Role Development for the Nurse Practitioner, Second Edition
Discussion Questions

Chapter 2

1. Describe the characteristics that constitute a healthy family.
ANSWER: Student responses may vary but include information about resilience, capacity, and level of achievement of the five goals of family life.

2. Develop a three-generation family genogram on a partner and build a comprehensive problem list for one family constellation.
ANSWER: Student responses may vary but should include factual events, expanded events, and relationships.

3. Draw your family ecomap, and outline the various family relationships to institutions, leisure activities, and agencies. Define which relationships are stress producing and which foster support. Discuss how the individuals in the family are linked to significant people and how they engage in social support.
ANSWER: Student responses will vary but should include the genogram the relationship with larger systems. The systems include school, work environment, place of worship, healthcare agencies, social support agencies, courts, recreation, housing, and friends.

4. Consider the family capacity model when reading the case of Dora Roman, and outline family strengths, function, needs, goals, and supports needed to maximize the family potential.
ANSWER: Student responses will vary but should include information such as:
Strengths:
- Licensed as an LPN
- Receiving continuity of care in Connecticut
- Sister offers her home when the weather is cold
- Daughter lives in Connecticut

Function:
- Dora contacts her sister to use her home when the weather is too cold
- Dora has no contact with her daughter

Needs:
- Employment
- Shelter
- Consistent hygienic resources
- Money
- Health care
- Treatment for back pain and sleep

Goals:
- Receive subsidized housing
- Receive Medicaid

Supports:
- Sister
- Daughter
- Government