

1. The social work profession was created through the change of role of organizations. Which of the following is NOT a part of the helping process?

- a. addressing issues of social change and fulfilling individual needs.
- b. addressing issues of social instability and fulfilling individual needs.
- c. addressing issues of social change and fulfilling societal needs.
- d. none of the above

ANSWER:

a

REFERENCES:

29

QUESTION TYPE:

Multiple Choice

NATIONAL STANDARDS:

United States - EPAS: 2.1.1c

2. The case of the *Elderly Client and his Adult Child* illustrates:

- a. an ethical policy
- b. a moral decision
- c. an ethical dilemma
- d. NASW standards

ANSWER:

c

REFERENCES:

43

QUESTION TYPE:

Multiple Choice

NATIONAL STANDARDS:

United States - EPAS: 2.1.2b

3. The belief that both the individual and the system contain within them the strength to implement the mutuality of symbiosis is referred to as:

- a. Assumption of motivation for change
- b. Assumption of strength for change
- c. Mutual dependence
- d. Ethical value stance

ANSWER:

b

REFERENCES:

26

QUESTION TYPE:

Multiple Choice

NATIONAL STANDARDS:

United States - EPAS: 2.1.9a

4. The four steps to the medical model are:

- a. study, diagnosis, treatment, and evaluation
- b. study, diagnosis, treatment, and termination
- c. diagnosis, prognosis, treatment, and evaluation
- d. assessment, formulation, treatment plan, and evaluation

ANSWER:

a

REFERENCES:

8

QUESTION TYPE:

Multiple Choice

NATIONAL STANDARDS:

United States - EPAS: 2.1.7a

5. All of the following are FALSE except:

- a. The relationship between feelings and action is reciprocal.
- b. The relationship between feelings and action is mutual.
- c. The relationship between feelings and action is fixed.

- d. The relationship between feelings and action is ambivalent.

ANSWER: a
REFERENCES: 34
QUESTION TYPE: Multiple Choice
NATIONAL STANDARDS: United States - EPAS: 2.1.0b

6. The term symbiotic is used to describe:

- a. the mutual needs of children and their mothers.
- b. the mutual needs of individuals and the systems that matter to them.
- c. the mutual needs of infants and the systems that matter to them.
- d. the core dynamic of the oppression psychology.

ANSWER: b
REFERENCES: 18
QUESTION TYPE: Multiple Choice
NATIONAL STANDARDS: United States - EPAS: 2.1.7a

7. Which of the following statements is correct?

- a. Social work practice is value free.
- b. Social workers must be knowledgeable about ethical decision making.
- c. Social workers must seek legal help to make ethical decisions.
- d. All of the above.

ANSWER: b
REFERENCES: 45
QUESTION TYPE: Multiple Choice
NATIONAL STANDARDS: United States - EPAS: 2.1.2a

8. The four phases of work are termed:

- a. Preliminary, Joining, Middle and Ending and Transition
- b. Preparatory, Joining, Middle and Ending and Transition
- c. Preliminary, Joining, Work and Ending and Transition
- d. Preliminary, Beginning, Middle and Ending and Transition

ANSWER: d
REFERENCES: 37
QUESTION TYPE: Multiple Choice
NATIONAL STANDARDS: United States - EPAS: 2.1.0b

9. The VISA Center example illustrates the following:

- a. dynamic systems theory
- b. the interactional perspective
- c. a & b
- d. none of the above

ANSWER: c
REFERENCES: 11
QUESTION TYPE: Multiple Choice
NATIONAL STANDARDS: United States - EPAS: 2.1.7b

10. The relationship among client, systems and worker is graphically depicted as:

- a. a timeline
- b. a triangle
- c. a flow chart
- d. all of the above

ANSWER:

b

REFERENCES:

32

QUESTION TYPE:

Multiple Choice

NATIONAL STANDARDS:

United States - EPAS: 2.1.5a

11. All of the following are modalities of service except:

- a. individual practice
- b. community practice
- c. mental health practice
- d. group practice

ANSWER:

c

REFERENCES:

31

QUESTION TYPE:

Multiple Choice

NATIONAL STANDARDS:

United States - EPAS: 2.1.5c

12. Which of the following is an obstacle in the engagement?:

- a. divergent interests of people and the systems that matter to them
- b. problems associated with interpersonal roles
- c. increasing complexity of the medical model
- d. the increase in mental health problems

ANSWER:

a

REFERENCES:

22

QUESTION TYPE:

Multiple Choice

NATIONAL STANDARDS:

United States - EPAS: 2.1.9a

13. A process in which workers may project onto clients their own unfinished family business is called:

- a. transference
- b. countertransference
- c. parallel process
- d. process-content connection

ANSWER:

b

REFERENCES:

39

QUESTION TYPE:

Multiple Choice

NATIONAL STANDARDS:

United States - EPAS: 2.1.0b

14. The three streams of casework, group work, and community organization have been termed the _____ by Specht and Courtney.

- a. social work trio
- b. social work mission
- c. social work code
- d. social work trinity

ANSWER: d
REFERENCES: 29
QUESTION TYPE: Multiple Choice
NATIONAL STANDARDS: United States - EPAS: 2.1.1c

15. Shulman describes his research around the interactional model as focusing on operationalizing the independent variable and then understanding its impact on the mediating variables as well as on the dependent or outcome variables. The independent variable and mediating variables here are referring to:

- a. practice skill and working relationship
- b. practice model and working relationship
- c. practice skill and treatment plan
- d. practice skill and evaluation

ANSWER: a
REFERENCES: 40
QUESTION TYPE: Multiple Choice
NATIONAL STANDARDS: United States - EPAS: 2.1.6b

16. Models are used to describe helping processes, and skills are specific behaviors that the worker uses in the helping process.

- a. True
- b. False

ANSWER: True
REFERENCES: 7
QUESTION TYPE: True / False
NATIONAL STANDARDS: United States - EPAS: 2.1.7a

17. The two-client construct refers to the idea that clients are often of “two-minds”.

- a. True
- b. False

ANSWER: False
REFERENCES: 19
QUESTION TYPE: True / False
NATIONAL STANDARDS: United States - EPAS: 2.1.7a

18. In the interactional model the worker-client relationship is understood within the social context and is influenced by the impact of time.

- a. True
- b. False

ANSWER: True
REFERENCES: 5 and Glossary
QUESTION TYPE: True / False
NATIONAL STANDARDS: United States - EPAS: 2.1.7a

19. An example of an “unearned privilege” is Whiteness.

- a. True
- b. False

ANSWER: True

REFERENCES:

16

QUESTION TYPE:

True / False

NATIONAL STANDARDS:

United States - EPAS: 2.1.7a

20. The demand for empathy occurs when the worker exhorts the client to work effectively on their goals.

a. True

b. False

ANSWER:

False

REFERENCES:

26

QUESTION TYPE:

True / False

NATIONAL STANDARDS:

United States - EPAS: 2.1.9a