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**Chapter 01: An Overview of Immunology** 

Turgeon: Evolve Resources for Immunology & Serology in Laboratory Medicine, 6th Edition

## MULTIPLE CHOICE

- 1. The "father" of immunology is generally considered to be
  - a. Koch.
  - b. Pasteur.
  - c. Gram.
  - d. Salk.

ANS: B

Louis Pasteur is generally considered to be the "father of immunology."

DIF: Cognitive Level: I

- 2. An early form of immunization was practiced by the
  - a. Romans.
  - b. Greeks.
  - c. Chinese.
  - d. Native Americans.

ANS: C

Beginning about 1000 AD, the Chinese practiced a form of immunization by inhaling dried powders derived from the crusts of smallpox lesions.

REF: p. 3

DIF: Cognitive Level: I

REF: p. 2

- 3. A specific function of the immune system is to
  - a. recognize self from nonself.
  - b. defend the body against nonself.
  - c. amplify specific functions.
  - d. Both A and B.

ANS: D

The function of the immune system is to recognize self from nonself and defend the body against nonself. Such a system is necessary for survival. The immune system also has *nonspecific* effector mechanisms that usually amplify the specific functions. Nonspecific components of the immune system include mononuclear phagocytes, polymorphonuclear leukocytes, and soluble factors (e.g., complement).

DIF: Cognitive Level: I REF: p. 3

- 4. An undesirable consequence of immunity is
  - a. natural resistance.
  - b. acquired resistance to infectious diseases.
  - c. an autoimmune disorder.
  - d. recovery from infectious disease.

ANS: C

The desirable consequences of immunity include natural resistance, recovery, and acquired resistance to infectious diseases. A deficiency or dysfunction of the immune system can cause many disorders. Undesirable consequences of immunity include allergy, rejection of a transplanted organ, or an autoimmune disorder.

DIF: Cognitive Level: I REF: p. 3

- 5. The first line of defense against infection is
  - a. unbroken skin or mucous membranes.
  - b. phagocytosis.
  - c. antibody production.
  - d. antigen recognition.

ANS: A

The first line of defense, or first barrier to infection, is unbroken skin and mucosal membrane surfaces.

DIF: Cognitive Level: I REF: p. 5

- 6. If microorganisms penetrate the first line of defense, a second line of \_\_\_\_\_\_ forms defense mechanisms that become operational.
  - a. cellular components
  - b. humoral components
  - c. secretions
  - d. Both A and B.

ANS: D

If a microorganism penetrates the skin or mucosal membranes, a second line of cellular and humoral defense mechanisms becomes operational. Secretions are an important component in the first line of defense against microbial invasion.

DIF: Cognitive Level: I REF: p. 5

- 7. A specific component of the adaptive immune system formed in response to antigenic stimulation is
  - a. complement.
  - b. immunoglobulin.
  - c. increased secretion of mucus.
  - d. enhanced phagocytosis.

ANS: F

If specific antibodies have been formed to antigenic stimulation, they are available to protect the body against foreign substances. The recognition of foreign substances and subsequent production of antibodies to these substances defines immunity.

- 8. Acquired immunity can result from
  - a. vaccination by injection of an antigen.
  - b. contracting a disease.
  - c. genetic inheritance.
  - d. Both A and B.

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Antibody-mediated immunity to infection can be acquired if the antibodies are formed by the host or if they are received from another source; these two types of acquired immunity are called active immunity and passive immunity, respectively.

DIF: Cognitive Level: I REF: p. 7

- 9. A child who contracts a contagious disease from an older sibling could develop immunity against the disease.
  - a. natural active
  - b. artificial active
  - c. natural passive
  - d. artificial passive

ANS: A

Active immunity can be acquired by natural exposure in response to an infection or natural series of infections, or through intentional injection of an antigen.

DIF: Cognitive Level: II REF: p. 7

- 10. Preschool children who are vaccinated against specific microorganisms would be expected to develop immunity against those microorganisms.
  - a. natural active
  - b. artificial active
  - c. natural passive
  - d. artificial passive

ANS: B

Vaccination is an effective artificial method of stimulating antibody production and memory (acquired resistance) without contracting the disease.

DIF: Cognitive Level: I REF: p. 7

- 11. Artificial passive immunity is achieved by
  - a. vaccination.
  - b. contracting a disease.
  - c. infusion or injection of preformed specific antibody.
  - d. transfer in vivo.

ANS: C

Artificial passive immunity is achieved by infusion of serum or plasma containing high concentrations of antibody or lymphocytes from an actively immunized individual. Passive immunity via preformed antibodies in serum provides immediate, temporary antibody protection against microorganisms (e.g., hepatitis A) by administering preformed antibodies.

- 12. Cell-mediated immunity is moderated by
  - a. B lymphocytes.
  - b. T lymphocytes.
  - c. monocytes-macrophages.

## d. Both B and C.

ANS: D

Cell-mediated immunity is moderated by the link between T lymphocytes and phagocytic cells (i.e., monocytes-macrophages).

DIF: Cognitive Level: I REF: p. 9

- 13. B lymphocytes respond to
  - a. antigens presented on the surface of an antigen-presenting cell.
  - b. antigens on microorganisms or other living cells.
  - c. native antigenic determinants of appropriate fit.
  - d. antigens floating in body fluids.

ANS: C

The B type of lymphocyte can probably respond to a native antigenic determinant of the appropriate "fit."

DIF: Cognitive Level: I REF: p. 9

- 14. T lymphocytes respond to
  - a. antigens presented on the surface of an antigen-presenting cell.
  - b. antigens on microorganisms or other living cells.
  - c. native antigenic determinants of appropriate fit.
  - d. antigens floating in body fluids.

ANS: A

The T type of lymphocyte responds to antigens presented by other cells in the context of major histocompatibility complex (MHC) proteins.

DIF: Cognitive Level: I REF: p. 9

- 15. Cytokines
  - a. are produced by lymphocytes.
  - b. act on various elements of the immune system.
  - c. are molecular structures.
  - d. All of the above.

ANS: D

Lymphocytes are immunologically active through various types of direct cell-to-cell contact and by the production of soluble factors. Nonspecific soluble factors are made by, or act on, various elements of the immune system. These molecules are collectively called *cytokines*.

DIF: Cognitive Level: I REF: p. 10

- 16. Another name for Toll-like receptors is
  - a. genome.
  - b. pathogen-associated molecular patterns (PAMPs).
  - c. pattern-recognition receptors.
  - d. complement.

ANS: C

The number of genes encoded in an organism is called its genome. The innate immune response may not be able to recognize every possible antigen, but rather may focus on a few large groups of microorganisms, called pathogen-associated molecular patterns (PAMPs). The receptors of the innate immune system that recognize these PAMPs are called pattern recognition receptors (e.g., Toll-like receptors).

DIF: Cognitive Level: I REF: p. 10

- 17. The innate immune system is
  - a. the most ancient form of host defense.
  - b. divided into two components, each with a different function.
  - c. mediated by germline-encoded receptors.
  - d. Both A and C.

ANS: D

The innate immune system is an ancient form of host defense that appeared before the adaptive immune system. Some form of innate immunity probably exists in all multicellular organisms. Innate immune recognition is mediated by germline-encoded receptors, which means that the specificity of each receptor is genetically predetermined. Germline-encoded receptors evolved by natural selection to have defined specificities for infectious microorganisms.

DIF: Cognitive Level: II REF: p. 10

- 18. Mechanisms of innate immunity
  - a. are activated immediately after infection.
  - b. quickly begin to control multiplication.
  - c. are organized around T and B lymphocytes.
  - d. Both A and B.

ANS: D

Mechanisms of innate immunity (e.g., phagocytes) and the alternate complement pathways are activated immediately after infection and quickly begin to control the multiplication of infecting microorganisms.

DIF: Cognitive Level: II REF: p. 10

- 19. Characteristics of clonal selection include
  - a. antigen binding to a unique antigen receptor site.
  - b. activation of antigen-bound lymphocytes.
  - c. proliferation of antigen-bound lymphocytes.
  - d. All of the above.

ANS: D

The adaptive immune system is organized around two classes of cells, T and B lymphocytes. When an individual lymphocyte encounters an antigen that binds to its unique antigen receptor site, activation and proliferation of that lymphocyte occur. This is called *clonal selection* and is responsible for the basic properties of the adaptive immune system.

DIF: Cognitive Level: II REF: p. 10 | p. 11

## TRUE/FALSE

1. Immunology is defined as the study of molecules, cells, organs, and systems.

ANS: T

Immunology is defined as the study of the molecules, cells, organs, and systems responsible for the recognition and disposal of foreign (nonself) material, how body components respond and interact, the desirable and undesirable consequences of immune interactions, and the ways in which the immune system can be advantageously manipulated to protect against or treat disease. Immunologists in the Western Hemisphere generally exclude the relationship among cells during embryonic development from the study of immunology.

DIF: Cognitive Level: I REF: p. 3

2. Immunology is defined as the system responsible for the recognition and disposal of foreign (nonself) material.

ANS: T

Immunology is defined as the study of the molecules, cells, organs, and systems responsible for the recognition and disposal of foreign (nonself) material, how body components respond and interact, the desirable and undesirable consequences of immune interactions, and the ways in which the immune system can be advantageously manipulated to protect against or treat disease. Immunologists in the Western Hemisphere generally exclude the relationship among cells during embryonic development from the study of immunology.

DIF: Cognitive Level: I REF: p. 3

3. Immunology is defined as the desirable and undesirable consequences of immune interactions.

ANS: T

Immunology is defined as the study of the molecules, cells, organs, and systems responsible for the recognition and disposal of foreign (nonself) material, how body components respond and interact, the desirable and undesirable consequences of immune interactions, and the ways in which the immune system can be advantageously manipulated to protect against or treat disease. Immunologists in the Western Hemisphere generally exclude the relationship among cells during embryonic development from the study of immunology.

DIF: Cognitive Level: I REF: p. 3

4. Immunology is defined as the relationship among cells during embryonic development.

ANS: F

Immunology is defined as the study of the molecules, cells, organs, and systems responsible for the recognition and disposal of foreign (nonself) material, how body components respond and interact, the desirable and undesirable consequences of immune interactions, and the ways in which the immune system can be advantageously manipulated to protect against or treat disease. Immunologists in the Western Hemisphere generally exclude the relationship among cells during embryonic development from the study of immunology.

5. The immune system has distinctive characteristics, such as specificity.

ANS: T

The immune system is composed of a large, complex set of widely distributed elements, with the distinctive characteristics of specificity, memory, mobility, replicability, and cooperation among different cells or cellular products. Specificity and memory are characteristics of lymphocytes in the immune system. Nonspecific elements of the immune system demonstrate mobility. In addition, specific and nonspecific cellular components of the immune system can replicate. Cooperation is required for optimal functioning, and interaction involves specific cellular elements, cell products, and nonlymphoid elements.

DIF: Cognitive Level: I REF: p. 3

6. The immune system has distinctive characteristics, such as memory.

ANS: T

The immune system is composed of a large, complex set of widely distributed elements, with the distinctive characteristics of specificity, memory, mobility, replicability, and cooperation among different cells or cellular products. Specificity and memory are characteristics of lymphocytes in the immune system. Nonspecific elements of the immune system demonstrate mobility. In addition, specific and nonspecific cellular components of the immune system can replicate. Cooperation is required for optimal functioning, and interaction involves specific cellular elements, cell products, and nonlymphoid elements.

DIF: Cognitive Level: I REF: p. 3

7. The immune system has distinctive characteristics, such as immobility.

ANS: F

The immune system is composed of a large, complex set of widely distributed elements, with the distinctive characteristics of specificity, memory, mobility, replicability, and cooperation among different cells or cellular products. Specificity and memory are characteristics of lymphocytes in the immune system. Nonspecific elements of the immune system demonstrate mobility. In addition, specific and nonspecific cellular components of the immune system can replicate. Cooperation is required for optimal functioning, and interaction involves specific cellular elements, cell products, and nonlymphoid elements.

DIF: Cognitive Level: I REF: p. 3

8. The immune system has distinctive characteristics, such as noncooperation among different cells or cellular products.

ANS: F

The immune system is composed of a large, complex set of widely distributed elements, with the distinctive characteristics of specificity, memory, mobility, replicability, and cooperation among different cells or cellular products. Specificity and memory are characteristics of lymphocytes in the immune system. Nonspecific elements of the immune system demonstrate mobility. In addition, specific and nonspecific cellular components of the immune system can replicate. Cooperation is required for optimal functioning, and interaction involves specific cellular elements, cell products, and nonlymphoid elements.