. 4)

In which time period did psychology became a recognized field of study?

- A.
- B.
- C.**
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #21
Style: Factual

22.
(p. 4)

The beginning of psychology as a science began in the discipline of

- A.**
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #22
Style: Factual

23.
(p. 4-5)

The launching of psychology as a separate field is usually credited to have occurred during the

- A.
- B.**
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #23
Style: Factual

24.
(p. 5)

Which question were structuralists primarily interested in investigating?

- A.
- B.
- C.**
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #24
Style: Conceptual

25.
(p. 5)

What was the goal of introspection?

- A.
- B.
- C.**
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #25
Style: Factual

26.
(p. 5)

If you were a psychologist who was labeled a structuralist, you would be interested in the _____ of the mind, using _____ as your primary research method.

- A.
- B.
- C.
- D.**

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #26
Style: Conceptual

27.
(p. 5)

With which school of psychology are Wilhelm Wundt and his student, Edward Titchener, associated?

- A.
- B.**
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #27
Style: Factual

28.
(p. 5)

In which school of thought did researchers ask participants to report sensations they were experiencing?

- A.
- B.
- C.**
- D.

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #28
Style: Factual*

29.
(p. 5-6)

J. Henry Alston was notable as an African American psychologist and for his studies of the sensations of heat and cold. J. Henry Alston was an early

- A.
- B.
- C.**
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #29
Style: Factual*

30.
(p. 6)

Which school of psychology focused its studies on perception?

- A.
- B.
- C.
- D.**

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #30
Style: Factual*

31.
(p. 5-6)

Which structuralist is best known for the study of heat and cold?

- A.**
- B.
- C.
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #31
Style: Factual*

32.
(p. 6)

Which school of psychology used the phi phenomenon to demonstrate its belief about human consciousness?

- A.
- B.
- C.
- D.

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #32
Style: Factual*

33.
(p. 6)

Which approach to psychology would be apt to say "the whole is greater than the sum of its parts?"

- A.
- B.
- C.
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #33
Style: Factual*

34.
(p. 6)

The phi phenomenon was used by psychologists to argue that

- A.
- B.
- C.
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #34
Style: Conceptual*

35.
(p. 6)

The _____ psychologists preferred to study behavior as a collection of elements, while the _____ psychologists preferred to study behavior as a whole, in its entire context.

- A.
- B.
- C.
- D.

Book: Lahey

36.
(p. 6)

In psychology, William James was highly influential in developing the school of thought known as

- A.
- B.
- C.
- D.**

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #36
Style: Factual

37.
(p. 6-7)

If an early psychologist believed that the study of psychology should focus on the purpose of the mind and not on its raw elements, that psychologist would most likely adhere to the school of thought known as

- A.
- B.
- C.**
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #37
Style: Factual

38.
(p. 6-7)

If you are interested in the functionalist approach to psychology, you would be most interested in

- A.
- B.
- C.
- D.**

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #38
Style: Conceptual

39.
(p. 6-7)

Using William James' analogy, the study of a flowing stream is like _____ as the study of individual water molecules is like _____.

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #39
Style: Conceptual

40.
(p. 7)

What was the main contribution of Hermann Ebbinghaus to psychology?

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #40
Style: Factual

41.
(p. 7)

Who was the early pioneer in memory research that used himself as his only research subject?

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #41
Style: Factual

42.
(p. 7)

You have learned a list of 20 nonsense syllables. You are tested at 20 minutes, 1 hour, 10 hours, and 24 hours. If you fit Hermann Ebbinghaus's forgetting curve you will

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: High
Lahey - Chapter 01 #42
Style: Conceptual

43.
(p. 7)

Who participated in Hermann Ebbinghaus' studies of memory?

- A.
- B.**
- C.
- D.

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #43
Style: Factual*

44.
(p. 7)

Why did Hermann Ebbinghaus make up nonsense syllables for his memory studies?

- A.
- B.
- C.**
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #44
Style: Factual*

45.
(p. 8)

Which early researcher studied memory by having his/her participants pair a number and a color together?

- A.**
- B.
- C.
- D.

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #45
Style: Factual*

46.
(p. 8)

The modern version of functionalism is known as

- A.**
- B.
- C.
- D.

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #46
Style: Factual*

47.
(p. 8)

In a memory study, you present a color that is presented alongside a number. These items are presented together, at the same time. Later you present the color, and ask the participant to recall (remember) the number. This is called a/n _____ task.

- A.
- B.**
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #47
Style: Conceptual

48.
(p. 8)

The broad term that encompasses procedures such as perceiving, believing, thinking, remembering, knowing, and making decisions is called

- A.
- B.
- C.**
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #48
Style: Factual

49.
(p. 8)

A researcher counts the number of times a rat stands on its hind legs after being placed in a new environment. Given what you know about the schools of psychology, which viewpoint best suits her research technique?

- A.
- B.**
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #49
Style: Applied

50.
(p. 9)

Which contemporary viewpoint combines aspects of behaviorism with aspects from the cognitive perspective?

- A.
- B.
- C.
- D.**

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #50
Style: Conceptual*

51.
(p. 9)

Followers of Albert Bandura's viewpoint would best be described as

- A.
- B.**
- C.
- D.

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #51
Style: Factual*

52.
(p. 9)

Important aspects of behavior and mental processes are learned from others. Which psychologist most likely made a statement similar to this?

- A.**
- B.
- C.
- D.

*Book: Lahey
Difficulty: High
Lahey - Chapter 01 #52
Style: Factual*

53.
(p. 8-9)

Who won a Nobel Prize for his work on digestion?

- A.**
- B.
- C.
- D.

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #53
Style: Factual*

54.
(p. 8)

The term "conditioning" as used by Ivan Pavlov is another term for

- A.
- B.**
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #54
Style: Factual

55.
(p. 9)

Who is most closely associated with social learning theory?

- A.
- B.
- C.
- D.**

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #55
Style: Factual

56.
(p. 9)

Which of the following is a basic belief of social learning theory?

- A.**
- B.
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #56
Style: Conceptual

57.
(p. 9)

Which school of psychology was founded and developed by Sigmund Freud?

- A.
- B.
- C.**
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #57
Style: Conceptual

58.
(p. 9)

What differentiated Sigmund Freud from most of the other influential founders of psychology?

- A.
- B.
- C.**
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #58
Style: Conceptual*

59.
(p. 9)

You have a friend who appears to be having frequent anxiety attacks. From what you know about the psychoanalytic school, what would a psychoanalyst say was at the heart of your friend's problem?

- A.**
- B.
- C.
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #59
Style: Applied*

60.
(p. 9)

Which of the following statements is true regarding Sigmund Freud's theory of behavior?

- A.
- B.**
- C.
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #60
Style: Conceptual*

61.
(p. 9)

Which theorist would most likely accuse you of accidentally wrecking your dad's car because (though you were not aware of this) you wanted to hurt your dad?

- A.
- B.**
- C.
- D.

Book: Lahey

62.
(p. 9)

How does contemporary psychoanalysis differ from the original form of psychoanalysis?

- A.
- B.**
- C.
- D.

63.
(p. 9)

What do psychoanalytic and humanistic views have in common?

- A.
- B.
- C.**
- D.

64.
(p. 9)

Which person is most closely associated with the study of human behavior as it pertains to the unconscious mind?

- A.
- B.**
- C.
- D.

65.
(p. 9)

According to Sigmund Freud, where do motives reside?

- A.
- B.
- C.**
- D.

66.
(p. 10)

Humanists believe that conscious processes are

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #66
Style: Factual

67.
(p. 10)

Self-concept refers to the idea of

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #67
Style: Factual

68.
(p. 10)

The most important aspect of study to a humanist is

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #68
Style: Factual

69.
(p. 10)

Which psychologist founded France's first psychology laboratory and was a pioneer in intelligence testing?

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #69
Style: Factual

70.
(p. 10)

The first intelligence test was developed to

- A.
- B.**
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #70
Style: Factual

71.
(p. 10)

If you are studying psychometrics, you are studying the

- A.**
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #71
Style: Factual

72.
(p. 10)

Alfred Binet's work originated in _____ but has been translated for use in _____.

- A.
- B.
- C.**
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #72
Style: Conceptual

73.
(p. 10-11)

Psychologists who study the role of the brain in psychological processes use the

- A.**
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #73
Style: Factual

74.
(p. 11)

Which of the following topics would be studied by a neuroscientist?

- A.
- B.
- C.**
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #74
Style: Applied*

75.
(p. 10-11)

Who was the first to publish a description of the cells of the brain, now called neurons?

- A.
- B.**
- C.
- D.

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #75
Style: Factual*

76.
(p. 10-11)

If you are interested in understanding the structures of the brain that influence emotion, reasoning, speech, and other psychological processes, then you are interested in studying psychology from the _____ perspective.

- A.
- B.
- C.**
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #76
Style: Factual*

77.
(p. 13-14)

You are told that Dr. Doe researches the behavior patterns of a group of French descendants who live near the mouth of the Mississippi River. Dr. Doe is most likely a

- A.
- B.
- C.
- D.**

Book: Lahey

78.
(p. 14)

A person can only be understood by studying the beliefs and the values of the community in which the person has lived. This statement best exemplifies the

- A.
- B.**
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #78
Style: Conceptual

79.
(p. 14)

One of the values promoted by sociocultural psychologists is the belief that

- A.
- B.
- C.
- D.**

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #79
Style: Conceptual

80.
(p. 14)

The basic foundation of the sociocultural approach is that our personalities, beliefs, attitudes, and skills are

- A.
- B.
- C.
- D.**

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #80
Style: Factual

81.
(p. 14)

The _____ perspective had its greatest influences from social anthropology.

- A.**
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #81
Style: Factual

82.
(p. 14-15)

Sociocultural psychologists suggest that differences between cultural groups

- A.
- B.**
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #82
Style: Conceptual

83.
(p. 14)

The _____ perspective suggests that to understand someone, we must understand both their beliefs, attitudes, and skills learned from others as well as we must understand their culture, ethnic identity, and gender identity.

- A.
- B.
- C.
- D.**

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #83
Style: Factual

84.
(p. 15)

Cultural relativity suggests that we should view other cultures as _____ to our culture.

- A.
- B.
- C.
- D.**

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #84
Style: Factual

85.
(p. 15)

Why did women participate less in the development of psychology than men?

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #85
Style: Conceptual

86.
(p. 16)

What is the current enrollment pattern for men and women interested in graduate education in psychology?

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #86
Style: Factual

87.
(p. 15)

Why does the sociocultural perspective promote cultural relativity?

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #87
Style: Factual

88.
(p. 15)

Persons born into different cultures

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #88
Style: Factual

89.
(p. 16)

One reason that men greatly outnumbered women in the early history of psychology was that

- A.
- B.
- C.
- D.**

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #89
Style: Conceptual*

90.
(p. 15-16)

What did Christine Ladd-Franklin and Mary Calkins have in common?

- A.**
- B.
- C.
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #90
Style: Conceptual*

91.
(p. 16)

As psychology developed as a science in the late 19th century, the culture of this time

- A.
- B.
- C.**
- D.

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #91
Style: Factual*

92.
(p. 16)

Late 19th- and early 20th-century psychology

- A.
- B.
- C.
- D.**

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #92
Style: Factual*

93.
(p. 16)

At the beginning of the 20th century, women who had successful careers in psychology

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #93
Style: Factual

94.
(p. 16)

Mamie Phipps Clark and Kenneth Clark were African American psychologists who conducted research that

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #94
Style: Factual

95.
(p. 16)

Who was the first African American to be elected president of the American Psychological Association?

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #95
Style: Factual

96.
(p. 16)

Choose the researchers who provided scientific evidence used by the U. S. Supreme Court to decide the *Brown v. Board of Education* ruling.

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #96
Style: Factual

97.
(p. 16)

In the U. S. Supreme Court decision of *Brown v. Board of Education*, segregated school systems could no longer be considered

- A.
- B.**
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #97
Style: Factual

98.
(p. 17)

Contemporary psychologists can be roughly divided into two groups:

- A.
- B.**
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #98
Style: Factual

99.
(p. 17)

A _____ psychologist is interested in changes that take place during the lifespan.

- A.
- B.
- C.**
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #99
Style: Factual

100.
(p. 18)

Although related, school psychologists _____ and educational psychologists _____.

- A.
- B.
- C.
- D.**

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #100
Style: Conceptual

101.
(p. 17)

There is a specialty in the basic experimental area of psychology that emphasizes reasoning, thinking, and the mental processes associated with perception, language, and problem solving. What is this area called?

- A.
- B.
- C.**
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #101
Style: Conceptual*

102.
(p. 17)

Studying the nervous system as a basis for understanding behavior is characteristic of

- A.
- B.
- C.**
- D.

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #102
Style: Factual*

103.
(p. 17)

Psychological research that focuses on uncovering new information without regard to the possible applications is called

- A.**
- B.
- C.
- D.

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #103
Style: Factual*

104.
(p. 17)

Of the total number of psychologists, about one-fourth work in

- A.**
- B.
- C.
- D.

*Book: Lahey
Difficulty: Medium*

105.
(p. 18)

All of the following represent applied psychology
EXCEPT

- A.
- B.
- C.**
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #105
Style: Factual

106.
(p. 18)

Psychologists who are trained to test school
children's abilities and consult with teachers would
best fit into the category of

- A.
- B.
- C.
- D.**

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #106
Style: Factual

107.
(p. 18)

Psychologists who do their work in industrial
settings, medical centers, and school systems
often use psychological information obtained
from

- A.**
- B.
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #107
Style: Applied

108.
(p. 18)

Therapists and psychological consultants are
considered

- A.**
- B.
- C.
- D.

Book: Lahey

109.
(p. 18)

Job dissatisfaction would be a problem best dealt with by _____ psychologists.

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #109
Style: Factual

110.
(p. 18)

Which is the correct order of completion for a psychiatrist, from first to last?

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Hard
Lahey - Chapter 01 #110
Style: Factual

111.
(p. 18)

Why can a psychiatrist prescribe drugs but a clinical psychologist cannot?

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Hard
Lahey - Chapter 01 #111
Style: Conceptual

112.
(p. 18-19)

Which is the correct order of completion for a clinical psychologist, from first to last?

- A.
- B.
- C.
- D.

Book: Lahey
Difficulty: Hard
Lahey - Chapter 01 #112
Style: Factual

113.
(p. 18)

In general, a clinical psychologist would hold a(n)
_____ degree.

- A.
- B.**
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #113
Style: Factual

114.
(p. 18)

What is the major difference between
psychologists and psychiatrists?

- A.
- B.**
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #114
Style: Factual

115.
(p. 18)

Dr. Ramirez often prescribes drugs to help relieve
clients' depression. Choose the credentials Dr.
Ramirez must have to legally treat patients.

- A.**
- B.
- C.
- D.

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #115
Style: Applied

116.
(p. 18-19)

The practice of psychiatry is most like the
psychological specialty of

- A.
- B.
- C.
- D.**

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #116
Style: Conceptual

117.
(p. 18-19)

The Psy.D. degree stands for

- A.
- B.
- C.**
- D.

Book: Lahey
Difficulty: Easy
Lahey - Chapter 01 #117
Style: Factual

118.
(p. 21)

What do we know to be true about human behavior?

- A.**
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #118
Style: Factual

119.
(p. 21)

Because humans work to feed, shelter, and clothe themselves, we know that human behavior is

- A.**
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #119
Style: Factual

120.
(p. 20)

Most psychologists agree that biology

- A.
- B.
- C.**
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #120
Style: Factual

121.
(p. 21)

Most psychologists agree that people can only be understood by

- A.**
- B.
- C.
- D.

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #121
Style: Factual

122.
(p. 21)

"We passively let experiences teach us about the world and we let experiences mold our personalities." Which of the following is true regarding this statement?

- A.
- B.
- C.
- D.**

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #122
Style: Conceptual

123.
(p. 2)

Plato, a student of Aristotle, believed that to understand we need to observe.

FALSE

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #123
Style: Factual

124.
(p. 2)

Psychology is a science because the government classifies it as a science.

FALSE

Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #124
Style: Factual

125.
(p. 3)

The ultimate goal of psychology is influence.

TRUE

Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #125
Style: Factual

126.
(p. 3)
- All psychologists use the scientific method to study behavior.
- TRUE**
- Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #126
Style: Factual*
127.
(p. 3)
- Theories are scientific truths.
- FALSE**
- Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #127
Style: Factual*
128.
(p. 3)
- Understanding is one of the goals of psychology.
- TRUE**
- Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #128
Style: Factual*
129.
(p. 5)
- Structuralism is an influential viewpoint in contemporary psychology.
- FALSE**
- Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #129
Style: Conceptual*
130.
(p. 6)
- William James believed that introspection was the key to understanding the basic elements of consciousness.
- FALSE**
- Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #130
Style: Factual*
131.
(p. 6)
- Gestalt psychologists did not believe human consciousness could be meaningfully broken down into raw elements.
- TRUE**
- Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #131
Style: Factual*

132.
(p. 6-9)

The work of William James and John B. Watson is sometimes known as 'mental chemistry.'

FALSE

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #132
Style: Factual*

133.
(p. 10)

Psychometrics is considered an important and practical viewpoint in modern psychology.

TRUE

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #133
Style: Factual*

134.
(p. 7)

Hermann Ebbinghaus developed a memory testing strategy that involved nonsense syllables.

TRUE

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #134
Style: Factual*

135.
(p. 10)

Alfred Binet's work in psychometrics was initiated by a request from the London Ministry of Education.

FALSE

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #135
Style: Factual*

136.
(p. 8-9)

In contemporary psychology, behaviorism is no longer considered a distinct school of thought.

FALSE

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #136
Style: Factual*

137.
(p. 7-8)

As a viewpoint, social learning theory has been replaced by the cognitive perspective.

FALSE

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #137
Style: Conceptual*

138.
(p. 8)

Social learning theory suggests that behaviors are learned from others in society.

TRUE

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #138
Style: Factual*

139.
(p. 10-11)

Neuroscientists are coming very close to understanding the connection between brain and behavior.

FALSE

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #139
Style: Factual*

140.
(p. 10)

Ramón y Cajal is credited with the first published description of neurons.

TRUE

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #140
Style: Factual*

141.
(p. 10)

Humanists believe that people cannot change their own fate through conscious decisions.

FALSE

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #141
Style: Factual*

142.
(p. 9)

Sigmund Freud believed that conscious mental processes were of trivial importance.

TRUE

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #142
Style: Factual*

143.
(p. 14)

The sociocultural perspective is a relatively new viewpoint in psychology.

TRUE

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #143
Style: Factual*

144.
(p. 16)

Christine Ladd-Franklin was the first woman to be granted a Ph.D. in psychology.

FALSE

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #144
Style: Factual*

145.
(p. 14)

The sociocultural perspective in psychology emerged from another discipline, criminal justice.

FALSE

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #145
Style: Factual*

146.
(p. 18)

Applied psychologists conduct research in the basic areas of psychology, such as emotion, thinking, and learning.

FALSE

*Book: Lahey
Difficulty: Medium
Lahey - Chapter 01 #146
Style: Factual*

147.
(p. 18)

Psychiatrists must complete medical school

TRUE

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #147
Style: Factual*

148.
(p. 21)

Human lives are a continuous process of change.

TRUE

*Book: Lahey
Difficulty: Low
Lahey - Chapter 01 #148
Style: Factual*

Chapter 1 Summary