

Chapter 1 The Problem of Mental Disorder

Test Questions

Part I. Multiple Choice Questions

Circle the response that best answers the following questions.

- 1) The World Health Organization estimated in 2011 that _____ million people globally suffer from some form of mental disorder.
- A) 8
 - B) 72
 - C) 355
 - D) 450

Answer: D Page Reference: 1

- 2) Approximately _____ of the U.S. population meets the criteria for one or more mental disorders in their lifetime.
- A) one-quarter
 - B) one-third
 - C) one-half
 - D) two-thirds

Answer: C Page Reference: 1

- 3) The onset of most people's mental health problem is during _____.
- A) infancy
 - B) childhood
 - C) middle adulthood
 - D) late adulthood

Answer: B Page Reference: 1

- 4) Which of the following statements is true regarding the prevalence of mental disorder?
- A) The actual number of individuals afflicted with a mental disorder is unknown because not everyone seeks medical attention.
 - B) The prevalence of mental disorder cannot be calculated because data are based on biased sources.
 - C) The reported prevalence of mental disorder is likely an over-count of the actual extent due to a lack of proper diagnostic measures.
 - D) The estimate of mental disorder in the United States is at best an estimate of the number of institutionalized populations.

Answer: A Page Reference: 2

- 5) While psychiatrists and clinical psychologists focus on individual cases of mental disorder, sociologists analyze mental disorder by studying _____.
A) historical cases
B) diagnoses
C) social structures
D) victim responses

Answer: C Page Reference: 2

- 6) According to sociologists, mental disorder is a _____ behavioral standards set by society.
A) traditional path to
B) miscommunication about
C) consequence of
D) significant deviation from

Answer: D Page Reference: 2

- 7) How is mental disorder defined in the DSM-5?
A) Mental disorders are conditions that are either physical or psychological in nature.
B) Mental disorders are disorders that respond to treatment.
C) Mental disorders are deviations from past behavior that result from an abnormal disturbance.
D) Mental disorders are those disorders that can be diagnosed and treated.

Answer: C Page Reference: 4

- 8) In many preliterate societies, mental disorders were explained through _____.
A) magic
B) human motivation
C) punishment
D) physical ailment

Answer: A Page Reference: 5

- 9) An example of _____ magic could be the use of voodoo dolls.
A) contagious
B) shaman
C) solidarity
D) sympathetic

Answer: D Page Reference: 6

- 10) Which of the following is not a similarity between witch doctors and psychiatrists as identified by Torrey?

- A) sharing techniques of psychotherapy
- B) using psychotropic drugs
- C) creating hope in the patient
- D) having a personal relationship with the patient

Answer: B Page Reference: 7

- 11) According to Hippocrates, mental illness is not the result of supernatural forces, but rather due to _____.
- A) natural causes
 - B) medicine
 - C) ethics
 - D) divine intervention

Answer: A Page Reference: 8

- 12) Which of the following modern legal tactics is the result of the Roman's redefinition of insanity?
- A) the 5th Amendment
 - B) the insanity plea
 - C) the opening statement
 - D) tenants' rights

Answer: B Page Reference: 9

- 13) During the Renaissance, _____ were devoted to the physical functions of the body while _____ focused on the mental processes.
- A) psychologists; physicians
 - B) physicians; theologians
 - C) theologians; psychologists
 - D) physicians; psychologists

Answer: B Page Reference: 10

- 14) The first mental hospital was founded by Father Gilabert Jofre in _____.
- A) France
 - B) England
 - C) Spain
 - D) Germany

Answer: C Page Reference: 12

- 15) The Assemblies of God supported the belief in divine healing by _____.
- A) accepting the Bible as the literal truth
 - B) putting faith in the community
 - C) praying to multiple gods

D) supporting witch craft

Answer: A Page Reference: 13

- 16) During the eighteenth century, “hospitals” spread across Europe intended to control persons considered social problems. This marked the age of the _____.
- A) Great Confinement
 - B) Enlightenment
 - C) Hospital General
 - D) Chiarugi

Answer: A Page Reference: 15

- 17) Who of the following was not involved in the reforms in the 18th century?
- A) Vincenzo Chiarugi
 - B) Willian Tuke
 - C) Philippe Pinel
 - D) Sigmund Frued

Answer: D Page Reference: 16

- 18) Moral treatment was most prevalent in New England and among _____.
- A) violent persons
 - B) white individuals
 - C) criminals
 - D) middle-class families

Answer: D Page Reference: 18

- 19) Which of the following was not a reason for the failure of moral treatment?
- A) There was no systematic approach to moral treatment.
 - B) Mental asylums were overcrowded.
 - C) There was no consensus in the underlying cause of mental illness.
 - D) Mental illness was seen as incurable.

Answer: C Page Reference: 18-19

- 20) According to the medical model, abnormal mental behavior was the result of _____.
- A) genetics
 - B) mental disease
 - C) witchcraft
 - D) the Devil

Answer: B Page Reference: 19

- 21) _____ paid attention to the role of instincts in shaping behavior.

- A) Dorothea Dix
- B) Michael Foucault
- C) Sigmund Freud
- D) Johann Weyer

Answer: C Page Reference: 20

- 22) Psychoactive drugs _____.
- A) cure mental illness
 - B) are supported by the APA
 - C) cause more problems than they cure
 - D) relieve symptoms but do not cure

Answer: D Page Reference: 22

- 23) A therapeutic community is a basic idea of _____.
- A) a community mental health program
 - B) psychoanalysis
 - C) the Great Confinement
 - D) moral treatment

Answer: A Page Reference: 22

- 24) One of the major breakthroughs for mental health practitioners of the 21st century is _____.
- A) community mental health
 - B) psychotropic drugs
 - C) moral treatments
 - D) human genome mapping

Answer: D Page Reference: 23

- 25) Community mental health centers have been hindered by _____.
- A) a lack of funding
 - B) too few patients
 - C) poor community support
 - D) little professional backing

Answer: A Page Reference: 23

Part II. Essay Questions

Answer the following questions in your own words.

- 1) Outline how mental disorder has been defined over time.