

Chapter 02

Multiple Choice

Identify the choice that best completes the statement or answers the question.

- _____ 1. Which of the following is **not** a term that describes interpersonal behavior?
- Open
 - Reliable
 - Experienced
 - Direct
 - Empathic
- _____ 2. According to the Intentional Relationship Model (IRM), which of the following is **not** an interpersonal skill necessary for an occupational therapist to have?
- The ability to be self-aware of one's social behavior around clients
 - The ability to communicate effectively with nonverbal clients
 - The ability to be evasive and skilled at excuse-making to get out of sticky situations with clients
 - The ability to be reliable and predictable in one's interaction with clients

True/False

Indicate whether the statement is true or false.

- _____ 3. A therapist's capacity to remain self-aware and intentional in his or her interaction with clients is key to establishing a therapeutic relationship.
- _____ 4. Although no single person possesses all behaviors that characterize an interpersonally effective occupational therapist, it is important to remain reflective and self-aware of your own unique interpersonal profile.
- _____ 5. Although each therapist develops his or her own way of using his or her innate strengths in therapy, what characterizes all effective therapists is that their use of self is intentional.

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Answer Section

MULTIPLE CHOICE

1. ANS: C
OBJ: 2.2 Develop a familiarity with lay terms used to describe interpersonal behavior.
TOP: Interpersonal Behavior
2. ANS: C
OBJ: 2.3 Critically appraise the interpersonal behavior of other therapists.
TOP: Interpersonal Behavior and Skills

TRUE/FALSE

3. ANS: T
OBJ: 2.3 Critically appraise the interpersonal behavior of other therapists.
TOP: Interpersonal Behavior and Skills
4. ANS: T
OBJ: 2.4 Reflect upon one's own tendencies (including strengths and weaknesses) for interpersonal behavior.
TOP: Reflection on Interpersonal Behavior
5. ANS: T
OBJ: 2.1 Understand the depth of positive relationship dynamics that may occur during occupational therapy.
TOP: Positive Relationship Dynamics