

Chapter 2: The Impact of Sport in Society

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1. Sport plays a key role in all societies and communities across the globe and throughout history. What we have considered as 'sport' has changed over time, with new sport programmes and activities being developed to meet the needs of participants. Choose a popular sport in your area and describe how it has changed from its first inception to today. Remember to include any modified versions of the sport (children, people with a disability, older adults, recreational participation) in your discussion.
2. Governments of all levels intervene in sport to promote or inhibit certain behaviours and actions in society. (a) List the six key areas where government most commonly attempts to regulate and control sport and sport organisations. (b) Provide an example of a sport policy from your region or country for each of these six policy areas.
3. Sport has the capacity to foster a wide range of social and development goals. Define the term 'sport for development', list the six key developmental goals and provide an example of a sport for development programme or activity in your area.