## **Operational Hours**

Monday-Friday 6:00 am – 10:00 am

Saturday 6:00 am – 8:00 pm

Sunday 6:00 am – 8:00 pm

## Holiday Hours

To allow our employees the opportunity to enjoy their holidays, the gym is closed during the following holidays:  
New Year’s Eve

New Year’s Day

Easter Sunday

Memorial Day

Independence Day

Labor Day

Thanksgiving Day

Christmas Eve

Christmas

## Childcare Hours

We are able to accept children between 1 and 9 years old during the following hours while a parent is in the facility.

Monday-Friday 7:00 am – 7:00 am

Saturday 9:00 am – 6:00 pm

Sunday 9:00 am – 6:00 pm

[](https://www.youtube.com/watch?v=_zbtKeeAa-Y)

[HOME](w08c1Default_LastFirst.htm)