

Name \_\_\_\_\_

[/test-bank-your-college-experience-concise-12e-gardner](#)

Class \_\_\_\_\_

Date \_\_\_\_\_

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## **Chapter 1 Welcome to Your College Experience**

1. The MOST important skill you'll need to learn in college is how to \_\_\_\_\_.

- a. keep learning throughout your life
- b. find yourself
- c. make friends
- d. become more set in your ways

ANSWER:

a

2. College participation is about ensuring that more people have the opportunity to be evaluated on \_\_\_\_\_.

- a. the basis of merit
- b. the basis of family status
- c. the basis of their family's educational history
- d. their ability to adapt to a new environment

ANSWER:

a

3. In 2013, four-year college graduates earned about \_\_\_\_\_ per hour as high school graduates.

- a. half as much
- b. twice as much
- c. three times as much
- d. the same amount

ANSWER:

b

4. Today, most college graduates will be prepared for roles in what has become known as \_\_\_\_\_.

- a. generation X
- b. the computer age
- c. the information economy
- d. the twenty-first century

ANSWER:

c

5. Because of new technologies and the information explosion, \_\_\_\_\_.

- a. most people can support themselves adequately without some education beyond high school
- b. many people are getting jobs straight out of high school
- c. most college graduates will earn their living by creating, managing, and using information
- d. all college graduates will continue on to graduate school or professional school

ANSWER:

c

6. Critical thinking means \_\_\_\_\_.

- a. taking risks
- b. looking for evidence before forming a personal opinion
- c. believing everything you hear or read in college

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- d. learning new things

ANSWER:

b

7. A legacy student is a student who \_\_\_\_\_.

- a. has a parent or grandparent who attended the same college
- b. advises other students on choosing a major
- c. is attending college on a full scholarship
- d. is an older adult who has returned to college to earn a degree

ANSWER:

a

8. Cady is unsure of what she wants to do in the future, what steps she should take, and why she is attending college. College is very different from what she had expected, and she finds herself considering dropping out. Before making a final decision, Cady considers the benefits she will receive from a college education. Which of the following is the MOST important benefit that Cady should consider?

- a. She will have more autonomy.
- b. She will have a new set of social experiences to explore.
- c. Her experiences will help her define and achieve her purpose.
- d. She will develop a sense of pride in her alma mater.

ANSWER:

c

9. Which of these high-impact practices are you MOST likely to encounter?

- a. Capstone course
- b. Internship
- c. Undergraduate research
- d. First year seminar

ANSWER:

d

10. Engaging in "service-learning" in college means that you are \_\_\_\_\_.

- a. preparing for military service after you graduate from college
- b. exploring cultures, life experiences, and worldviews different from your own
- c. taking advantage of a service the college is providing
- d. participating in field-based "experiential learning" and reflection while giving back to your community through service

ANSWER:

d

11. Which of the following describes how college differs from high school?

- a. Tests are given more frequently.
- b. Instructors monitor your progress more closely.
- c. You spend more time writing.
- d. You have fewer potential friends to choose from.

ANSWER:

c

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12. Howie could not be in class to turn in his homework, but he talked to his instructor and she told him it was fine to send it in via e-mail. Howie was therefore upset to discover that he had received no points for that day's assignment. His instructor said she didn't notice his e-mail in her inbox. What should Howie have put in his subject line to ensure it was seen?

- a. Tuesday's homework
- b. Howie's homework
- c. Literature 101 homework
- d. Howie Johnson, Literature 101 homework, 9/5/2014

ANSWER:

d

13. Which of the following is NOT an effective way to communicate with your instructors over e-mail?

- a. Give your e-mail a subject line like "class" or "question."
- b. Use an e-mail address that incorporates your name.
- c. Refer to the instructor as "Professor."
- d. Include the course number in your e-mail.

ANSWER:

a

14. What challenge would adult and returning students face that eighteen-year-old college students would not?

- a. They may experience a lack of freedom.
- b. They will probably earn lower grades.
- c. They commonly have motivation problems.
- d. They lack a clear purpose for being in college.

ANSWER:

a

15. Sophia is signing up for her first college classes in several years—she took time off after her freshman year to get married and have kids, and she is worried that she won't be able to keep up with the younger students in her classes. What advantage does Sophia have over the other, more traditional students in her classes?

- a. She has more life experience, which instructors often respect.
- b. She has less time to do homework because she has family responsibilities.
- c. She may have to miss class on occasion to take care of her kids.
- d. She has more freedom than the teenagers in her classes because she owns a car.

ANSWER:

a

16. What is one benefit of attending office hours?

- a. You will get to see tests in advance.
- b. It shows initiative and helps you make connections with instructors.
- c. Instructors will give you more time for your assignments.
- d. Your instructor will favor you in class.

ANSWER:

b

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17. In order to adapt to the changes that life in college brings, you must be \_\_\_\_\_.

- a. resilient
- b. ambivalent
- c. passive
- d. inflexible

ANSWER:

a

18. Which resource can help you identify potential career paths by helping you identify your unique strengths?

- a. Bursar's office
- b. Admissions office
- c. Student association
- d. Campus career center

ANSWER:

d

19. What is NOT an example of a short-term goal?

- a. I will read three books in a semester.
- b. I will study my lecture notes from Biology class.
- c. I will go to a professor's office hours at least twice.
- d. I will graduate from a four-year college with honors.

ANSWER:

d

20. Which statement is an example of a long-term goal?

- a. I will write three pages of my English paper each night before it is due.
- b. I will train for a marathon.
- c. I will study for two hours before my history test.
- d. I will pay my cell phone bill on time this month.

ANSWER:

b

21. Jane was anxious about starting college next semester, so she approached her guidance counselor, who told her about the importance of setting SMART short-term goals as a way to ensure success. Which of Jane's goals is SMART?

- a. To become a veterinarian
- b. To transfer to a four-year college after two years
- c. To get into a good graduate school
- d. To fall in love

ANSWER:

b

22. Creating a successful short-term goal involves doing which of the following?

- a. Stating your goal in very general terms
- b. Working toward goals that will be difficult to achieve

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- c. Selecting a goal because it will please other people
- d. Planning ways to overcome potential obstacles

ANSWER:

d

23. When should you begin your academic planning?
- a. As soon as you start your college career
  - b. After you pick a major
  - c. During your sophomore year
  - d. During your senior year

ANSWER:

a

24. Your program of study in college is known as your \_\_\_\_\_.
- a. department
  - b. course load
  - c. major
  - d. minor

ANSWER:

c

25. Which of these statements is TRUE about selecting a college major?
- a. Students who declare a major upon entering college rarely change their minds.
  - b. An academic advisor can help you decide which major to choose.
  - c. Once you have selected a major, you cannot change it.
  - d. The best way to choose a major is to find one that will lead to a high-paying job.

ANSWER:

b

26. Anna isn't sure about which major to choose, so she has scheduled a meeting with her academic advisor to discuss which courses she should consider registering for and which major might be most appropriate for her. She is a little nervous about the meeting because she has never met with an academic advisor before. What can Anna do to ensure that her meeting is a valuable experience?
- a. Leave her academic transcript at home because the advisor likely has a copy already.
  - b. Plan to let the advisor ask most of the questions.
  - c. Make a list of majors that her parents recommended.
  - d. Map out her time frame and goals.

ANSWER:

d

27. What are corequisites?
- a. Courses you have to take in conjunction with other courses during the same term
  - b. Courses you have to take before you are allowed to take other courses in later terms
  - c. Courses that you are required to take for your minor
  - d. Courses that you are required to take for your major

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ANSWER:

a

28. How many courses do most full-time students take each term?

- a. One to three
- b. Four to six
- c. Five to seven
- d. Six to nine

ANSWER:

b

29. When scheduling your courses, it is best to \_\_\_\_\_.

- a. take all easy courses one term and then all hard courses the next term
- b. take all hard courses one term and then all easy courses the next term
- c. schedule all of your classes into one or two days to free up your week
- d. schedule your classes so that they are spread out over the week

ANSWER:

d

30. How often should you meet with your academic advisor?

- a. At least once a term
- b. At least once a month
- c. At least once a year
- d. On a weekly or biweekly basis

ANSWER:

a

31. College is the primary way that people achieve a higher standard of living.

- a. True
- b. False

ANSWER:

a

32. The main purpose of the college experience should be enjoying your newfound freedom.

- a. True
- b. False

ANSWER:

b

33. If you want to become a medical doctor, you can attend medical school in place of attaining a four-year college degree.

- a. True
- b. False

ANSWER:

b

34. High-impact practices are particular activities that research shows have significant positive impact on both your learning and your overall success.

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- a. True
- b. False

ANSWER: a

35. Undergraduate research is a program where a small group of students work together with a team of faculty members on a single research project.

- a. True
- b. False

ANSWER: b

36. Learning proper e-mail etiquette can help you communicate effectively with instructors.

- a. True
- b. False

ANSWER: a

37. College success is linked to having clear long- and short-term goals.

- a. True
- b. False

ANSWER: a

38. You should not set long-term goals for yourself until your final year of college.

- a. True
- b. False

ANSWER: b

39. Staying motivated in college involves understanding what outcomes you hope to achieve.

- a. True
- b. False

ANSWER: a

40. A prerequisite is a core course that you need to take before you can enroll in upper-level courses in your major.

- a. True
- b. False

ANSWER: a

41. List three reasons why people go to college.

ANSWER: Answers will vary, but students should list three reasons why people go to college. Examples include: to attain a higher standard of living, to get a good job, to further their education, and to train or retrain for a job. Other valid responses are also acceptable. See *The Value of a College Education*.

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42. List three ways in which college success courses can be valuable to students.

**ANSWER:** Answers will vary, but responses should indicate three ways in which college success courses can be valuable to students. Examples include: they help students learn how to succeed in college; they help them learn how to avoid personal and academic pitfalls that many first-year students fall into; and they provide a supportive environment in which students can share their successes and frustrations, get to know others who are beginning college, develop lasting relationships with the instructor and other students, and begin to think about their plans for life after college. Other valid responses are also acceptable. See *The Value of a College Education*.

43. Describe how college differs from high school.

**ANSWER:** Answers will vary, but students should describe how college differs from high school. Responses may indicate that college: offers a more diverse student body, makes students feel more like a number, makes time management more complex, offers more potential friends to choose from, challenges familiar assumptions about people, typically has larger classes, requires more writing, involves less monitoring and less frequent tests, offers more freedom, and involves more work outside of class. Other valid responses are also acceptable. See *The College Experience*.

44. What does the goal-setting acronym SMART stand for?

**ANSWER:** SMART stands for: Specific, Measurable, Attainable, Relevant, and achievable within a given Time. See *Exploring Purpose and Setting Goals*.

45. What should you do if your meetings with your academic advisor haven't been fruitful and you feel that he or she isn't very helpful?

**ANSWER:** Answers should indicate what students would do if they felt that their academic advisor wasn't very helpful. Valid responses may suggest that they would go to the admissions office and asked to be assigned to a different advisor, that they would go to the campus counseling center for assistance, and/or that they would be resilient and not give up. See *Academic Planning*.

46. Define what college means to you, and describe what you want to get out of the college experience.

**ANSWER:**

47. Identify and describe the personal strengths that will help you complete your college education. How can these strengths influence your direction as you explore career options?

**ANSWER:**

48. Describe a plan of action for staying motivated and committed to your studies this coming term, discussing any obstacles to completing college that you face and how you plan to address them.

**ANSWER:**

49. Identify one staff or faculty person who cares about your well-being, and describe how this person might help you succeed in college.

**ANSWER:**

50. Describe what office hours are and the benefits of using them.

**ANSWER:**



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