

Health: The Basics, 12e (Donatelle)

Chapter 6 Considering Your Reproductive Choices

1) Fertility is a person's ability to

- A) produce viable sperm.
- B) reproduce.
- C) have a normal delivery.
- D) prevent conception.

Answer: B

Diff: 1

Skill: Remembering

Section: Basic Principles of Birth Control

Learning Outcome: 6.1

2) The typical-use failure rate for a contraception method takes into account which of the following?

- A) daily use
- B) human error
- C) perfect use
- D) familiarity with the method

Answer: B

Diff: 2

Skill: Understanding

Section: Basic Principles of Birth Control

Learning Outcome: 6.1

3) Which of the following is NOT an example of a barrier method of birth control?

- A) diaphragms
- B) spermicides
- C) condoms
- D) oral contraceptives

Answer: D

Diff: 2

Skill: Understanding

Section: Basic Principles of Birth Control

Learning Outcome: 6.1

4) Which of the following is NOT true about male condoms?

- A) They can be used with baby oil and body lotions as lubricants.
- B) They can be purchased with a spermicide.
- C) They help prevent the spread of some sexually transmitted infections.
- D) They are reliable against pregnancy when used consistently.

Answer: A

Diff: 2

Skill: Understanding

Section: Barrier Methods

Learning Outcome: 6.2

5) To ensure its effectiveness, the BEST place to store a condom would be in
A) a bathroom storage drawer away from sharp objects.

B) a wallet.

C) the glove box of a locked car.

D) the freezer.

Answer: A

Diff: 3

Skill: Applying

Section: Barrier Methods

Learning Outcome: 6.2

6) Which of the following lubricants is safe to use with a condom?

A) baby oil

B) hand lotion

C) petroleum jelly

D) contraceptive foam

Answer: D

Diff: 2

Skill: Understanding

Section: Barrier Methods

Learning Outcome: 6.2

7) The first widely used birth control method for women was

A) the pill.

B) spermicidal foams and jellies.

C) the diaphragm.

D) the IUD.

Answer: C

Diff: 1

Skill: Remembering

Section: Barrier Methods

Learning Outcome: 6.2

8) Diaphragms

A) are effective even without spermicides.

B) must be removed within two hours following intercourse.

C) create a physical and chemical barrier to sperm.

D) have a low effectiveness rate.

Answer: C

Diff: 2

Skill: Understanding

Section: Barrier Methods

Learning Outcome: 6.2

9) Leaving a diaphragm, tampon, or cervical cap in for an extended period of time increases the risk for

- A) AIDS.
- B) hypertension.
- C) HPV.
- D) toxic shock syndrome.

Answer: D

Diff: 1

Skill: Remembering

Section: Barrier Methods

Learning Outcome: 6.2

10) Which of the following is NOT true about the FemCap cervical cap?

- A) It is made of silicone and fits snugly over the cervix.
- B) It must be fitted by a medical practitioner.
- C) It must be kept in place at least 12 hours after intercourse.
- D) It can be removed, cleaned, and reinserted immediately.

Answer: C

Diff: 2

Skill: Understanding

Section: Barrier Methods

Learning Outcome: 6.2

11) A primary advantage of the contraceptive sponge is that

- A) only one type of spermicide can be used with it.
- B) protection lasts for 4 to 6 hours.
- C) it does not require a fitting from a doctor.
- D) it eliminates the risk of STIs.

Answer: C

Diff: 2

Skill: Understanding

Section: Barrier Methods

Learning Outcome: 6.2

12) Oral contraceptive pills are

- A) an effective barrier contraceptive method.
- B) about 91 percent effective at preventing pregnancy with typical use.
- C) most commonly used by women who have had at least one child.
- D) effective protection against STIs.

Answer: B

Diff: 2

Skill: Understanding

Section: Hormonal Methods

Learning Outcome: 6.3

13) Which of the following statements is TRUE about NuvaRing?

- A) It is left in place for four weeks.
- B) Even when used properly, it is much less effective than oral contraceptives.
- C) It exposes the user to a lower dose of estrogen than the combination pill.
- D) It requires the use of spermicide.

Answer: C

Diff: 2

Skill: Understanding

Section: Hormonal Methods

Learning Outcome: 6.3

14) An IUD

- A) is highly unlikely to cause either discomfort or complications.
- B) is nearly 95% effective with typical use.
- C) offers long-term protection from pregnancy.
- D) causes a long delay in the return of fertility.

Answer: C

Diff: 2

Skill: Understanding

Section: Intrauterine Contraceptives

Learning Outcome: 6.4

15) Fertility awareness methods of birth control include all of the following EXCEPT

- A) the calendar method.
- B) the body temperature method.
- C) the cervical mucus method.
- D) abstinence.

Answer: D

Diff: 2

Skill: Understanding

Section: Behavioral Methods

Learning Outcome: 6.5

16) A rise in a woman's basal body temperature signals

- A) that ovulation has occurred.
- B) the beginning of the menstrual cycle.
- C) that fertilization has occurred.
- D) the end of the current menstrual period.

Answer: A

Diff: 2

Skill: Understanding

Section: Behavioral Methods

Learning Outcome: 6.5

- 17) Which of the following is TRUE about emergency contraceptive pills?
- A) They will cause an abortion if the woman is already pregnant.
 - B) Multiple brands are available over-the-counter with no age restrictions.
 - C) All brands require a prescription and are subject to age restrictions.
 - D) They are 100 percent effective if taken 2 to 5 days after unprotected intercourse.

Answer: B

Diff: 2

Skill: Understanding

Section: Emergency Contraception

Learning Outcome: 6.6

- 18) Which of the following is TRUE about sterilization?
- A) Hysterectomy is the only sterilization method available for females.
 - B) Sterilization is a permanent form of birth control achieved through surgical means.
 - C) There are age limits on sterilization procedures.
 - D) A tubal ligation is a high-risk procedure only used if other methods are not possible.

Answer: B

Diff: 2

Skill: Understanding

Section: Permanent Methods of Birth Control

Learning Outcome: 6.7

- 19) Many men are reluctant to have a vasectomy because of the
- A) major surgery involved.
 - B) general anesthetic used.
 - C) long recovery period required.
 - D) fear of decreased sexual performance.

Answer: D

Diff: 2

Skill: Understanding

Section: Permanent Methods of Birth Control

Learning Outcome: 6.7

- 20) Michael and Jill live together and are planning to marry once they graduate from college. They also would both like to have children. Michael has a history of genital herpes and is concerned about not transmitting this infection to Jill. Of the following methods of contraception, which might be the BEST choice for them?

- A) a fertility awareness method
- B) withdrawal
- C) female or male condoms
- D) female or male sterilization

Answer: C

Diff: 2

Skill: Understanding

Section: Choosing a Method of Contraception

Learning Outcome: 6.8

21) The two contraceptive methods most commonly used by college students are

- A) birth control pills and withdrawal.
- B) birth control pills and male condoms.
- C) birth control pills and Depo-Provera shots.
- D) male condoms and withdrawal.

Answer: B

Diff: 1

Skill: Remembering

Section: Choosing a Method of Contraception

Learning Outcome: 6.8

22) The difference between surgical and medical abortions is that

- A) medical abortions can be performed further into the pregnancy than surgical abortions.
- B) surgical abortions require more steps than medical abortions.
- C) medical abortions are performed without entering the uterus.
- D) medical abortions are much more common in the U.S. than surgical abortions.

Answer: C

Diff: 4

Skill: Analyzing

Section: Abortion

Learning Outcome: 6.9

23) Which U.S. Supreme Court decision in 1973 gave women the legal right to an abortion?

- A) *Wade v. Thomas*
- B) *Roe v. Smith*
- C) *Smith v. Thomas*
- D) *Roe v. Wade*

Answer: D

Diff: 1

Skill: Remembering

Section: Abortion

Learning Outcome: 6.9

24) By federal law, when can women elect to have an abortion without legal restrictions?

- A) in the first trimester
- B) through the second trimester
- C) through the third trimester
- D) at no time without restrictions

Answer: A

Diff: 2

Skill: Understanding

Section: Abortion

Learning Outcome: 6.9

25) Surgical abortions in the first trimester are typically done by

- A) dilation and evacuation.
- B) induction abortion.
- C) suction curettage.
- D) intact dilation and extraction.

Answer: C

Diff: 1

Skill: Remembering

Section: Abortion

Learning Outcome: 6.9

26) Preconception health involves all of the following EXCEPT

- A) monitoring prescription drug use.
- B) avoiding environmental chemicals.
- C) stopping tobacco and alcohol use.
- D) avoiding food containing folic acid.

Answer: D

Diff: 2

Skill: Understanding

Section: Pregnancy

Learning Outcome: 6.10

27) Which of the following is TRUE about nutrition and exercise during pregnancy?

- A) Vitamin supplements can make up for a less-than-balanced diet.
- B) Weight gain during pregnancy is unhealthy for the baby.
- C) Exercise can be beneficial, but the woman should consult with her physician first.
- D) All exercise should be avoided because it is harmful to the developing fetus.

Answer: C

Diff: 2

Skill: Understanding

Section: Pregnancy

Learning Outcome: 6.10

28) Which of the following is TRUE about teratogenic effects?

- A) The fetus is most susceptible to birth defects during the last three months of pregnancy.
- B) These effects can be caused by environmental chemical exposure.
- C) The fetus cannot develop an addiction to the drugs the mother is using.
- D) A rubella infection in the mother is not associated with teratogenic effects.

Answer: B

Diff: 2

Skill: Understanding

Section: Pregnancy

Learning Outcome: 6.10

29) Jade is pregnant. During a regular medical check-up, her physician discusses alcohol consumption. The physician will likely advise that she

- A) limit her intake to one glass per day.
- B) limit her intake to two glasses per day.
- C) abstain from alcohol during pregnancy.
- D) have only an occasional glass of wine with dinner.

Answer: C

Diff: 3

Skill: Applying

Section: Pregnancy

Learning Outcome: 6.10

30) During her pregnancy, Emily should avoid all of the following EXCEPT

- A) x-rays.
- B) cleaning her cat's litter box.
- C) pesticides and other lawn chemicals.
- D) drinking tap water.

Answer: D

Diff: 2

Skill: Understanding

Section: Pregnancy

Learning Outcome: 6.10

31) During pregnancy, a woman could increase her folic acid intake by eating

- A) steak and pork.
- B) chicken and turkey.
- C) low-fat milk and yogurt.
- D) dark leafy greens, citrus fruits, and beans.

Answer: D

Diff: 3

Skill: Applying

Section: Pregnancy

Learning Outcome: 6.10

32) A false negative pregnancy test may result from

- A) taking the pregnancy test too early in the pregnancy.
- B) high sodium in the diet.
- C) high protein in the diet.
- D) taking the test too early in the morning.

Answer: A

Diff: 2

Skill: Understanding

Section: Pregnancy

Learning Outcome: 6.10

- 33) A birth defect that occurs more frequently in babies born to mothers over the age of 35 is
- A) blindness.
 - B) deafness.
 - C) spina bifida.
 - D) Down syndrome.

Answer: D

Diff: 1

Skill: Remembering

Section: Pregnancy

Learning Outcome: 6.10

- 34) A *fetus* is the term used to describe an embryo as of
- A) the first month of pregnancy.
 - B) 6 weeks of pregnancy.
 - C) the third month of pregnancy.
 - D) 10 weeks of pregnancy.

Answer: C

Diff: 1

Skill: Remembering

Section: Pregnancy

Learning Outcome: 6.10

- 35) When a pregnant woman's water breaks, what is actually happening is that
- A) the placental barrier breaks.
 - B) the cervix dilates.
 - C) the baby enters the birth canal.
 - D) the amniotic sac breaks.

Answer: D

Diff: 2

Skill: Understanding

Section: Childbirth

Learning Outcome: 6.11

- 36) The transition stage of birth is characterized by
- A) the baby's head moving into the birth canal.
 - B) the baby exiting from the birth canal.
 - C) the initial dilation of the cervix.
 - D) the placenta detaching from the uterus.

Answer: A

Diff: 2

Skill: Understanding

Section: Childbirth

Learning Outcome: 6.11

37) Which of the following is not a reason cesarean sections may be performed?

- A) Labor lasts too long.
- B) The baby is in physiological distress.
- C) The baby is about the exit the uterus any way but headfirst.
- D) The mother has diabetes.

Answer: D

Diff: 2

Skill: Understanding

Section: Childbirth

Learning Outcome: 6.11

38) Which of the following circumstances can cause a miscarriage?

- A) maternal infection or hormone imbalance
- B) too much caffeine
- C) consuming a vegetarian diet
- D) having a strong cervix

Answer: A

Diff: 2

Skill: Understanding

Section: Childbirth

Learning Outcome: 6.11

39) Postpartum depression

- A) frequently occurs just before childbirth.
- B) can lead to bipolar disorder.
- C) is characterized by fatigue, depression, and mood swings.
- D) is caused by the nutritional demands of breast-feeding.

Answer: C

Diff: 2

Skill: Understanding

Section: Childbirth

Learning Outcome: 6.11

40) Which of the following is TRUE about preeclampsia?

- A) It usually occurs in the first trimester.
- B) It is never a life-threatening condition for the fetus.
- C) Family history of preeclampsia on the man's or woman's side is a risk factor.
- D) The incidence of preeclampsia is higher for second- and third-time mothers.

Answer: C

Diff: 2

Skill: Understanding

Section: Childbirth

Learning Outcome: 6.11

41) The most common cause of female infertility in the United States is

- A) pelvic inflammatory disease.
- B) gonorrhea.
- C) polycystic ovary syndrome.
- D) endometriosis.

Answer: C

Diff: 1

Skill: Remembering

Section: Infertility

Learning Outcome: 6.12

42) Fertility drugs

- A) increase the chances of multiple births.
- B) reduce the risk of ovarian cysts.
- C) can cause hypertension.
- D) guarantee a successful pregnancy.

Answer: A

Diff: 2

Skill: Understanding

Section: Infertility

Learning Outcome: 6.12

43) Which of the following is NOT true about male infertility?

- A) Low sperm count can be caused by wearing excessively tight underwear.
- B) Exposure of the scrotum to radiation can cause infertility in men.
- C) Exposure of the scrotum to intense heat or cold can cause infertility in men.
- D) Male infertility problems account for only 10 percent of infertility cases.

Answer: D

Diff: 2

Skill: Understanding

Section: Infertility

Learning Outcome: 6.12

44) To reduce the risk of her child having spina bifida, a pregnant woman should consume an adequate amount of which nutrient?

- A) folic acid
- B) vitamin D
- C) vitamin B₁₂
- D) biotin

Answer: A

Diff: 2

Skill: Understanding

Section: Pregnancy

Learning Outcome: 6.10

45) Which of the following is TRUE about the third trimester of pregnancy?

- A) It is the period during which the placenta becomes well established.
- B) The fetus grows the least during this trimester.
- C) The fetus must get large amounts of calcium, iron, and nitrogen from the food the mother consumes.
- D) It is the period during which the embryo differentiates and develops its various organ systems.

Answer: C

Diff: 2

Skill: Understanding

Section: Pregnancy

Learning Outcome: 6.10

46) Amniocentesis

- A) involves snipping tissue from the developing fetal sac.
- B) is strongly recommended for women under the age of 35.
- C) can identify genetic abnormalities present in the fetus.
- D) is entirely risk-free.

Answer: C

Diff: 2

Skill: Understanding

Section: Pregnancy

Learning Outcome: 6.10

47) Which of the following procedures performed during pregnancy can determine the size and position of the fetus and detect birth defects in the central nervous and digestive systems?

- A) amniocentesis
- B) ultrasound
- C) triple marker screen
- D) chorionic villus sampling

Answer: B

Diff: 2

Skill: Understanding

Section: Pregnancy

Learning Outcome: 6.10

48) Which form of hormonal birth control works transdermally?

- A) Mirena
- B) Xulane
- C) NuvaRing
- D) Depo-Provera

Answer: B

Diff: 1

Skill: Remembering

Section: Hormonal Methods

Learning Outcome: 6.3

49) Breast-fed infants

- A) recover from illness more slowly than formula-fed infants.
- B) are more prone to allergies.
- C) have a decreased incidence of illness.
- D) are more likely to be obese.

Answer: C

Diff: 2

Skill: Understanding

Section: Childbirth

Learning Outcome: 6.11

50) Which form of birth control is injected every three months to remain effective?

- A) Mirena
- B) Xulane
- C) NuvaRing
- D) Depo-Provera

Answer: D

Diff: 1

Skill: Remembering

Section: Hormonal Methods

Learning Outcome: 6.3

51) Which form of birth control involves alteration of sexual behavior during certain times of the month?

- A) withdrawal
- B) fertility awareness
- C) abstinence
- D) outercourse

Answer: B

Diff: 1

Skill: Remembering

Section: Behavioral Methods

Learning Outcome: 6.5

52) Which of the following is a female sterilization procedure that involves tying off or cauterizing certain structures of the reproductive system?

- A) tubal ligation
- B) vasectomy
- C) hysterectomy
- D) suction curettage

Answer: A

Diff: 1

Skill: Remembering

Section: Permanent Methods of Birth Control

Learning Outcome: 6.7

53) Drugs, chemicals, and radiation that can cause birth defects are known as

- A) progestins.
- B) carcinogens.
- C) toxoplasmosis.
- D) teratogens.

Answer: D

Diff: 2

Skill: Understanding

Section: Pregnancy

Learning Outcome: 6.10

54) The network of blood vessels that provides nourishment to the fetus is the

- A) amniotic sac.
- B) uterus.
- C) placenta.
- D) endometrium.

Answer: C

Diff: 1

Skill: Remembering

Section: Pregnancy

Learning Outcome: 6.10

55) The fluid-filled, protective pouch surrounding the fetus is the

- A) amniotic sac.
- B) uterus.
- C) placenta.
- D) endometrium.

Answer: A

Diff: 1

Skill: Remembering

Section: Pregnancy

Learning Outcome: 6.10

56) A birth defect caused by the mother's alcohol intake during pregnancy is

- A) rubella.
- B) spina bifida.
- C) FAS.
- D) Down syndrome.

Answer: C

Diff: 2

Skill: Understanding

Section: Pregnancy

Learning Outcome: 6.10

57) An infection during pregnancy that can cause blindness or hearing disorders in the infant is

- A) rubella.
- B) spina bifida.
- C) FAS.
- D) Down syndrome.

Answer: A

Diff: 2

Skill: Understanding

Section: Pregnancy

Learning Outcome: 6.10

58) A surgical sterilization procedure that involves cutting the vas deferens is a(n)

- A) endoscopy.
- B) tubal ligation.
- C) hysterectomy.
- D) vasectomy.

Answer: D

Diff: 2

Skill: Understanding

Section: Permanent Methods of Birth Control

Learning Outcome: 6.7

59) The surgical procedure that involves removal of the uterus is a(n)

- A) endoscopy.
- B) tubal ligation.
- C) hysterectomy.
- D) vasectomy.

Answer: C

Diff: 1

Skill: Remembering

Section: Permanent Methods of Birth Control

Learning Outcome: 6.7

60) A cause of infertility in which uterine tissue is implanted outside the uterus and blocks the fallopian tubes is

- A) toxoplasmosis.
- B) endometriosis.
- C) pelvic inflammatory disease.
- D) ovarian cancer.

Answer: B

Diff: 2

Skill: Understanding

Section: Infertility

Learning Outcome: 6.12

61) Substances designed to kill sperm are known as

- A) spermicides.
- B) progestins.
- C) teratogens.
- D) fungicides.

Answer: A

Diff: 1

Skill: Remembering

Section: Barrier Methods

Learning Outcome: 6.2

62) The relatively ineffective method of birth control, known as *coitus interruptus*, is the

- A) body temperature method.
- B) calendar method.
- C) outercourse method.
- D) withdrawal method.

Answer: D

Diff: 1

Skill: Remembering

Section: Behavioral Methods

Learning Outcome: 6.5

63) Which assisted reproductive technology process involves the fertilization of a woman's egg outside of her body and the transfer of the fertilized egg to her uterus?

- A) embryo transfer
- B) alternative insemination
- C) in vitro fertilization
- D) nonsurgical embryo transfer

Answer: C

Diff: 2

Skill: Understanding

Section: Infertility

Learning Outcome: 6.12

64) The fertilization of an ovum by a sperm is

- A) implantation.
- B) conception.
- C) ovulation.
- D) contraception.

Answer: B

Diff: 2

Skill: Understanding

Section: Basic Principles of Birth Control

Learning Outcome: 6.1

65) The various methods used to prevent pregnancy are known as

- A) implantation.
- B) conception.
- C) ovulation.
- D) contraception.

Answer: D

Diff: 2

Skill: Understanding

Section: Basic Principles of Birth Control

Learning Outcome: 6.1

66) Which type of female birth control involves the use of synthetic estrogen and/or progestin?

- A) hormonal
- B) barrier
- C) chemical
- D) body temperature

Answer: A

Diff: 2

Skill: Understanding

Section: Hormonal Methods

Learning Outcome: 6.3

67) Women who use oral contraceptives and also smoke are at a higher risk of

- A) weight gain.
- B) blood clots and hypertension.
- C) pneumonia and lung cancer.
- D) pregnancy.

Answer: B

Diff: 3

Skill: Applying

Section: Hormonal Methods

Learning Outcome: 6.3

68) Which form of contraception involves implanting a small object in a woman's uterus?

- A) cervical cap
- B) contraceptive implant
- C) NuvaRing
- D) intrauterine device

Answer: D

Diff: 2

Skill: Understanding

Section: Intrauterine Contraceptives

Learning Outcome: 6.4

69) A three-month segment of a pregnancy during which certain developmental changes occur in the embryo or fetus is a

- A) gestation period.
- B) cycle.
- C) trimester.
- D) phase.

Answer: C

Diff: 1

Skill: Remembering

Section: Pregnancy

Learning Outcome: 6.10

70) Which diagnostic procedure is a maternal blood test that can detect the potential for a birth defect or genetic abnormality?

- A) triple marker screen
- B) laboratory pregnancy test
- C) amniocentesis
- D) chorionic villus sampling

Answer: A

Diff: 2

Skill: Understanding

Section: Pregnancy

Learning Outcome: 6.10

71) The implantation of a fertilized egg outside the uterus, usually in a fallopian tube, is called

- A) ambiguous pregnancy.
- B) ectopic pregnancy.
- C) miscarriage.
- D) preeclampsia.

Answer: B

Diff: 3

Skill: Applying

Section: Childbirth

Learning Outcome: 6.11

72) Gestational surrogacy occurs when

- A) a couple adopts a child.
- B) a woman uses artificial insemination.
- C) a woman carries another woman's and man's embryo to term.
- D) a couple raise another person's child through the foster system.

Answer: C

Diff: 2

Skill: Understanding

Section: Infertility

Learning Outcome: 6.12

73) Avery and Gregory have agreed to adopt the newborn of a 16-year-old mother who has decided to relinquish her baby. The identity of the father is unknown, and Avery and Gregory have been given very little information about the birth mother except for essential health data. This is an example of

- A) an international adoption.
- B) a confidential adoption.
- C) an open adoption.
- D) foster parenting.

Answer: B

Diff: 3

Skill: Applying

Section: Infertility

Learning Outcome: 6.12

74) Chaz and Jessamine are healthy and in their late 20s. They have been trying to conceive a child for the past six months without success. Chaz and Jessamine

- A) should ask Jessamine's physician to prescribe fertility drugs.
- B) should consult an adoption agency about their options for adopting a child.
- C) are experiencing a form of infertility due to factors involving both partners.
- D) are not considered infertile.

Answer: D

Diff: 4

Skill: Analyzing

Section: Infertility

Learning Outcome: 6.12

75) Choosing if and when to have children is a great responsibility.

Answer: TRUE

Diff: 2

Skill: Understanding

Section: Basic Principles of Birth Control

Learning Outcome: 6.1

76) Most types of diaphragms can be purchased over the counter wherever condoms are sold.

Answer: FALSE

Diff: 2

Skill: Understanding

Section: Barrier Methods

Learning Outcome: 6.2

77) All spermicides are effective in preventing sexually transmitted infections.

Answer: FALSE

Diff: 2

Skill: Understanding

Section: Barrier Methods

Learning Outcome: 6.2

78) One advantage of the female condom is that it can be used multiple times.

Answer: FALSE

Diff: 2

Skill: Understanding

Section: Barrier Methods

Learning Outcome: 6.2

79) The sponge is inconvenient because it requires a trip to the doctor for fitting.

Answer: FALSE

Diff: 2

Skill: Understanding

Section: Barrier Methods

Learning Outcome: 6.2

80) Male condoms were invented during the 19th century.

Answer: FALSE

Diff: 2

Skill: Understanding

Section: Barrier Methods

Learning Outcome: 6.2

81) Contraceptive implants are more effective at preventing pregnancy than oral contraceptives.

Answer: TRUE

Diff: 2

Skill: Understanding

Section: Hormonal Methods

Learning Outcome: 6.3

82) Some intrauterine contraceptives release small amounts of hormones.

Answer: TRUE

Diff: 2

Skill: Understanding

Section: Intrauterine Contraceptives

Learning Outcome: 6.4

83) Outercourse is 100 percent effective against STIs.

Answer: FALSE

Diff: 2

Skill: Understanding

Section: Behavioral Methods

Learning Outcome: 6.5

84) Emergency contraceptive pills have been used by about 10% of sexually active college students or their partners.

Answer: TRUE

Diff: 2

Skill: Understanding

Section: Emergency Contraception

Learning Outcome: 6.6

85) Sterilization has become the leading method of contraception for women of all ages.

Answer: FALSE

Diff: 1

Skill: Remembering

Section: Permanent Methods of Birth Control

Learning Outcome: 6.7

86) Most research into birth control methods is focused on men.

Answer: FALSE

Diff: 2

Skill: Understanding

Section: Choosing a Method of Contraception

Learning Outcome: 6.8

87) The abortion method known as "partial birth abortion" is illegal in the United States.

Answer: TRUE

Diff: 1

Skill: Remembering

Section: Abortion

Learning Outcome: 6.9

88) Medical abortion performed early in the pregnancy is over 99% effective.

Answer: TRUE

Diff: 1

Skill: Remembering

Section: Abortion

Learning Outcome: 6.9

89) If a woman has a urinary tract infection and takes a pregnancy test, a false positive may result.

Answer: FALSE

Diff: 2

Skill: Understanding

Section: Pregnancy

Learning Outcome: 6.10

90) One in four new mothers experience postpartum depression.

Answer: FALSE

Diff: 1

Skill: Remembering

Section: Childbirth

Learning Outcome: 6.11

91) The most common cause of male infertility is low sperm count.

Answer: TRUE

Diff: 1

Skill: Remembering

Section: Infertility

Learning Outcome: 6.12

92) Alcohol is considered a teratogenic substance.

Answer: TRUE

Diff: 2

Skill: Understanding

Section: Infertility

Learning Outcome: 6.12

93) Overseas adoptions can make it easier for Americans to adopt an infant rather than an older child.

Answer: TRUE

Diff: 1

Skill: Remembering

Section: Infertility

Learning Outcome: 6.12

94) On average, overseas adoptions cost less than domestic adoptions.

Answer: FALSE

Diff: 1

Skill: Remembering

Section: Infertility

Learning Outcome: 6.12

95) Identify the three conditions necessary for conception, and at least three methods of contraception, identifying the necessary condition that each of these methods disrupts.

Answer: Conception requires: (1) a viable egg; (2) a viable sperm; and (3) access to the egg by the sperm. Examples of methods of contraception and the necessary condition they disrupt would include:

- Hormonal birth control methods that suppress ovulation are effective in altering condition (1), the viable egg. Moreover, fertility awareness methods attempt to ensure that a viable egg is not present in the woman's reproductive tract at the same time as viable sperm.
- Although many conditions—such as exposure to heat or certain medications—can alter the health, number, and motility of sperm, no reliable method of contraception currently exists to safely and effectively oppose condition (2), the viable sperm.
- Male sterilization prevents sperm from entering the ejaculatory duct. Female sterilization, withdrawal, and barrier methods such as male and female condoms and spermicide all prevent an encounter between viable sperm and viable egg. These methods alter condition (3), access. In addition, IUDs are thought to block fertilization by affecting the movement of egg and sperm.

Diff: 4

Skill: Analyzing

Section: Basic Principles of Birth Control

Learning Outcome: 6.1

96) Explain the difference between abstinence and outercourse and the pros and cons of each. Provide information from the chapter to support your answer.

Answer: Abstinence means to deliberately avoid intercourse, but can include engaging in kissing, massage, and solitary masturbation. Abstinence is 100 percent effective as birth control and in preventing STIs. Outercourse means engaging in activities such as oral-genital sex and mutual masturbation. Outercourse can be 100 percent effective for birth control but is not 100 percent effective against STIs.

Diff: 4

Skill: Analyzing

Section: Behavioral Methods

Learning Outcome: 6.5

97) Why do you think sterilization is a common method of contraception for women of all ages in the United States?

Answer: As opposed to other methods of contraception, sterilization is permanent. It can be an excellent method of contraception for committed, mutually monogamous couples, as it prevents unplanned pregnancies among couples that do not want any children or any more children, but does not prevent STIs.

Diff: 4

Skill: Analyzing

Section: Permanent Methods of Birth Control

Learning Outcome: 6.7

98) What factors do you think should be taken into consideration when planning a pregnancy? Provide information from the chapter to support your answer.

Answer: Couples should consider why they want to have a child. They should discuss whether they are ready to make the sacrifices necessary to bear and raise a child. In addition, they should examine whether they can financially afford a child. Both should consider the effect of their age, since the mother's and the father's age can affect the health of the child. Finally, the partners should assess their health status and health behaviors, and both parents-to-be should practice healthy habits such as avoiding smoking and substance abuse.

Diff: 5

Skill: Evaluating

Section: Pregnancy

Learning Outcome: 6.10

99) Do you think it is important for men to take similar health precautions as women when trying to conceive? Provide information from the chapter to support your answer.

Answer: Research suggests that a man's exposure to chemicals influences the health of his future child. Some disorders can be traced to sperm damaged by chemicals. Sperm are naturally vulnerable to toxic chemicals and genetic damage.

Diff: 4

Skill: Analyzing

Section: Pregnancy

Learning Outcome: 6.10